

# MSHSAA Girls State Meet Event Champions 1975-2009

## 100 Yards

				Class A			
				1976	Jenny Talbot	Elsberry	11.8
				1977	Jenny Talbot	Elsberry	11.37
				1978	Nancy Witte	Knox Co.	12.12
Class 1A/Class 1				Class 2A/Class 2			
1979	Sherri Stell	Barstow	11.93	1979	Nancy Witte	Knox Co.	11.70

## 100 Meters

1980	Sherri Stell	Barstow	12.72	1980	Nancy Witte	Knox Co.	12.43
1981	Sherri Stell	Barstow	12.9h	1981	Lisa Noll	Salisbury	12.5h
1982	Vicki Stoll	Stanberry	12.69	1982	Carmen Gordon	Lexington	12.18
1983	Vicki Stoll	Stanberry	13.09	1983	Sandy Cummings	Smithville	12.85
1984	Vicki Stoll	Stanberry	12.77	1984	Neisha Livengood	Elsberry	13.19
1985	Dana Dawson	West Nodaway	13.08	1985	Sandy Cummings	Smithville	12.47
1986	Stacey Fritts	Miami	12.60	1986	Donna Askew	Health Careers	12.71
1987	Heather Jones	Albany	12.58	1987	Angie Lalumondier	Crystal City	12.92
1988	Heather Jones	Albany	12.27	1988	Angie Lalumondier	Crystal City	12.19
1989	Tammie Anderson	Clopton	12.96	1989	Chastity Young	Holden	12.85
1990	Jenny Nail	Orrick	12.87	1990	Carmen Keller	Maplewood-Rich.Hts.	12.45
1991	Jenny Nail	Orrick	12.90	1991	LaJon Johnson	Higginsville	12.78
1992	Jenny Nail	Orrick	12.60	1992	Carmen Keller	Maplewood-Rich.Hts.	12.64
1993	Angel Hunsaker	North Andrew	12.70	1993	Brandy Haan	Maysville	12.13
1994	Angel Hunsaker	North Andrew	12.65	1994	Tina Reed	Adrian	12.69
1995	Jamie Kempfe	Santa Fe	12.89	1995	Jill Aholt	Linn	12.62
1996	April House	North Andrew	12.62	1996	Jill Aholt	Linn	12.33
1997	April House	North Andrew	12.75	1997	Shamica Buckley	Lutheran North	12.49
1998	April House	North Andrew	12.52	1998	Monica Joannes	Blair Oaks	12.55
1999	Renae Miller	Worth Co.	12.85	1999	Gaisha Gray	Berkeley	12.32w
2000	Renae Miller	Worth Co.	12.68	2000	Blaine Baker	Southern Boone Co.	12.78
2001	Renae Miller	Worth Co.	13.22	2001	Blaine Baker	Southern Boone Co.	12.86
2002	Kelsey Willis	North Andrew	13.11	2002	Kimberly Prather	Lutheran North	12.91
2003	Shelley Seider	Rich Hill	12.93	2003	Sheena Johnson	Career Academy (SL)	12.69
2004	Shelley Seider	Rich Hill	12.72	2004	Tyfani Hulse	Monroe City	12.76
2005	Kelly McKay	Liberal	12.78	2005	Tyfani Hulse	Monroe City	12.48
2006	Chetara Watkins	MSD	12.87	2006	Josie McCracken	Highland	12.80
2007	Chetara Watkins	MSD	12.70	2007	Jasmin Hughes	Hartville	12.23
2008	Chetara Watkins	MSD	12.54	2008	Precious Selmon	Crystal City	12.43
2009	Alexa Taff	St. Joe Christian	13.17	2009	Precious Selmon	Crystal City	12.15

# MSHSAA Girls State Meet Event Champions 1975-2009

## 100 Yards

				Open			
				1975	Rosalyn Love	Sumner	11.5
				Class AA			
				1976	Karen Hawkins	Sumner	10.9
				1977	Jennie Gorham	North Kansas City	10.90
				1978	Rosalyn Love	Sumner	11.84
Class 3A/Class 3				Class 4A/Class 4			
1979	Danita Humphrey	Marshall	11.35	1979	Debra Martin	Sumner	10.99

## 100 Meters

1980	Danita Humphrey	Marshall	12.16	1980	Debra Martin	Sumner	11.82
1981	Carmen Gordon	Lexington	11.66w	1981	Angie Thacker	Roosevelt	11.78
1982	Sherri Lee	Fulton	12.64	1982	Angie Thacker	Roosevelt	12.16
1983	Lisa Stengel	Lutheran South	12.57	1983	Lorinda Richardson	Hickman	12.23
1984	Kim Jefferson	Kennett	12.29	1984	Tamika Foster	Hazelwood East	12.07
1985	Vicki Word	New Madrid CC	12.06	1985	Kim Edwards	Van Horn	11.80
1986	Shundrek Smith	Lincoln (KC)	12.11	1986	Mia Staten	Jackson	12.17
1987	Traci Harrison	Hogan	12.41	1987	Kim Edwards	Van Horn	12.02
1988	Phynice Kelley	Hogan	12.14	1988	Charmaine Forest	Park Hill	11.97
1989	Louise Johnson	New Madrid CC	12.43	1989	Melanna Gray	North Kansas City	11.96
1990	Tracie Driver	Caruthersville	12.43	1990	Melanna Gray	North Kansas City	11.97
1991	Phynice Kelley	Center	12.18	1991	Dawn Williams	KC Central	12.47
1992	Denise Hill	Lincoln (KC)	12.66	1992	Nika Smith	Wentzville	12.22
1993	Zandrea Wilson	Berkeley	12.48	1993	Joy Walker	McCluer	12.4h
1994	Elissa Adaway	Kennett	12.28	1994	Dorothy Myers	Kirkwood	12.16
1995	Meosha Jordan	Berkeley	12.2h	1995	Erika Olson	Parkway North	12.2h
1996	Tamra Montgomery	KC East	12.34	1996	Kenosha Wilson	Webster Groves	12.31
1997	Amanda Scullark	Center	12.62	1997	Muna Lee	KC Central	12.49
1998	Amanda Scullark	Center	12.29	1998	Muna Lee	KC Central	12.03
1999	Amanda Scullark	Center	12.35	1999	Muna Lee	KC Central	11.81
2000	Shaneatra Neely	Hickman Mills	12.12	2000	Muna Lee	KC Central	11.54
2001	Kim Martin	Jennings	12.45	2001	Dena Lewis	Parkway Central	12.06
2002	Rose Fulton	North County	12.0h	2002	Kyra Sullivan	Gateway Tech	11.8h
2003	Ciara Jones	Soldan	12.50	2003	Kyra Sullivan	Gateway Tech	12.19
2004	Ciara Jones	Soldan	11.88	2004	Kyra Sullivan	Gateway Tech	11.89
2005	Alishea Usery	McCluer S.-Berkeley	11.79	2005	Shelinda Brackett	Riverview Gardens	11.95
2006	Alishea Usery	McCluer S.-Berkeley	11.73	2006	Danielle Parrish	Hazelwood Central	12.10
2007	Alishea Usery	McCluer S.-Berkeley	11.69	2007	Alexis Bates	St. Joe Central	11.92
2008	Alishea Usery	McCluer S.-Berkeley	11.78	2008	Ekate Lymon	Waynesville	12.61
2009	Lauren Hollingsworth	Villa Duchesne	11.75w	2009	Olivia Lewis	Gateway Tech	11.75w

**MSHSAA Girls State Meet Event Champions 1975-2009**  
**220 Yards**

				<b>Class A</b>			
				<b>1976</b>	Betty Hustead	Marceline	26.3
				<b>1977</b>	Nancy Witte	Knox Co.	26.23
				<b>1978</b>	Nancy Witte	Knox Co.	28.10
<b>Class 1A/Class 1</b>				<b>Class 2A/Class 2</b>			
<b>1979</b>	Sherri Stell	Barstow	26.29	<b>1979</b>	Nancy Witte	Knox Co.	25.79

**200 Meters**

<b>1980</b>	Sherri Stell	Barstow	25.83	<b>1980</b>	Nancy Witte	Knox Co.	25.63
<b>1981</b>	Sherri Stell	Barstow	26.4h	<b>1981</b>	Kathy Bogan	Hayti	26.2h
<b>1982</b>	Vicki Stoll	Stanberry	26.22	<b>1982</b>	Ameka Hannon	Lexington	25.49
<b>1983</b>	Jennifer Atkinson	Archie	26.53	<b>1983</b>	Sandy Cummings	Smithville	25.75
<b>1984</b>	Gina Drummond	Glasgow	25.82	<b>1984</b>	Joyce Swofford	Maysville	26.70
<b>1985</b>	Jennifer Atkinson	Archie	26.36	<b>1985</b>	Sandy Cummings	Smithville	25.07
<b>1986</b>	Stacey Fritts	Miami	25.40	<b>1986</b>	Angie Lalumondier	Crystal City	25.94
<b>1987</b>	Heather Jones	Albany	25.42	<b>1987</b>	Angie Lalumondier	Crystal City	25.99
<b>1988</b>	Heather Jones	Albany	25.34	<b>1988</b>	Angie Lalumondier	Crystal City	25.11
<b>1989</b>	Tammie Anderson	Clopton	26.29	<b>1989</b>	Chastity Young	Holden	26.17
<b>1990</b>	Tammie Anderson	Clopton	26.57	<b>1990</b>	Gretchen Dickkut	Rock Port	26.11
<b>1991</b>	Gretchen Dickkut	Rock Port	26.18	<b>1991</b>	Shawnda Owens	Miller	26.10
<b>1992</b>	Jenny Nail	Orrick	26.29	<b>1992</b>	Carmen Keller	Maplewood-Rich.Hts.	26.28
<b>1993</b>	Angel Hunsaker	North Andrew	26.20	<b>1993</b>	Brandy Haan	Maysville	25.66
<b>1994</b>	Angel Hunsaker	North Andrew	26.65	<b>1994</b>	Tina Reed	Adrian	25.98
<b>1995</b>	Jamie Kempfe	Santa Fe	26.83	<b>1995</b>	Jill Aholt	Linn	26.14
<b>1996</b>	April House	North Andrew	26.41	<b>1996</b>	Jill Aholt	Linn	25.98
<b>1997</b>	April House	North Andrew	26.1h	<b>1997</b>	Gaisha Gray	Berkeley	25.76
<b>1998</b>	April House	North Andrew	25.95	<b>1998</b>	Jennifer Gardner	Cardinal Ritter	25.38
<b>1999</b>	Rena Miller	Worth Co.	26.40	<b>1999</b>	Gaisha Gray	Berkeley	25.25
<b>2000</b>	Rena Miller	Worth Co.	26.30	<b>2000</b>	Anisha Lewis	Berkeley	26.50
<b>2001</b>	Laura Brandt	New Haven	26.09	<b>2001</b>	Blaine Baker	Southern Boone Co.	26.36
<b>2002</b>	Laura Brandt	New Haven	26.71	<b>2002</b>	Beth Eiken	Blair Oaks	26.32
<b>2003</b>	Shelley Seider	Rich Hill	26.40	<b>2003</b>	Tristan Teague	Berkeley	26.50
<b>2004</b>	Sileen Kammer	Stanberry	25.38	<b>2004</b>	Tristan Teague	Berkeley	25.76
<b>2005</b>	Kelly McKay	Liberal	26.12	<b>2005</b>	Tyfani Hulse	Monroe City	25.62
<b>2006</b>	Chetara Watkins	MSD	26.03	<b>2006</b>	Josie McCracken	Highland	25.50
<b>2007</b>	Chetara Watkins	MSD	25.95	<b>2007</b>	Jasmin Hughes	Hartville	25.22
<b>2008</b>	Chetara Watkins	MSD	25.83	<b>2008</b>	Londyn Backfish	Kelly	25.41
<b>2009</b>	Alexa Taff	St. Joe Christian	26.98	<b>2009</b>	Jasmin Hughes	Hartville	25.21

# MSHSAA Girls State Meet Event Champions 1975-2009

## 220 Yards

				Open				
				1975	Linda Kaufman	Center	25.3	
				Class AA				
				1976	Nancy Jones	Lebanon	25.8	
				1977	Jennie Gorham	North Kansas City	24.98	
				1978	Jennie Gorham	North Kansas City	25.06	
Class 3A/Class 3							Class 4A/Class 4	
1979	Kelly Eubanks	Rock Bridge	26.06	1979	Debra Martin	Sumner	24.52	

## 200 Meters

1980	Danita Humphrey	Marshall	25.10	1980	Debra Martin	Sumner	24.40
1981	Lisa Stengel	Lutheran South	25.6h	1981	Angie Thacker	Roosevelt	24.22
1982	Gloria Richmond	Fulton	26.21	1982	Angie Thacker	Roosevelt	24.45
1983	Shernell Pinkston	Waynesville	25.77	1983	Angie Thomas	Riverview Gardens	25.36
1984	Shernell Pinkston	Waynesville	25.48	1984	Angie Thomas	Riverview Gardens	24.74
1985	Vicki Word	New Madrid CC	25.30	1985	Kim Edwards	Van Horn	24.27
1986	Shundrek Smith	Lincoln (KC)	25.00	1986	Felicia Allen	Riverview Gardens	25.22
1987	Louise Johnson	New Madrid CC	25.25	1987	Charmaine Forest	Park Hill	24.74
1988	Louise Johnson	New Madrid CC	25.19	1988	Charmaine Forest	Park Hill	25.19
1989	Phynice Kelley	Hogan	25.71	1989	Melanna Gray	North Kansas City	24.65
1990	Lashundra Davis	Berkeley	25.77	1990	Melanna Gray	North Kansas City	24.70
1991	Phynice Kelley	Center	25.06	1991	Michelle Hitchcock	Carthage	25.51
1992	Wendy Blocker	Berkeley	25.82	1992	Nika Smith	Wentzville	25.25
1993	Zandrea Wilson	Berkeley	25.26	1993	Joy Walker	McCluer	25.25
1994	Tammy Carter	Charleston	25.39	1994	Dorothy Myers	Kirkwood	24.85
1995	Meosha Jordan	Berkeley	25.12	1995	Tiffany Williams	Hazelwood East	25.27
1996	Raina Martin	Boonville	25.17	1996	Miesha Billups	Gateway Tech	25.29
1997	Ashley Wysong	Nevada	25.45	1997	Muna Lee	KC Central	24.52
1998	Heather Nunnely	Mexico	25.22	1998	Muna Lee	KC Central	24.80
1999	Amanda Scullark	Center	25.36	1999	Muna Lee	KC Central	24.14
2000	Shaneatra Neely	Hickman Mills	24.93	2000	Muna Lee	KC Central	23.83
2001	Kim Martin	Jennings	25.17w	2001	Naomi Williams	KC Northeast	24.74w
2002	Rose Fulton	North County	25.2h	2002	Aisha Thomas	Jefferson City	24.6h
2003	Ciara Jones	Soldan	25.18	2003	Aisha Thomas	Jefferson City	24.79
2004	Ciara Jones	Soldan	24.65	2004	Aisha Thomas	Jefferson City	24.27
2005	Alishea Userly	McCluer S.-Berkeley	23.81	2005	Lauren Fisher	Hazelwood Central	24.71
2006	Alishea Userly	McCluer S.-Berkeley	24.00	2006	Nicole Jackson	Cape Central	24.90
2007	Alishea Userly	McCluer S.-Berkeley	23.78	2007	Paris Daniels	Normandy	24.55
2008	Alishea Userly	McCluer S.-Berkeley	24.43	2008	Olivia Lewis	Gateway Tech	24.55
2009	Lauren Hollingsworth	Villa Duchesne	24.07	2009	Olivia Lewis	Gateway Tech	23.97w

**MSHSAA Girls State Meet Event Champions 1975-2009**  
**440 Yards**

				<b>Class A</b>			
				<b>1976</b>	Melanie Hughes	St. Mary's (Ind)	60.4
				<b>1977</b>	Terrie Pence	Archie	57.78
				<b>1978</b>	Holly Perry	John Burroughs	62.0h
	<b>Class 1A/Class 1</b>				<b>Class 2A/Class 2</b>		
<b>1979</b>	Terri Pence	Archie	59.76	<b>1979</b>	Penny Jennings	Van-Far	59.26

**400 Meters**

<b>1980</b>	Kathy Grimes	Osborn	61.35	<b>1980</b>	James Scheuler	Osage	59.55
<b>1981</b>	Christy Heldenbrand	Winston	60.1h	<b>1981</b>	Shelly Gudehus	Knox Co.	58.6h
<b>1982</b>	Jennifer Atkinson	Archie	59.47	<b>1982</b>	Cari Jacobson	John Burroughs	59.94
<b>1983</b>	Jennifer Atkinson	Archie	58.41	<b>1983</b>	Sandy Cummings	Smithville	57.28
<b>1984</b>	Jennifer Atkinson	Archie	58.78	<b>1984</b>	Joyce Swofford	Maysville	57.08
<b>1985</b>	Jennifer Atkinson	Archie	58.35	<b>1985</b>	Sandy Cummings	Smithville	57.84
<b>1986</b>	Heather Jones	Albany	56.70	<b>1986</b>	Kelli Toops	Marceline	58.41
<b>1987</b>	Heather Jones	Albany	56.79	<b>1987</b>	Tammie Nichols	Southern Boone Co.	58.65
<b>1988</b>	Heather Jones	Albany	58.09	<b>1988</b>	Teresa Jackson	Monroe City	58.19
<b>1989</b>	Amanda McBee	Hardin-Central	59.38	<b>1989</b>	Gretchen Dickkut	Rock Port	58.99
<b>1990</b>	Leslie Keltner	Greenfield	61.19	<b>1990</b>	Gretchen Dickkut	Rock Port	58.96
<b>1991</b>	Gretchen Dickkut	Rock Port	59.11	<b>1991</b>	Nicki Webber	Scotland Co.	57.30
<b>1992</b>	Gretchen Dickkut	Rock Port	59.96	<b>1992</b>	Nicki Webber	Scotland Co.	57.57
<b>1993</b>	Angel Hunsaker	North Andrew	60.42	<b>1993</b>	Brandy Haan	Maysville	57.11
<b>1994</b>	Julie Reinke	St. Paul's	60.38	<b>1994</b>	Jessica Chandler	Sarcoxie	59.44
<b>1995</b>	Kyli Wright	Mound City	60.02	<b>1995</b>	Jessica Chandler	Sarcoxie	59.24
<b>1996</b>	Jill Stanley	Princeton	59.55	<b>1996</b>	Jana Tillman	Lutheran North	59.87
<b>1997</b>	Erin Place	Albany	59.79	<b>1997</b>	Jana Tillman	Lutheran North	57.77
<b>1998</b>	Kyli Wright	Mound City	60.37	<b>1998</b>	Jennifer Gardner	Cardinal Ritter	57.00
<b>1999</b>	Rena Mackay	KC Lutheran	59.60	<b>1999</b>	Monica Joannes	Blair Oaks	56.61
<b>2000</b>	Rachel Stollings	Osceola	59.41	<b>2000</b>	Kelli Ritter	Monroe City	59.52
<b>2001</b>	Laura Brandt	New Haven	59.32	<b>2001</b>	Annette Parker	Whitfield	57.28
<b>2002</b>	Laura Brandt	New Haven	59.40	<b>2002</b>	Lara Kroeger	Elsberry	57.81
<b>2003</b>	Katie Kohler	Polo	61.46	<b>2003</b>	Lara Kroeger	Elsberry	58.83
<b>2004</b>	Sileen Kammer	Stanberry	58.88	<b>2004</b>	Lara Kroeger	Elsberry	58.61
<b>2005</b>	Kelly McKay	Liberal	59.37	<b>2005</b>	Tanna Prenger	Marceline	58.49
<b>2006</b>	Melissa McGinley	Albany	59.75	<b>2006</b>	Kelly Raffety	Lawson	57.51
<b>2007</b>	Cassie Simpher	Saxony Lutheran	59.80	<b>2007</b>	Tanna Prenger	Marceline	58.57
<b>2008</b>	Kaci Sargent	Meadville	59.76	<b>2008</b>	Stephanie Essner	Scott City	57.38
<b>2009</b>	Sonya Kilongkilong	McAuley	60.78	<b>2009</b>	Stephanie Essner	Scott City	56.73

# MSHSAA Girls State Meet Event Champions 1975-2009

## 440 Yards

				Open			
				1975	Jenny Wrigley	Winnetonka	58.7
				Class AA			
				1976	Anita Utt	Cameron	59.3
				1977	Jennie Gorham	North Kansas City	56.41
				1978	Jennie Gorham	North Kansas City	56.16
Class 3A/Class 3				Class 4A/Class 4			
1979	Frances Harrison	Waynesville	56.49	1979	Chris Linville	Winnetonka	59.08

## 400 Meters

1980	Angie Rupp	Chillicothe	58.97	1980	Debra Martin	Sumner	55.81
1981	Lisa Cummings	Willard	58.85	1981	Angie Thacker	Roosevelt	55.91
1982	Callie Watson	Berkeley	57.85	1982	Tamika Foster	Hazelwood East	55.79
1983	Turina Jackson	Charleston	56.96	1983	Angie Thomas	Riverview Gardens	56.30
1984	Turina Jackson	Charleston	58.4h	1984	Tamika Foster	Hazelwood East	56.34
1985	Kim Jefferson	Kennett	56.90	1985	Robyn Osborn	Center	55.96
1986	Regina Shouse	Nevada	56.5h	1986	Robyn Osborn	Center	55.77
1987	Louise Johnson	New Madrid CC	55.87	1987	Charmaine Forest	Park Hill	54.85
1988	Louise Johnson	New Madrid CC	56.47	1988	Charmaine Forest	Park Hill	55.55
1989	Renee Elliot	Chillicothe	55.96	1989	Nakeba Thomas	Cape Central	56.47
1990	Renee Elliot	Richmond	57.08	1990	Nakeba Thomas	Cape Central	56.43
1991	Antoinette Gibbs	Lincoln (KC)	58.04	1991	Maggie Lenley	Ruskin	57.82
1992	Sonja Banks	KC Southwest	57.58	1992	Tianna Swinney	Sumner	56.76
1993	Zandrea Wilson	Berkeley	56.08	1993	Tianna Swinney	Sumner	55.36
1994	Tammy Carter	Charleston	57.16	1994	Tianna Swinney	Sumner	56.37
1995	Ashley Wysong	Nevada	57.06	1995	Tiffaney Williams	Hazelwood East	57.15
1996	Ashley Wysong	Nevada	56.75	1996	Jennifer Gardner	Webster Groves	56.29
1997	Ashley Wysong	Nevada	56.08	1997	Tiffaney Williams	Hazelwood East	55.14
1998	Bessy Vestal	Bolivar	58.47	1998	Sheba Clarke	Park Hill	56.00
1999	Kim Brown	Park Hill South	57.44	1999	Sheba Clarke	Park Hill	56.35
2000	Emily Herrell	St. Pius (Festus)	57.55	2000	Naomi Williams	KC Northeast	56.90
2001	Clara Jones	Soldan	58.26	2001	Kim Brown	Park Hill South	56.61
2002	Ciara Jones	Soldan	58.5h	2002	Kaela Rorvig	Hickman	56.5h
2003	Ciara Jones	Soldan	56.27	2003	Kaela Rorvig	Hickman	56.28
2004	Ciara Jones	Soldan	56.65	2004	Lauren Fisher	Hazelwood Central	55.42
2005	Alishea Uesery	McCluer S.-Berkeley	54.22	2005	Lauren Fisher	Hazelwood Central	56.20
2006	Alishea Uesery	McCluer S.-Berkeley	55.94	2006	Orrianna Rackley	Grandview	57.00
2007	Alishea Uesery	McCluer S.-Berkeley	53.55	2007	Paris Daniels	Normandy	56.10
2008	Alishea Uesery	McCluer S.-Berkeley	54.53	2008	Racquell Powell	Raytown South	56.16
2009	Kianna Ruff	McCluer S.-Berkeley	54.98	2009	Olivia Lewis	Gateway Tech	54.95

**MSHSAA Girls State Meet Event Champions 1975-2009**  
**880 Yards**

				<b>Class A</b>		
				<b>1976</b>	Mandy Renner	Greenwood 2:21.9
				<b>1977</b>	Lauren Woods	John Burroughs 2:23.29
				<b>1978</b>	Mandy Renner	Greenwood 2:29.71
	<b>Class 1A/Class 1</b>				<b>Class 2A/Class 2</b>	
<b>1979</b>	Mandy Renner	Greenwood	2:20.25	<b>1979</b>	Debbie Bode	Nixa 2:21.19

**800 Meters**

<b>1980</b>	Brenda Duncan	Meadville	2:27.66	<b>1980</b>	Debbie Bode	Nixa 2:20.08
<b>1981</b>	Darla Curp	Polo	2:25.1h	<b>1981</b>	Shelly Gudehus	Knox Co. 2:18.2h
<b>1982</b>	Cindy Summerville	Braymer	2:24.02	<b>1982</b>	Shelly Gudehus	Knox Co. 2:20.85
<b>1983</b>	Cindy Summerville	Braymer	2:25.99	<b>1983</b>	Kristin Fox	Tarkio 2:22.55
<b>1984</b>	Missy Smith	Tarkio	2:20.68	<b>1984</b>	Kellie McHenry	Grain Valley 2:17.87
<b>1985</b>	Denise Jackson	Cass Midway	2:22.34	<b>1985</b>	Joyce Swofford	Maysville 2:16.65
<b>1986</b>	Lisa Stone	Clopton	2:20.90	<b>1986</b>	Julie Katsaras	Brentwood 2:23.32
<b>1987</b>	Holly Miller	King City	2:33.35	<b>1987</b>	Julie Katsaras	Brentwood 2:19.66
<b>1988</b>	Kris Pudenz	Harrisburg	2:24.80	<b>1988</b>	Missy Vermette	North Calloway 2:19.86
<b>1989</b>	Tonya Stiens	Nodaway-Holt	2:24.49	<b>1989</b>	Nicki Webber	Scotland Co. 2:26.9h
<b>1990</b>	Heather Flanary	Nodaway-Holt	2:26.9h	<b>1990</b>	Nicki Webber	Scotland Co. 2:28.9h
<b>1991</b>	Heather Flanary	Nodaway-Holt	2:26.1h	<b>1991</b>	Nicki Webber	Scotland Co. 2:18.41
<b>1992</b>	Julie Wilmes	North Nodaway	2:26.59	<b>1992</b>	Nicki Webber	Scotland Co. 2:21.94
<b>1993</b>	Jennifer Wilmes	North Nodaway	2:29.64	<b>1993</b>	Hilary Bruening	Center for Law 2:15.38
<b>1994</b>	Jennifer Wilmes	North Nodaway	2:22.14	<b>1994</b>	Fawn Warner	Steelville 2:21.22
<b>1995</b>	Molly Harding	Fairfax	2:26.22	<b>1995</b>	Holly Huff	Principia 2:23.32
<b>1996</b>	Mary Duerbeck	Chamois	2:24.52	<b>1996</b>	Natal Wesselschmidt	New Haven 2:24.04
<b>1997</b>	Angela McBride	New Haven	2:23.88	<b>1997</b>	Kalen Hill	Hamilton 2:22.10
<b>1998</b>	Chasity Hank	Wellsville-Middletown	2:23.83	<b>1998</b>	Ashley McLeod	Hermann 2:20.30
<b>1999</b>	Rachel Stollings	Osceola	2:23.80	<b>1999</b>	Kathleen Woolsey	John Burroughs 2:23.47
<b>2000</b>	Rachel Stollings	Osceola	2:23.06	<b>2000</b>	Kathleen Woolsey	John Burroughs 2:19.00
<b>2001</b>	Rachel Stollings	Osceola	2:24.13	<b>2001</b>	Kathleen Woolsey	John Burroughs 2:18.86
<b>2002</b>	Amanda Gray	Rock Port	2:27.16	<b>2002</b>	Amber Warren	Lutheran (St. Peters) 2:21.71
<b>2003</b>	Nikki Skaggs	Chamois	2:20.92	<b>2003</b>	Amber Warren	Lutheran (St. Peters) 2:19.49
<b>2004</b>	Vanessa Lee	Cass Midway	2:21.01	<b>2004</b>	Jessica Nichols	Louisiana 2:22.38
<b>2005</b>	Amanda Gray	Rock Port	2:22.06	<b>2005</b>	Kristin Austin	Southern Boone Co. 2:19.37
<b>2006</b>	Taylor Rivera	Miller	2:24.95	<b>2006</b>	Kelly Raffety	Lawson 2:20.37
<b>2007</b>	Caitlan Masterson	Greenwood	2:23.92	<b>2007</b>	Kelsi Chowning	Mountain View 2:17.05
<b>2008</b>	Taylor Rivera	Miller	2:24.44	<b>2008</b>	Dallis Bailey	Conway 2:19.80
<b>2009</b>	McKenzie Reagan	DeKalb	2:24.41	<b>2009</b>	Dallis Bailey	Conway 2:17.09

**MSHSAA Girls State Meet Event Champions 1975-2009**  
**880 Yards**

					<b>Open</b>		
				<b>1975</b>	Julie Jennings	Crystal City	2:18.3
					<b>Class AA</b>		
				<b>1976</b>	Dana Hefner	Park Hill	2:21.5
				<b>1977</b>	Mary Kunkel	Cleveland	2:21.82
				<b>1978</b>	Linda Smith	Lindbergh	2:21.95
	<b>Class 3A/Class 3</b>				<b>Class 4A/Class 4</b>		
<b>1979</b>	Tonya Twillman	Marshall	2:20.52	<b>1979</b>	Cathy Corpeny	KC Southwest	2:18.42

**800 Meters**

<b>1980</b>	Sheila Potts	Cameron	2:19.87	<b>1980</b>	Cyd Thomas	Pattonville	2:16.0h
<b>1981</b>	Sheila Potts	Cameron	2:17.12	<b>1981</b>	Melissa Wilson	Hickman	2:15.28
<b>1982</b>	Mary Gray	Clinton	2:20.59	<b>1982</b>	Cathy Taylor	McCluer North	2:13.39
<b>1983</b>	Michelle Jeude	Herculaneum	2:18.37	<b>1983</b>	Jennella Torrence	SL Central	2:13.16
<b>1984</b>	Susan Dixon	Warrensburg	2:18.52	<b>1984</b>	Elizabeth White	Francis Howell	2:16.12
<b>1985</b>	Jenny Faunce	Kearney	2:16.48	<b>1985</b>	Vonda Hammons	Jefferson City	2:10.15
<b>1986</b>	Angela Beckett	Monett	2:18.79	<b>1986</b>	Val Sauer	Rolla	2:12.86
<b>1987</b>	Bonji Beard	Clayton	2:16.59	<b>1987</b>	Val Sauer	Rolla	2:10.89
<b>1988</b>	Sharonda Watts	Berkeley	2:17.56	<b>1988</b>	Janel Humphreys	Parkway South	2:12.85
<b>1989</b>	Brenda Hayes	Branson	2:18.36	<b>1989</b>	Janel Humphreys	Parkway South	2:14.29
<b>1990</b>	Shannon Parker	St. James	2:21.13	<b>1990</b>	Ann Heffner	Hazelwood Central	2:13.08
<b>1991</b>	Candy Mason	Nevada	2:21.30	<b>1991</b>	Ann Heffner	Hazelwood Central	2:18.05
<b>1992</b>	Erica Bell	St. Francis Borgia	2:18.71	<b>1992</b>	Ann Heffner	Hazelwood Central	2:09.78
<b>1993</b>	Gwen Williams	Principia	2:15.67	<b>1993</b>	Kim Gardner	Webster Groves	2:11.23
<b>1994</b>	Kristen Allen	Fulton	2:19.18	<b>1994</b>	Erin Windler	Blue Springs South	2:17.72
<b>1995</b>	Becky Froelker	Owensville	2:18.57	<b>1995</b>	Sunny Gilbert	Marquette	2:17.87
<b>1996</b>	Lindsey Dunagan	MICDS	2:19.07	<b>1996</b>	Amy Wiseman	Lee's Summit	2:14.50
<b>1997</b>	Becky Froelker	Owensville	2:15.73	<b>1997</b>	Cara Cline	Liberty	2:15.42
<b>1998</b>	Becky Froelker	Owensville	2:16.75	<b>1998</b>	Cara Cline	Liberty	2:12.90
<b>1999</b>	Ellie Schwetye	Clayton	2:18.20	<b>1999</b>	Felicia James	Normandy	2:16.91
<b>2000</b>	Elizabeth Robbins	Platte Co.	2:17.13	<b>2000</b>	Juanita Coleman	Gateway Tech	2:13.36
<b>2001</b>	Brandy Hannon	Branson	2:17.90	<b>2001</b>	Juanita Coleman	Gateway Tech	2:13.90
<b>2002</b>	Missy Moody	Smithville	2:18.54	<b>2002</b>	Shannon Leinert	Eureka	2:12.36
<b>2003</b>	Missy Moody	Smithville	2:15.87	<b>2003</b>	Shannon Leinert	Eureka	2:09.88
<b>2004</b>	Amber Parker	Chillicothe	2:16.46	<b>2004</b>	Shannon Leinert	Eureka	2:10.26
<b>2005</b>	Amber Parker	Chillicothe	2:17.01	<b>2005</b>	Meredith Snow	Eureka	2:15.5
<b>2006</b>	Alyssa Allison	Festus	2:15.72	<b>2006</b>	Lauren Borduin	Rock Bridge	2:09.98
<b>2007</b>	Alyssa Allison	Festus	2:16.25	<b>2007</b>	Lauren Borduin	Rock Bridge	2:12.51
<b>2008</b>	Cydney Ross	Villa Duchesne	2:09.88	<b>2008</b>	Lauren Borduin	Rock Bridge	2:12.92
<b>2009</b>	Alyssa Allison	Festus	2:13.93	<b>2009</b>	Samantha Levin	Ladue	2:13.43

# MSHSAA Girls State Meet Event Champions 1975-2009

## One Mile

				Class A			
				1976	Lisa Hartman	St. Pius (Festus)	5:26.3
				1977	Linda Seale	Windsor (Imperial)	5:19.74
				1978	Mandy Renner	Greenwood	5:37.20
Class 1A/Class 1				Class 2A/Class 2			
1979	Flo Renner	Greenwood	5:22.45	1979	Diane Hirrlinger	South Shelby	5:17.61

## 1600 Meters

1980	Brenda Duncan	Meadville	5:26.91	1980	Diane Hirrlinger	South Shelby	5:17.21
1981	Darla Curp	Polo	5:10.9h	1981	Shelly Gudehus	Knox Co.	5:08.2h
1982	Darla Curp	Polo	5:19.74	1982	Shelly Gudehus	Knox Co.	5:15.91
1983	Karen Eads	Polo	5:27.78	1983	Joyce Swofford	Maysville	5:16.30
1984	Missy Wyatt	Lone Jack	5:20.16	1984	Joyce Swofford	Maysville	5:12.01
1985	Holly Miller	King City	5:19.8h	1985	Joyce Swofford	Maysville	5:11.21
1986	Lisa Stone	Clopton	5:15.81	1986	Julie Katsaras	Brentwood	5:15.03
1987	Sherry Messner	Archie	5:19.61	1987	Missy Vermette	North Calloway	5:16.36
1988	Sherry Messner	Archie	5:30.00	1988	Missy Vermette	North Calloway	5:16.86
1989	Wendy Spratt	Marion Co.	5:25.10	1989	Tami Micham	South Shelby	5:07.21
1990	Heather Flanary	Nodaway-Holt	5:37.73	1990	Heather Worley	Principia	5:24.43
1991	Amy Arthaud	Lutie	5:21.80	1991	Heather Burroughs	Pembroke Hill	5:12.46
1992	Amy Arthaud	Lutie	5:24.97	1992	Gwen Williams	Principia	5:03.00
1993	Jennifer Wilmes	North Nodaway	5:25.89	1993	Heather Burroughs	Pembroke Hill	5:11.97
1994	Jennifer Wilmes	North Nodaway	5:25.5h	1994	Heather Burroughs	Pembroke Hill	5:07.16
1995	Mary Duerbeck	Chamois	5:28.55	1995	Angela McBride	New Haven	5:19.84
1996	Mary Duerbeck	Chamois	5:22.40	1996	Chaye Mathfield	South Harrison	5:22.47
1997	Angela McBride	New Haven	5:22.89	1997	Ashley McLeod	Hermann	5:15.2h
1998	Chasity Hank	Wellsville-Middletown	5:26.43	1998	Ashley McLeod	Hermann	5:08.21
1999	Sheena Farnan	Drexel	5:27.45	1999	Julie Smith	Willow Springs	5:20.72
2000	Angela Hank	Wellsville-Middletown	5:22.88	2000	Lauren Van Vickle	Bishop LeBlond	5:21.98
2001	Angela Hank	Wellsville-Middletown	5:26.13	2001	Lauren Van Vickle	Bishop LeBlond	5:17.74
2002	Angela Hank	Wellsville-Middletown	5:35.50	2002	Amber Warren	Lutheran (St. Peters)	5:12.57
2003	Vanessa Lee	Cass Midway	5:20.56	2003	Amber Warren	Lutheran (St. Peters)	5:07.92
2004	Vanessa Lee	Cass Midway	5:22.32	2004	Amber Warren	Lutheran (St. Peters)	5:13.77
2005	Amanda Gray	Rock Port	5:15.58	2005	Amber Warren	Lutheran (St. Peters)	5:01.93
2006	Taylor Rivera	Miller	5:24.88	2006	Meagan Hudson	Crystal City	5:05.99
2007	Amy Gangloff	Wellsville-Middletown	5:29.74	2007	Terry Phillips	St. Mary's (Ind)	5:08.51
2008	Taylor Rivera	Miller	5:22.72	2008	Megan Kowalik	Wright City	5:11.95
2009	Olivia Francka	Halfway	5:16.47	2009	Anneke Reed	Principia	5:20.55

# MSHSAA Girls State Meet Event Champions 1975-2009

## One Mile

				Open			
				1975	Julie Jennings	Crystal City	5:00.7
				Class AA			
				1976	Linda Brown	Parkway North	5:16.6
				1977	Chris Bugnitz	McCluer North	5:11.09
				1978	Kathy Gebhards	William Chrisman	5:19.26
Class 3A/Class 3				Class 4A/Class 4			
1979	Tonya Twillman	Marshall	5:10.44	1979	Amy Johns	Hickman	5:03.01

## 1600 Meters

1980	Nan Funke	Duchesne	5:09.88	1980	Chris Ridenour	Kirkwood	5:05.50
1981	Vicki Cox	Cameron	5:09.53	1981	Andrea Fischer	Hannibal	4:47.56
1982	Nan Funke	Duchesne	5:17.70	1982	Chris Ridenour	Kirkwood	4:56.91
1983	Lesley Dugan	Herculaneum	4:14.20	1983	Jill Kingsbury	Washington	4:57.66
1984	Kerrie Birk	Duchesne	5:18.78	1984	Stacey Thompson	Soldan	5:11.21
1985	Jenny Faunce	Kearney	5:09.63	1985	Stephani Shockley	Soldan	5:01.20
1986	Angie Pappert	Salem	5:13.18	1986	Stephani Shockley	Soldan	4:58.62
1987	Kelsie Hutchinson	Carl Junction	5:14.75	1987	Megan Thompson	Hazelwood Central	4:57.86
1988	Kelsie Hutchinson	Carl Junction	5:12.80	1988	Megan Thompson	Hazelwood Central	4:49.50
1989	Erica Bell	St. Francis Borgia	5:15.24	1989	Megan Thompson	Hazelwood Central	4:47.53
1990	Jodi Swyers	Festus	5:13.04	1990	Megan Thompson	Hazelwood Central	4:48.86
1991	Jodi Swyers	Festus	5:12.05	1991	Joanna McLaughlin	North Kansas City	5:06.84
1992	Erica Bell	St. Francis Borgia	5:07.66	1992	Lisa Brown	West Plains	5:01.45
1993	Ryan Thomas	John Burroughs	5:04.94	1993	Rebecca Davis	Parkway West	4:55.11
1994	Emily Miles	Clinton	5:06.14	1994	Amy Wiseman	Lee's Summit	5:06.28
1995	Kristen Bruening	Duchesne	5:12.21	1995	Amy Wiseman	Lee's Summit	5:05.32
1996	Kate Meade	Lutheran South	5:14.13	1996	Amy Wiseman	Lee's Summit	4:56.64
1997	Celeste Ramsey	Perryville	5:10.43	1997	Amy Wiseman	Lee's Summit	4:58.40
1998	Beth Luebbering	Helias	5:10.89	1998	Rachael King	Liberty	5:01.02
1999	Katherine Hoffman	Notre Dame (KC)	5:07.18	1999	Mary Reeves	Kirkwood	5:02.99
2000	Katherine Hoffman	Notre Dame (KC)	5:00.91	2000	Nicole Graham	Blue Springs	5:00.04
2001	Kelly Fanning	Seneca	5:09.36	2001	Jill Petersen	Francis Howell	5:04.16
2002	Ashley Sanders	Clinton	4:56.61	2002	Kasey Kimball	Eureka	5:02.11
2003	Missy Moody	Smithville	5:13.19	2003	Kasey Kimball	Eureka	4:59.26
2004	Tricia Frisella	Visitation	5:06.34	2004	Meredith Snow	Eureka	4:58.19
2005	Hilary Forman	Pembroke	5:10.93	2005	Meredith Snow	Eureka	4:57.99
2006	Lindsay Pierson	Lee's Summit West	5:02.51	2006	Merideth Snow	Eureka	4:49.82
2007	Alyssa Allison	Festus	5:06.67	2007	Lauren Borduin	Rock Bridge	5:01.77
2008	Alyssa Allison	Festus	4:51.70	2008	Lauren Borduin	Rock Bridge	4:56.68
2009	Alyssa Allison	Festus	5:12.25	2009	Emily Sisson	Parkway Central	4:52.15

**MSHSAA Girls State Meet Event Champions 1981-2009**  
**3200 Meters**

	<b>Class 1A/Class 1</b>				<b>Class 2A/Class 2</b>		
<b>1981</b>	Karen Eads	Polo	11:54.7h	<b>1981</b>	Diane Hirrlinger	South Shelby	11:32.1h
<b>1982</b>	Kelly Stoll	Santa Fe	12:19.62	<b>1982</b>	Jayne Crowley	Lawson	11:58.34
<b>1983</b>	Karen Eads	Polo	12:07.05	<b>1983</b>	Renae Collins	Willow Springs	11:46.60
<b>1984</b>	Miriam Otten	New Haven	12:14.34	<b>1984</b>	Rachelle Peters	Bourbon	11:39.00
<b>1985</b>	Dawn Carlson	Princeton	12:09.15	<b>1985</b>	Janell Hackman	Licking	11:30.79
<b>1986</b>	Sherry Messner	Archie	12:07.20	<b>1986</b>	Kim Yancey	Holden	11:43.90
<b>1987</b>	Tara Summers	Nodaway-Holt	12:09.40	<b>1987</b>	Tami Micham	South Shelby	11:46.37
<b>1988</b>	Becky Miller	Worth Co.	12:09.19	<b>1988</b>	Missy Vermette	North Calloway	11:42.30
<b>1989</b>	Sherry Messner	Archie	12:09.98	<b>1989</b>	Tami Micham	South Shelby	11:17.84
<b>1990</b>	Wendy Spratt	Marion Co.	12:14.42	<b>1990</b>	Becky Dahm	Brentwood	12:03.2h
<b>1991</b>	Amy Arthaud	Lutie	12:20.27	<b>1991</b>	Heather Burroughs	Pembroke Hill	11:43.78
<b>1992</b>	Amy Arthaud	Lutie	12:06.61	<b>1992</b>	Heather Burroughs	Pembroke Hill	11:19.00
<b>1993</b>	Amy Arthaud	Rock Port	12:21.21	<b>1993</b>	Heather Burroughs	Pembroke Hill	11:36.18
<b>1994</b>	Amy Arthaud	Rock Port	12:09.05	<b>1994</b>	Heather Burroughs	Pembroke Hill	11:01.51
<b>1995</b>	Mary Duerbeck	Chamois	12:04.78	<b>1995</b>	Angela McBride	New Haven	11:32.71
<b>1996</b>	Mary Duerbeck	Chamois	11:54.46	<b>1996</b>	Chaye Mathfield	South Harrison	11:44.77
<b>1997</b>	Brandy Leffler	Brashear	12:00.78	<b>1997</b>	Ashley McLeod	Hermann	11:30.48
<b>1998</b>	Ashleigh Calvin	Drexel	11:53.19	<b>1998</b>	Ashley McLeod	Hermann	11:18.08
<b>1999</b>	Jennifer Fibuch	Barstow	12:13.90	<b>1999</b>	Lauren Van Vickie	Bishop LeBlond	11:38.10
<b>2000</b>	Angela Hank	Wellsville-Middletown	12:11.27	<b>2000</b>	Hillary Laird	Pembroke Hill	11:44.55
<b>2001</b>	Angela Hank	Wellsville-Middletown	12:00.40	<b>2001</b>	Allison Smith	Pembroke Hill	11:13.88
<b>2002</b>	Jamie Vest	Stoutland	12:01.51	<b>2002</b>	Allison Smith	Pembroke Hill	11:20.42
<b>2003</b>	Jamie Vest	Stoutland	11:32.87	<b>2003</b>	Amber Warren	Lutheran (St. Peters)	11:15.00
<b>2004</b>	Jamie Vest	Stoutland	12:00.38	<b>2004</b>	Anna O'Brien	East Buchanan	11:59.68
<b>2005</b>	Jamie Vest	Stoutland	11:42.20	<b>2005</b>	Amber Warren	Lutheran (St. Peters)	10:56.82
<b>2006</b>	Taylor Rivera	Miller	12:00.76	<b>2006</b>	Terry Phillips	St. Mary's (Ind)	11:15.27
<b>2007</b>	Taylor Rivera	Miller	12:07.59	<b>2007</b>	Terry Phillips	St. Mary's (Ind)	11:02.44
<b>2008</b>	Amy Gangloff	Wellsville-Middletown	12:24.06	<b>2008</b>	Megan Kowalik	Wright City	11:38.59
<b>2009</b>	Olivia Francka	Halfway	11:42.35	<b>2009</b>	Cindy Grauel	Macon	11:24.41

**MSHSAA Girls State Meet Event Champions 1981-2009**  
**3200 Meters**

	<b>Class 3A/Class 3</b>				<b>Class 4A/Class 4</b>		
<b>1981</b>	Nancy Goodwine	Warrensburg	11:24.41	<b>1981</b>	Andrea Fischer	Hannibal	10:35.05
<b>1982</b>	Nan Funke	Duchesne	11:28.66	<b>1982</b>	Chris Ridenour	Kirkwood	10:44.37
<b>1983</b>	Sherri Dunn	Republic	11:41.87	<b>1983</b>	Jill Kingsbury	Washington	10:45.19
<b>1984</b>	Alicia Goodwin	Warrensburg	11:43.55	<b>1984</b>	Cherie Hayes	Kickapoo	11:21.53
<b>1985</b>	Christy Dahlhauser	Warrensburg	11:51.20	<b>1985</b>	Stephani Shockley	Soldan	11:15.8h
<b>1986</b>	Kerrie Birk	Duchesne	11:45.70	<b>1986</b>	Stephani Shockley	Soldan	11:13.68
<b>1987</b>	Anna Assenmacher	Logan-Rogersville	11:49.77	<b>1987</b>	Megan Thompson	Hazelwood Central	11:06.77
<b>1988</b>	Evette Edmondson	Paseo	11:34.15	<b>1988</b>	Megan Thompson	Hazelwood Central	10:49.27
<b>1989</b>	Grace Schauer	Boonville	11:35.60	<b>1989</b>	Megan Thompson	Hazelwood Central	10:51.83
<b>1990</b>	Jodi Swyers	Festus	11:36.63	<b>1990</b>	Megan Thompson	Hazelwood Central	10:25.95
<b>1991</b>	Jodi Swyers	Festus	11:43.93	<b>1991</b>	Lisa Brown	West Plains	11:16.70
<b>1992</b>	Erica Bell	St. Francis Borgia	11:34.72	<b>1992</b>	Lisa Brown	West Plains	11:05.55
<b>1993</b>	Heather Worley	Principia	11:18.34	<b>1993</b>	Rebecca Davis	Parkway West	11:07.48
<b>1994</b>	Emily Miles	Clinton	11:18.42	<b>1994</b>	Catherine Wright	Oakville	11:11.56
<b>1995</b>	Kristen Bruening	Duchesne	11:20.2h	<b>1995</b>	Amy Wiseman	Lee's Summit	10:56.6h
<b>1996</b>	Kristen Bruening	Duchesne	11:22.59	<b>1996</b>	Amy Wiseman	Lee's Summit	10:46.18
<b>1997</b>	Celeste Ramsey	Perryville	11:16.30	<b>1997</b>	Amy Wiseman	Lee's Summit	10:33.41
<b>1998</b>	Carrie Sell	Logan-Rogersville	11:32.47	<b>1998</b>	Amy Chipman	Blue Springs	11:06.54
<b>1999</b>	Jenny Noelken	Duchesne	11:09.58	<b>1999</b>	Amanda Marcak	West Plains	11:05.14
<b>2000</b>	Katherine Hoffman	Notre Dame (KC)	11:02.09	<b>2000</b>	Nicole Graham	Blue Springs	11:07.27
<b>2001</b>	Robyn Hopper	Seneca	10:59.70	<b>2001</b>	Jill Petersen	Francis Howell	10:54.23
<b>2002</b>	Ashley Sanders	Clinton	10:50.0h	<b>2002</b>	Jennifer Harper	West Plains	11:02.7h
<b>2003</b>	Jennifer Woods	Warrensburg	11:27.42	<b>2003</b>	Jessie Violand	Lafayette	11:21.16
<b>2004</b>	Kristina Werner	Moberly	11:17.84	<b>2004</b>	Meridith Snow	Eureka	10:54.68
<b>2005</b>	Hilary Forman	Pembroke	11:12.18	<b>2005</b>	Meridith Snow	Eureka	10:40.48
<b>2006</b>	Rachel York	St. Clair	11:10.21	<b>2006</b>	Merideth Snow	Eureka	10:43.88
<b>2007</b>	Erin Huddleston	Branson	11:07.97	<b>2007</b>	Aimee Bonte	Rockwood Summit	11:10.23
<b>2008</b>	Alyssa Allison	Festus	10:48.58	<b>2008</b>	Aimee Bonte	Rockwood Summit	10:54.81
<b>2009</b>	Alyssa Allison	Festus	11:17.53	<b>2009</b>	Emily Sisson	Parkway Central	10:24.12

## MSHSAA Girls State Meet Event Champions 1975-2009

### 80 Yard Low Hurdles

				A			
				1976	Robin Black	Osage	11.4
				1977	Myrna Moore	Princeton	11.11
				1978	Myrna Moore	Princeton	11.54
Class 1A/Class 1			Class 2A/Class 2				
1979	Myrna Moore	Princeton	11.52	1979	Penny Jennings	Van-Far	11.41

### 75 Meter Low Hurdles

1980	Tina Gilbert	Northwestern	11.28	1980	Leslie Heard	Willow Springs	11.20
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### 100 Meter Low Hurdles

1981	Jennifer Frost	Greenwood	15.5h	1981	Belinda Hayden	Cass Midway	15.0h
1982	Sheila McQuinn	Jefferson	15.43	1982	Carmen Gordon	Lexington	14.95
1983	Shelly Frazier	Linn Co.	15.95	1983	Peggy McFarland	Crystal City	15.49
1984	Stephanie Tyrer	Barstow	16.34	1984	Peggy McFarland	Crystal City	15.22
1985	Stephanie Tyrer	Barstow	16.14	1985	Kathy Meyer	Crystal City	15.48
1986	Paula Burnsides	Mound City	16.02	1986	Kathy Meyer	Crystal City	15.07
1987	Jeanna Whitten	Gilman City	15.48	1987	Trace Woods	Mount Vernon	14.88

### 100 Meter High Hurdles

1988	Yvette Buhlig	Santa Fe	15.95	1988	Maria Duffy	Lawson	15.37
1989	Anne Northrup	Mound City	15.95	1989	Amy Cook	Crystal City	15.94
1990	Anne Northrup	Mound City	16.18	1990	Angie Bullock	Springfield Catholic	16.19
1991	Anne Northrup	Mound City	16.0h	1991	Kim Goforth	Higginsville	16.32
1992	Anne Northrup	Mound City	15.81	1992	Carla Humm	St. Mary's (Ind)	16.61
1993	Marli Summa	Tarkio	16.23	1993	Tonya Gudde	Holden	15.86
1994	Mandy Runkles	Rock Port	16.49	1994	Tonya Gudde	Holden	15.59
1995	Marli Summa	Tarkio	15.80	1995	Andrea Sykes	Metro (SL)	15.22
1996	Ruth Mitkos	St. Paul's	16.29	1996	Nicki Klein	Valle	15.46
1997	Nicki Klein	Valle	15.82	1997	Ashley Pyle	Palmyra	15.55
1998	Renae Miller	Worth Co.	15.72	1998	Ashley Pyle	Palmyra	15.49
1999	Renae Miller	Worth Co.	15.47	1999	Ashley Pyle	Palmyra	15.13
2000	Renae Miller	Worth Co.	15.50	2000	Abby Nielsen	East Newton	15.18
2001	Renae Miller	Worth Co.	15.66	2001	Golda Sherman	Lamar	16.07
2002	Becky Blair	Barstow	16.54	2002	Meghan Schuckenbrock	Louisiana	15.69
2003	Vanessa Lee	Cass Midway	16.29	2003	Loren Groves	Scott City	15.71
2004	Tierney Eaton	Worth Co.	15.75	2004	Audrey Bailey	Lathrop	15.21
2005	Tierney Eaton	Worth Co.	16.06	2005	Hannah Farrell	East Buchanan	15.49
2006	Hannah Barker	Winston	16.57	2006	Precious Selmon	Crystal City	15.15
2007	Courtney Wilmsmeyer	New Franklin	15.82	2007	Lisa Vengels	Dixon	15.82
2008	Courtney Wilmsmeyer	New Franklin	16.07	2008	Precious Selmon	Crystal City	14.16w
2009	Nikki Harris	Lone Jack	16.24	2009	Precious Selmon	Crystal City	13.90

## MSHSAA Girls State Meet Event Champions 1975-2009

### 80 Yard Low Hurdles

				<b>1975</b>	Stephanie Thompson	North Kansas City	11.4
					<b>AA</b>		
				<b>1976</b>	Mary Smith	Beaumont	10.5
				<b>1977</b>	Linda Weekly	Beaumont	10.52
				<b>1978</b>	Gayle Anderson	Kickapoo	10.84
	<b>Class 3A/Class 3</b>				<b>Class 4A/Class 4</b>		
<b>1979</b>	Ervette Moore	Berkeley	10.79	<b>1979</b>	Barbara Veasley	Sumner	10.57

### 75 Meter Low Hurdles

<b>1980</b>	Jackie Johnson	Charleston	10.69	<b>1980</b>	Lawanda Waters	Kirkwood	10.45
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### 100 Meter Low Hurdles

<b>1981</b>	Carmen Gordon	Lexington	14.15w	<b>1981</b>	Carla Mason	Sumner	14.39w
<b>1982</b>	Stephani Cameron	Clayton	14.49	<b>1982</b>	Stephanie Thomas	Sumner	14.12
<b>1983</b>	Stephani Cameron	Clayton	14.46	<b>1983</b>	Alane Booth	North Kansas City	14.86
<b>1984</b>	Lizz Barringer	Duchense	14.88	<b>1984</b>	Nancy Thomas	Parkway North	14.36
<b>1985</b>	Michele Cervant	Oak Grove	14.61	<b>1985</b>	Dorothy Young	University City	14.39
<b>1986</b>	Michele Cervant	Oak Grove	14.41	<b>1986</b>	Felicia Allen	Riverview Gardens	14.06

### 100 Meter High Hurdles

<b>1987</b>	Michele Cervant	Oak Grove	14.8h	<b>1987</b>	Nicole Thompson	Ruskin	14.72
<b>1988</b>	Trace Woods	Mount Vernon	14.46	<b>1988</b>	Debbie Massengale	Jefferson City	14.77
<b>1989</b>	Dionne Lamarque	Union	15.65	<b>1989</b>	Debbie Massengale	Jefferson City	15.10
<b>1990</b>	Candice Graham	Paseo	15.86	<b>1990</b>	Dione Person	University City	14.79
<b>1991</b>	Heather Williams	Aurora	15.62	<b>1991</b>	Melita Williams	Francis Howell	14.72
<b>1992</b>	Heather Williams	Aurora	15.47	<b>1992</b>	Micheala Edwards	Ruskin	14.84
<b>1993</b>	Micheala Edwards	Ruskin	15.03	<b>1993</b>	Jan Loussaert	Lafayette	14.91
<b>1994</b>	Candy Mason	Nevada	15.4h	<b>1994</b>	Erin Narzinski	Oakville	14.55
<b>1995</b>	Nicole James	Excelsior Springs	15.1h	<b>1995</b>	Kelli Smith	Grandview	15.0h
<b>1996</b>	Angela Butcher	Notre Dame (KC)	15.09	<b>1996</b>	Kelli Smith	Grandview	15.03
<b>1997</b>	Kerry Hils	Moberly	15.64	<b>1997</b>	Kendra Lollis	Blue Springs South	14.95
<b>1998</b>	Kerry Hils	Moberly	15.11	<b>1998</b>	Shaneatra Neely	Hickman Mills	14.49
<b>1999</b>	Shaneatra Neely	Hickman Mills	14.37	<b>1999</b>	Tenisha Britton	Poplar Bluff	14.53
<b>2000</b>	Shaneatra Neely	Hickman Mills	13.97	<b>2000</b>	Chloe Davis	Normandy	14.28
<b>2001</b>	Kim Martin	Jennings	14.38w	<b>2001</b>	Makeatha Cooper	Grandview	14.55
<b>2002</b>	Kim Martin	Jennings	14.4h	<b>2002</b>	Makeatha Cooper	Grandview	14.0h
<b>2003</b>	Leslie Murillo	Ruskin	15.49	<b>2003</b>	Makeatha Cooper	Grandview	14.38
<b>2004</b>	Toniece Williams	Ruskin	15.44	<b>2004</b>	Whitney Thomas	Hazelwood Central	14.52
<b>2005</b>	McKenzie Rhea	Webb City	15.11	<b>2005</b>	Terri Counts	Hickman Mills	14.40
<b>2006</b>	Tyresha Chambers	Lincoln Prep	14.68	<b>2006</b>	Katie Wenger	St. Joe Central	14.37
<b>2007</b>	Tiffani McReynolds	Pembroke Hill	14.62	<b>2007</b>	Tiana Davis	Park Hill	14.39
<b>2008</b>	Tiffani McReynolds	Pembroke Hill	14.67	<b>2008</b>	Leslie Farmer	Jefferson City	14.89
<b>2009</b>	Tiffani McReynolds	Pembroke Hill	14.01w	<b>2009</b>	Ashli Mosby	Raytown South	14.40w

**MSHSAA Girls State Meet Event Champions 1981-2009**  
**200 Meter Low Hurdles**

Class 1A/Class 1				Class 2A/Class 2			
1981	Christy Heldenbrand	Winston	30.9	1981	Belinda Hayden	Cass Midway	30.8
1982	Christy Heldenbrand	Winston	30.69	1982	Carmen Gordon	Lexington	28.94
1983	Sheila McQuinn	Jefferson	31.91	1983	Kelly Cowan	Stockton	30.47

**300 Meter Low Hurdles**

1984	Stephanie Tyrer	Barstow	47.82	1984	Carla Brown	Willow Springs	45.71
1985	Stephanie Tyrer	Barstow	46.29	1985	Teresa Dollens	Centralia	45.19
1986	Stephanie Tyrer	Barstow	46.90	1986	Kathy Meyer	Crystal City	47.03
1987	Stacey Fritts	Miami	44.94	1987	Amy Cook	Crystal City	46.19
1988	Amy Hughes	Tarkio	46.37	1988	Jennifer Rice	Palmyra	45.98
1989	Amy Hughes	Tarkio	46.17	1989	Angie Bullock	Springfield Catholic	46.53
1990	Anne Northrup	Mound City	47.74	1990	Cassie Bryant	Dixon	48.23
1991	Anne Northrup	Mound City	47.65	1991	Allison Stewart	Springfield Catholic	47.65
1992	Katina Gilmore	Adrian	48.37	1992	Gayle Lawson	Sherwood	47.38
1993	Mandy Runkles	Rock Port	47.47	1993	Tonya Gudde	Holden	47.52
1994	Mandy Runkles	Rock Port	48.07	1994	Tonya Gudde	Holden	47.15
1995	Stephanie Jones	Clopton	46.14	1995	Tonya Gudde	Holden	46.26
1996	Stephanie Jones	Clopton	47.30	1996	Erica Moore	Springfield Catholic	46.16
1997	Nicki Klein	Valle	47.18	1997	Ashley Pyle	Palmyra	46.46
1998	Kayla Acklin	Mound City	47.97	1998	Sarah Gill	Southern Boone Co.	46.08
1999	Rena Miller	Worth Co.	46.12	1999	Kadie Campbell	Putnam Co.	45.60
2000	Rena Miller	Worth Co.	46.61	2000	Melissa Millar	Westminster Christian	46.57
2001	Rena Miller	Worth Co.	47.13	2001	Laura Stegeman	Blair Oaks	46.90
2002	Shelley Seider	Rich Hill	46.85	2002	Audrey Bailey	Lathrop	45.92
2003	Shelley Seider	Rich Hill	47.65	2003	Audrey Bailey	Lathrop	47.06
2004	Shelley Seider	Rich Hill	46.74	2004	Audrey Bailey	Lathrop	45.25
2005	Alissa Miller	Worth Co.	47.09	2005	Shaina Dochterman	Clark Co.	46.42
2006	Alissa Miller	Worth Co.	47.30	2006	Precious Selmon	Crystal City	46.01
2007	Alissa Miller	Worth Co.	47.13	2007	Stephanie Grauel	Macon	46.80
2008	Sindy Chavez	Southwest (Ludlow)	47.74	2008	Lindsay Vollmer	Hamilton	44.08
2009	Sindy Chavez	Southwest (Ludlow)	46.63	2009	Precious Selmon	Crystal City	43.82

**MSHSAA Girls State Meet Event Champions 1981-2009**  
**200 Meter Low Hurdles**

<b>Class 3A/Class 3</b>				<b>Class 4A/Class 4</b>			
<b>1981</b>	Carmen Gordon	Lexington	28.75	<b>1981</b>	Anthea Johnson	KC Central	28.10
<b>1982</b>	Jackie Johnson	Charleston	29.14	<b>1982</b>	Stephanie Thomas	Sumner	28.34
<b>1983</b>	Wanda Watts	Charleston	28.94	<b>1983</b>	Natalie Dansberry	Sumner	29.35

**300 Meter Low Hurdles**

<b>1984</b>	Vanessa Cunningham	Waynesville	46.89	<b>1984</b>	Deanna Adams	Springfield Central	44.65
<b>1985</b>	Carla Brown	Willow Springs	45.15	<b>1985</b>	Felicia Allen	Riverview Gardens	43.96
<b>1986</b>	Michele Cervant	Oak Grove	44.30	<b>1986</b>	Felicia Allen	Riverview Gardens	43.80
<b>1987</b>	Michele Cervant	Oak Grove	44.35	<b>1987</b>	Bridgett Morrow	Riverview Gardens	44.42
<b>1988</b>	Andrea Seabaugh	Fredericktown	44.12	<b>1988</b>	Stephanie Small	Riverview Gardens	44.67
<b>1989</b>	Shauna Kirschner	St. Joe Benton	46.81	<b>1989</b>	LaShonette Andrews	Ruskin	44.97
<b>1990</b>	Heather Williams	Aurora	46.61	<b>1990</b>	Christy Kriegermeier	Francis Howell	45.71
<b>1991</b>	Tammy Williamson	St. Pius (Festus)	46.10	<b>1991</b>	Michelle Franklin	KC East	45.45
<b>1992</b>	Heather Williams	Aurora	45.63	<b>1992</b>	Micheala Edwards	Ruskin	44.35
<b>1993</b>	Candy Mason	Nevada	44.54	<b>1993</b>	Shannon O'Dell	Farmington	45.35
<b>1994</b>	Candy Mason	Nevada	44.08	<b>1994</b>	Deirdre Fortman	Park Hill	44.60
<b>1995</b>	Tammy Wenkel	Owensville	44.03	<b>1995</b>	Dana Jackson	Lee's Summit	45.47
<b>1996</b>	Tammy Wenkel	Owensville	44.02	<b>1996</b>	Tenisha Britton	Poplar Bluff	44.76
<b>1997</b>	Sommer Lawal	MICDS	44.12	<b>1997</b>	Tenisha Britton	Poplar Bluff	43.79
<b>1998</b>	Angie Smith	St. James	45.49	<b>1998</b>	Tenisha Britton	Poplar Bluff	44.03
<b>1999</b>	Shaneatra Neely	Hickman Mills	43.96	<b>1999</b>	Tenisha Britton	Poplar Bluff	43.40
<b>2000</b>	Shaneatra Neely	Hickman Mills	42.52	<b>2000</b>	Christine Spence	Lee's Summit North	43.46
<b>2001</b>	Jenny Woodward	Harrisonville	45.24	<b>2001</b>	Tracy Partain	Parkview	43.97
<b>2002</b>	Jenny Woodward	Harrisonville	44.2h	<b>2002</b>	Makeatha Cooper	Grandview	42.8h
<b>2003</b>	Rachel Minard	Webb City	45.31	<b>2003</b>	Makeatha Cooper	Grandview	42.83
<b>2004</b>	Toniece Williams	Ruskin	45.30	<b>2004</b>	Tiffany Jackson	Gateway Tech	44.64
<b>2005</b>	Orie Ibe	Ladue	44.22	<b>2005</b>	Tiffany Jackson	Gateway Tech	43.05
<b>2006</b>	Danielle Oliver	Ladue	43.54	<b>2006</b>	Lauren Begany	Lindbergh	42.93
<b>2007</b>	Danisa Bennett	Ladue	43.38	<b>2007</b>	Tiera Jones	Hazelwood East	43.99
<b>2008</b>	Tiffani McReynolds	Pembroke Hill	43.47	<b>2008</b>	Tierra Jones	Hazelwood East	43.99
<b>2009</b>	Tiffani McReynolds	Pembroke Hill	43.15	<b>2009</b>	Ashli Mosby	Raytown South	45.11

**MSHSAA Girls State Meet Event Champions 1975-2009**  
**440 Yard Relay (4 X 110)**

				<b>Class A</b>	
				<b>1976</b>	St. Mary's (Ind) 51.6
				<b>1977</b>	St. Mary's (Ind) 51.26
				<b>1978</b>	Barstow 54.16
		<b>Class 1A/Class 1</b>			<b>Class 2A/Class 2</b>
<b>1979</b>	Barstow	51.98		<b>1979</b>	Maysville 51.61
<b>1980</b>	Stanberry	53.18		<b>1980</b>	Salisbury 52.06

**400 Meter Relay (4 X 100)**

<b>1981</b>	Stanberry	51.9h		<b>1981</b>	Salisbury 50.9h
<b>1982</b>	Stanberry	51.78		<b>1982</b>	Lexington 50.88
<b>1983</b>	Jefferson	53.40		<b>1983</b>	Louisiana 51.71
<b>1984</b>	West Nodaway	51.75		<b>1984</b>	John Burroughs 51.28
<b>1985</b>	West Nodaway	51.81		<b>1985</b>	Crystal City 51.24
<b>1986</b>	Russellville	51.43		<b>1986</b>	Crystal City 51.06
<b>1987</b>	Russellville	51.00		<b>1987</b>	Crystal City 51.12
<b>1988</b>	Fayette	52.13		<b>1988</b>	Eskridge 50.53
<b>1989</b>	Adrian	53.26		<b>1989</b>	Eskridge 50.92
<b>1990</b>	Lockwood	54.43		<b>1990</b>	Maplewood-Rich.Hts. 50.35
<b>1991</b>	Worth Co.	52.37		<b>1991</b>	St. Mary's (Ind) 51.83
<b>1992</b>	Worth Co.	52.15		<b>1992</b>	Maplewood-Rich.Hts. 51.33
<b>1993</b>	Jefferson	51.65		<b>1993</b>	Cardinal Ritter 51.93
<b>1994</b>	Jefferson	51.29		<b>1994</b>	Cardinal Ritter 51.48
<b>1995</b>	North Andrew	52.22		<b>1995</b>	Lutheran North 52.22
<b>1996</b>	North Andrew	51.8h		<b>1996</b>	Eskridge 50.54
<b>1997</b>	North Andrew	51.73		<b>1997</b>	Lutheran North 50.39
<b>1998</b>	New Franklin	52.33		<b>1998</b>	Berkeley 49.68
<b>1999</b>	Marion Co.	51.94		<b>1999</b>	Berkeley 49.06
<b>2000</b>	Marion Co.	52.33		<b>2000</b>	Berkeley 50.45
<b>2001</b>	North Andrew	52.35		<b>2001</b>	Berkeley 50.31
<b>2002</b>	North Andrew	52.57		<b>2002</b>	Berkeley 50.23
<b>2003</b>	Sweet Springs	52.93		<b>2003</b>	Berkeley 50.89
<b>2004</b>	Sweet Springs	52.46		<b>2004</b>	Berkeley 50.92
<b>2005</b>	Worth Co.	51.42		<b>2005</b>	Marceline 51.99
<b>2006</b>	Eskridge	52.48		<b>2006</b>	Metro (St. Louis) 50.24
<b>2007</b>	Norborne	52.54		<b>2007</b>	Metro (St. Louis) 50.12
<b>2008</b>	Albany	52.86		<b>2008</b>	Metro (St. Louis) 50.45
<b>2009</b>	Mound City	52.51		<b>2009</b>	Blair Oaks 50.00

**MSHSAA Girls State Meet Event Champions 1975-2009**  
**440 Yard Relay (4 X 110)**

					<b>Open</b>	
				<b>1975</b>	Sumner	50.0
					<b>Class AA</b>	
				<b>1976</b>	Sumner	49.5
				<b>1977</b>	Sumner	50.05
				<b>1978</b>	Sumner	49.1
	<b>Class 3A/Class 3</b>				<b>Class 4A/Class 4</b>	
<b>1979</b>	Rock Bridge	50.35		<b>1979</b>	Sumner	49.54
<b>1980</b>	Marshall	49.96		<b>1980</b>	Ritenour	49.2h

**400 Meter Relay (4 X 100)**

<b>1981</b>	Lexington	50.25		<b>1981</b>	Hickman	48.08
<b>1982</b>	Berkeley	49.95		<b>1982</b>	Hickman	49.61
<b>1983</b>	Mexico	50.77		<b>1983</b>	Riverview Gardens	48.95
<b>1984</b>	Hogan	49.85		<b>1984</b>	Riverview Gardens	48.30
<b>1985</b>	Fulton	50.06		<b>1985</b>	Riverview Gardens	48.64
<b>1986</b>	Fulton	49.59		<b>1986</b>	Normandy	48.87
<b>1987</b>	O'Hara	50.56		<b>1987</b>	Van Horn	48.40
<b>1988</b>	Charleston	50.49		<b>1988</b>	Ladue	49.05
<b>1989</b>	Hogan	49.34		<b>1989</b>	Hickman	49.05
<b>1990</b>	KC Central	50.39		<b>1990</b>	North Kansas City	49.25
<b>1991</b>	Berkeley	50.03		<b>1991</b>	McCluer	49.53
<b>1992</b>	Lincoln (KC)	49.70		<b>1992</b>	McCluer	48.70
<b>1993</b>	Lincoln (KC)	49.15		<b>1993</b>	Hazelwood West	48.74
<b>1994</b>	Jennings	49.96		<b>1994</b>	Hazelwood West	48.85
<b>1995</b>	Berkeley	49.48		<b>1995</b>	Hazelwood East	48.14
<b>1996</b>	KC East	49.61		<b>1996</b>	Parkway South	48.21
<b>1997</b>	Jennings	49.8h		<b>1997</b>	KC Central	47.93
<b>1998</b>	Jennings	50.48		<b>1998</b>	KC Central	48.98
<b>1999</b>	Ruskin	49.41		<b>1999</b>	Ladue	48.16
<b>2000</b>	Park Hill South	49.68		<b>2000</b>	Parkway Central	49.31
<b>2001</b>	Jennings	50.22		<b>2001</b>	Gateway Tech	48.57
<b>2002</b>	Jennings	50.2h		<b>2002</b>	Gateway Tech	48.7h
<b>2003</b>	Ladue	49.36		<b>2003</b>	Gateway Tech	48.55
<b>2004</b>	Lutheran North	49.21		<b>2004</b>	Gateway Tech	47.74
<b>2005</b>	Ladue	48.74		<b>2005</b>	Hazelwood Central	47.82
<b>2006</b>	Center	49.13		<b>2006</b>	Grandview	47.69
<b>2007</b>	University City	48.35		<b>2007</b>	Grandview	47.73
<b>2008</b>	University City	48.64		<b>2008</b>	McCluer	48.59
<b>2009</b>	McCluer S.-Berkeley	47.93		<b>2009</b>	McCluer	48.42

**MSHSAA Girls State Meet Event Champions 1975-2009**  
**880 Yard Relay (4 X 220)**

				<b>Class A</b>	
				<b>1976</b>	St. Mary's (Ind) 1:49.8
				<b>1977</b>	St. Mary's (Ind) 1:48.56
				<b>1978</b>	Lathrop 1:55.95
	<b>Class 1A/Class 1</b>				<b>Class 2A/Class 2</b>
<b>1979</b>	Barstow	1:48.51		<b>1979</b>	Marceline 1:47.73
<b>1980</b>	Barstow	1:51.51		<b>1980</b>	Salisbury 1:48.03

**800 Meter Relay (4 X 200)**

<b>1981</b>	Barstow	1:49.4		<b>1981</b>	Hayti 1:47.10
<b>1982</b>	Worth Co.	1:49.96		<b>1982</b>	Hayti 1:47.18
<b>1983</b>	Barstow	1:51.80		<b>1983</b>	Stockton 1:47.42
<b>1984</b>	Worth Co.	1:47.07		<b>1984</b>	John Burroughs 1:47.43
<b>1985</b>	Marceline	1:48.16		<b>1985</b>	Knob Noster 1:47.01
<b>1986</b>	Albany	1:49.11		<b>1986</b>	Crystal City 1:47.09
<b>1987</b>	Albany	1:48.96		<b>1987</b>	Crystal City 1:46.99
<b>1988</b>	Wellington-Napoleon	1:49.13		<b>1988</b>	Cardinal Ritter 1:48.89
<b>1989</b>	Adrian	1:50.25		<b>1989</b>	Dixon 1:48.10
<b>1990</b>	King City	1:54.19		<b>1990</b>	Higginsville 1:48.37
<b>1991</b>	Worth Co.	1:50.47		<b>1991</b>	Clark Co. 1:47.78
<b>1992</b>	Worth Co.	1:49.33		<b>1992</b>	Maplewood-Rich.Hts. 1:47.25
<b>1993</b>	Jefferson	1:50.20		<b>1993</b>	Maysville 1:47.48
<b>1994</b>	Stanberry	1:48.55		<b>1994</b>	Brookfield 1:48.05
<b>1995</b>	Stanberry	1:51.21		<b>1995</b>	Lutheran North 1:48.71
<b>1996</b>	Worth Co.	1:49.16		<b>1996</b>	Lutheran North 1:47.14
<b>1997</b>	North Andrew	1:48.52		<b>1997</b>	Berkeley 1:44.25
<b>1998</b>	Valle	1:49.24		<b>1998</b>	Berkeley 1:43.69
<b>1999</b>	New Haven	1:49.35		<b>1999</b>	Berkeley 1:44.42
<b>2000</b>	New Haven	1:49.37		<b>2000</b>	Southern Boone Co. 1:46.58
<b>2001</b>	New Haven	1:49.44		<b>2001</b>	Berkeley 1:45.58
<b>2002</b>	New Haven	1:48.67		<b>2002</b>	Berkeley 1:45.24
<b>2003</b>	Stanberry	1:50.59		<b>2003</b>	Monroe City 1:46.90
<b>2004</b>	Worth Co.	1:49.45		<b>2004</b>	Berkeley 1:46.59
<b>2005</b>	Polo	1:49.88		<b>2005</b>	Caruthersville 1:45.59
<b>2006</b>	Eskridge	1:50.25		<b>2006</b>	Marceline 1:46.14
<b>2007</b>	Eskridge	1:48.92		<b>2007</b>	Marceline 1:45.13
<b>2008</b>	Keytesville	1:51.58		<b>2008</b>	Blair Oaks 1:46.07
<b>2009</b>	St. Joe Christian	1:51.92		<b>2009</b>	Metro (St. Louis) 1:45.18

**MSHSAA Girls State Meet Event Champions 1975-2009**  
**880 Yard Relay (4 X 220)**

					<b>Open</b>	
				<b>1975</b>	Beaumont	1:44.8
					<b>Class AA</b>	
				<b>1976</b>	Sumner	1:44.4
				<b>1977</b>	Sumner	1:43.51
				<b>1978</b>	Sumner	1:44.49
	<b>Class 3A/Class 3</b>				<b>Class 4A/Class 4</b>	
<b>1979</b>	Waynesville	1:45.78		<b>1979</b>	Sumner	1:42.6h
<b>1980</b>	Marshall	1:47.00		<b>1980</b>	KC Central	1:43.70

**800 Meter Relay (4 X 200)**

<b>1981</b>	Fulton	1:44.74		<b>1981</b>	Berkeley	1:42.08
<b>1982</b>	Berkeley	1:43.26		<b>1982</b>	Webster Groves	1:43.03
<b>1983</b>	Lutheran North	1:45.20		<b>1983</b>	Hazelwood East	1:42.74
<b>1984</b>	Mexico	1:45.52		<b>1984</b>	Riverview Gardens	1:40.72
<b>1985</b>	St. Dominic	1:45.99		<b>1985</b>	Riverview Gardens	1:40.25
<b>1986</b>	Waynesville	1:43.65		<b>1986</b>	Normandy	1:42.78
<b>1987</b>	Hogan	1:44.63		<b>1987</b>	Normandy	1:42.23
<b>1988</b>	Hogan	1:45.70		<b>1988</b>	Park Hill	1:42.23
<b>1989</b>	Berkeley	1:44.56		<b>1989</b>	Park Hill	1:42.05
<b>1990</b>	Berkeley	1:42.91		<b>1990</b>	Ruskin	1:43.54
<b>1991</b>	Berkeley	1:42.59		<b>1991</b>	McCluer	1:43.30
<b>1992</b>	Lincoln (KC)	1:43.55		<b>1992</b>	McCluer	1:42.48
<b>1993</b>	Berkeley	1:40.65		<b>1993</b>	McCluer	1:42.60
<b>1994</b>	Jennings	1:45.40		<b>1994</b>	Parkway South	1:43.08
<b>1995</b>	Berkeley	1:41.4h		<b>1995</b>	Hazelwood West	1:42.2h
<b>1996</b>	Helias	1:43.89		<b>1996</b>	Parkway South	1:41.48
<b>1997</b>	Helias	1:44.25		<b>1997</b>	Hazelwood East	1:39.91
<b>1998</b>	Helias	1:45.14		<b>1998</b>	Jefferson City	1:43.04
<b>1999</b>	St. Francis Borgia	1:42.58		<b>1999</b>	Ladue	1:42.30
<b>2000</b>	Park Hill South	1:44.72		<b>2000</b>	KC Central	1:39.72
<b>2001</b>	Clayton	1:47.10		<b>2001</b>	Park Hill South	1:41.39
<b>2002</b>	Ruskin	1:44.0h		<b>2002</b>	Gateway Tech	1:40.4h
<b>2003</b>	Jennings	1:45.21		<b>2003</b>	Gateway Tech	1:39.71
<b>2004</b>	Ladue	1:42.65		<b>2004</b>	Hazelwood Central	1:40.87
<b>2005</b>	Ladue	1:42.14		<b>2005</b>	Riverview Gardens	1:40.35
<b>2006</b>	Ladue	1:42.21		<b>2006</b>	Hazelwood East	1:42.27
<b>2007</b>	McCluer S.-Berkeley	1:41.07		<b>2007</b>	Blue Springs	1:42.33
<b>2008</b>	McCluer S.-Berkeley	1:41.95		<b>2008</b>	Parkway Central	1:42.61
<b>2009</b>	McCluer S.-Berkeley	1:41.62		<b>2009</b>	Ladue	1:40.72

**MSHSAA Girls State Meet Event Champions 1975-2008****880 Yard Medley**

				<b>Class A</b>			
				1976	St. Mary's (Ind)	1:54.9	
				1977	Lawson	1:54.5	
				1978	Kearney	2:01.45	

**Mile Relay (4 X 440)**

		<b>Class 1A/Class 1</b>			<b>Class 2A/Class 2</b>		
<b>1979</b>	Cass Midway	4:13.39		<b>1979</b>	Marceline	4:10.67	
<b>1980</b>	Norborne	4:27.11		<b>1980</b>	Salisbury	4:10.86	

**1600 Meter Relay (4 X 400)**

<b>1981</b>	Winston	4:15.5h		<b>1981</b>	West Platte	4:10.6h	
<b>1982</b>	Santa Fe	4:14.55		<b>1982</b>	Maysville	4:07.90	
<b>1983</b>	Marion Co.	4:16.38		<b>1983</b>	Maysville	4:07.90	
<b>1984</b>	Cass Midway	4:15.96		<b>1984</b>	John Burroughs	4:12.15	
<b>1985</b>	Santa Fe	4:10.28		<b>1985</b>	John Burroughs	4:09.59	
<b>1986</b>	Nodaway-Holt	4:11.82		<b>1986</b>	Cuba	4:07.97	
<b>1987</b>	Nodaway-Holt	4:11.65		<b>1987</b>	Kelly	4:10.65	
<b>1988</b>	Nodaway-Holt	4:13.43		<b>1988</b>	Ash Grove	4:12.40	
<b>1989</b>	Jefferson	4:12.08		<b>1989</b>	Ash Grove	4:09.47	
<b>1990</b>	Hardin-Central	4:20.57		<b>1990</b>	Rock Port	4:13.52	
<b>1991</b>	Rock Port	4:09.55		<b>1991</b>	Principia	4:10.94	
<b>1992</b>	North Nodaway	4:14.58		<b>1992</b>	Principia	4:10.45	
<b>1993</b>	Wellington-Napoleon	4:13.29		<b>1993</b>	East Buchanan	4:10.82	
<b>1994</b>	Wellington-Napoleon	4:17.07		<b>1994</b>	Gallatin	4:11.70	
<b>1995</b>	Gallatin	4:14.91		<b>1995</b>	Lutheran North	4:10.63	
<b>1996</b>	KC Lutheran	4:13.06		<b>1996</b>	Springfield Catholic	4:08.53	
<b>1997</b>	New Haven	4:12.53		<b>1997</b>	Berkeley	4:06.5h	
<b>1998</b>	New Haven	4:12.76		<b>1998</b>	Blair Oaks	4:06.80	
<b>1999</b>	Osceola	4:12.37		<b>1999</b>	Blair Oaks	4:00.15	
<b>2000</b>	Valle	4:13.73		<b>2000</b>	Palmyra	4:07.31	
<b>2001</b>	New Haven	4:15.34		<b>2001</b>	John Burroughs	4:02.31	
<b>2002</b>	New Haven	4:14.62		<b>2002</b>	Berkeley	4:06.11	
<b>2003</b>	Stanberry	4:14.57		<b>2003</b>	Lathrop	4:07.75	
<b>2004</b>	Stanberry	4:18.84		<b>2004</b>	Marceline	4:07.89	
<b>2005</b>	Polo	4:17.72		<b>2005</b>	Elsberry	4:06.23	
<b>2006</b>	Norborne	4:16.21		<b>2006</b>	Marceline	4:03.08	
<b>2007</b>	New Haven	4:13.50		<b>2007</b>	Marceline	4:03.81	
<b>2008</b>	Saxony Lutheran	4:19.66		<b>2008</b>	St. Mary's (Ind)	4:07.48	
<b>2009</b>	Southwest (Ludlow)	4:14.33		<b>2009</b>	Principia	4:03.72	

**MSHSAA Girls State Meet Event Champions 1975-2008****880 Yard Medley**

				1975	Beaumont	1:44.8	
					<b>Class AA</b>		
				1976	Sumner	1:51.9	
				1977	Soldan	1:51.10	
				1978	Sumner	1:51.02	

**Mile Relay (4 X 440)**

	<b>Class 3A/Class 3</b>				<b>Class 4A/Class 4</b>		
<b>1979</b>	Waynesville	4:00.3		<b>1979</b>	KC Southwest	4:03.59	
<b>1980</b>	East Newton	4:10.81		<b>1980</b>	Sumner	3:58.86	

**1600 Meter Relay (4 X 400)**

<b>1981</b>	Cameron	4:04.28		<b>1981</b>	Sumner	3:54.98	
<b>1982</b>	Logan-Rogersville	4:00.22		<b>1982</b>	Sumner	3:55.09	
<b>1983</b>	Maryville	4:03.25		<b>1983</b>	Hazelwood East	3:59.65	
<b>1984</b>	Festus	4:06.69		<b>1984</b>	Hazelwood Central	3:59.22	
<b>1985</b>	Oak Grove	4:01.43		<b>1985</b>	Normandy	3:56.69	
<b>1986</b>	KC Central	3:59.93		<b>1986</b>	Normandy	3:51.48	
<b>1987</b>	Helias	3:58.3h		<b>1987</b>	Normandy	3:54.27	
<b>1988</b>	KC Central	4:00.11		<b>1988</b>	Riverview Gardens	3:56.01	
<b>1989</b>	Paseo	4:01.06		<b>1989</b>	University City	3:59.73	
<b>1990</b>	Berkeley	4:05.31		<b>1990</b>	Ruskin	3:59.29	
<b>1991</b>	Berkeley	4:01.15		<b>1991</b>	Ruskin	3:56.21	
<b>1992</b>	Berkeley	3:58.29		<b>1992</b>	Hazelwood Central	4:01.86	
<b>1993</b>	Berkeley	3:56.49		<b>1993</b>	Sumner	3:55.98	
<b>1994</b>	Berkeley	4:01.23		<b>1994</b>	KC Southwest	3:57.49	
<b>1995</b>	Berkeley	3:59.31		<b>1995</b>	Hazelwood East	3:57.14	
<b>1996</b>	Notre Dame (KC)	3:59.70		<b>1996</b>	Cape Central	3:58.05	
<b>1997</b>	Helias	3:57.09		<b>1997</b>	Ladue	3:55.05	
<b>1998</b>	St. Francis Borgia	4:03.08		<b>1998</b>	Park Hill	3:57.29	
<b>1999</b>	Hickman Mills	3:58.44		<b>1999</b>	Poplar Bluff	3:56.54	
<b>2000</b>	Park Hill South	4:02.11		<b>2000</b>	Normandy	3:55.85	
<b>2001</b>	Hickman Mills	4:02.87		<b>2001</b>	Park Hill South	3:57.88	
<b>2002</b>	Hickman Mills	4:03.2h		<b>2002</b>	University City	3:55.7h	
<b>2003</b>	Ladue	3:59.64		<b>2003</b>	Normandy	3:54.68	
<b>2004</b>	Osage	3:57.01		<b>2004</b>	Jefferson City	3:55.42	
<b>2005</b>	Ladue	3:57.26		<b>2005</b>	McCluer	3:53.81	
<b>2006</b>	McCluer S.-Berkeley	3:51.40		<b>2006</b>	McCluer	3:54.48	
<b>2007</b>	McCluer S.-Berkeley	3:45.78		<b>2007</b>	Jefferson City	3:53.20	
<b>2008</b>	McCluer S.-Berkeley	3:47.49		<b>2008</b>	Parkway Central	3:54.80	
<b>2009</b>	McCluer S.-Berkeley	3:53.93		<b>2009</b>	Ladue	3:54.54	

## MSHSAA Girls State Meet Event Champions 1979-2009

### Two Mile Relay (4 X 880)

Class 1A/Class 1				Class 2A/Class 2	
Santa Fe	10:38.62		<b>1979</b>	Hamilton	10:07.27
Santa Fe	10:38.46		<b>1980</b>	John Burroughs	10:13.89

### 3200 Meter Relay (4 X 800)

Polo	10:08.8h		<b>1981</b>	John Burroughs	10:03.6h
Polo	9:56.04		<b>1982</b>	Maysville	9:46.85
Cass Midway	10:10.23		<b>1983</b>	Maysville	9:41.08
Cass Midway	10:10.71		<b>1984</b>	Mount Vernon	9:59.91
Nodaway-Holt	10:07.69		<b>1985</b>	Lathrop	9:52.28
Nodaway-Holt	9:51.00		<b>1986</b>	North Platte	9:53.20
Nodaway-Holt	10:01.42		<b>1987</b>	Milan	9:54.0h
Nodaway-Holt	9:49.72		<b>1988</b>	Butler	9:46.17
Nodaway-Holt	10:11.92		<b>1989</b>	Butler	10:04.68
Rich Hill	10:27.37		<b>1990</b>	Ash Grove	10:05.93
Nodaway-Holt	10:12.07		<b>1991</b>	Principia	9:53.60
North Nodaway	10:15.82		<b>1992</b>	Principia	9:39.88
Rock Port	10:22.97		<b>1993</b>	Pembroke	9:59.74
Atlanta	10:09.67		<b>1994</b>	Valle	9:54.05
Atlanta	10:12.78		<b>1995</b>	Principia	9:46.42
Drexel	10:21.02		<b>1996</b>	New Haven	10:01.63
Adrian	10:07.29		<b>1997</b>	Hermann	9:57.93
Drexel	10:02.70		<b>1998</b>	Hermann	9:55.67
Osceola	10:05.8h		<b>1999</b>	Stockton	9:58.00
Archie	10:04.86		<b>2000</b>	Stockton	9:58.06
Brashear	10:09.60		<b>2001</b>	John Burroughs	9:51.05
Brashear	10:12.52		<b>2002</b>	John Burroughs	10:07.27
Lockwood	10:13.9h		<b>2003</b>	College Hts. Christian	9:56.29
Tarkio	10:14.90		<b>2004</b>	College Hts. Christian	9:49.71
Rock Port	10:24.86		<b>2005</b>	Hamilton	9:44.51
New Haven	10:15.38		<b>2006</b>	Hamilton	9:45.13
Polo	10:15.93		<b>2007</b>	Hamilton	9:44.20
Rock Port	10:06.79		<b>2008</b>	Principia	9:49.94
Marion Co.	10:12.36		<b>2009</b>	Principia	9:46.93

**MSHSAA Girls State Meet Event Champions 1979-2009**  
**Two Mile Relay (4 X 880)**

<b>Class 3A/Class 3</b>				<b>Class 4A/Class 4</b>	
Excelsior Springs	9:49.82		<b>1979</b>	KC Southwest	9:38.51
Cameron	9:49.33		<b>1980</b>	KC Southwest	9:26.31

**3200 Meter Relay (4 X 800)**

Cameron	9:36.24		<b>1981</b>	Kirkwood	9:17.21
Buffalo	9:50.28		<b>1982</b>	Joplin Memorial	9:25.78
Herculaneum	9:34.33		<b>1983</b>	Hazelwood East	9:31.92
Duchesne	9:43.88		<b>1984</b>	Hazelwood East	9:32.72
Monett	9:45.17		<b>1985</b>	Soldan	9:25.09
Lincoln (KC)	9:40.99		<b>1986</b>	Francis Howell	9:30.65
Buffalo	9:42.06		<b>1987</b>	Francis Howell	9:18.36
Helias	9:44.17		<b>1988</b>	Francis Howell	9:22.21
Helias	9:40.70		<b>1989</b>	Lafayette	9:26.97
Duchesne	9:50.67		<b>1990</b>	Hazelwood East	9:31.83
Logan-Rogersville	9:43.8h		<b>1991</b>	Parkway West	9:28.10
Helias	9:46.23		<b>1992</b>	Hazelwood Central	9:30.49
Principia	9:30.46		<b>1993</b>	Jackson	9:29.79
Helias	9:35.27		<b>1994</b>	Blue Springs South	9:26.95
Savannah	9:34.4h		<b>1995</b>	Lee's Summit	9:26.70
Helias	9:38.49		<b>1996</b>	Liberty	9:26.25
Helias	9:40.91		<b>1997</b>	Liberty	9:19.51
Helias	9:32.36		<b>1998</b>	Liberty	9:32.71
Helias	9:34.47		<b>1999</b>	Kirkwood	9:22.52
Helias	9:37.61		<b>2000</b>	Blue Springs	9:32.32
Kirksville	9:51.95		<b>2001</b>	Francis Howell North	9:24.71
Notre Dame (KC)	9:42.2h		<b>2002</b>	Marquette	9:12.7h
MICDS	9:37.64		<b>2003</b>	West Plains	9:20.67
MICDS	9:34.63		<b>2004</b>	Eureka	9:09.09
Ste. Genevieve	9:44.56		<b>2005</b>	West Plains	9:20.42
Lee's Summit West	9:37.14		<b>2006</b>	Eureka	9:21.31
McCluer S.-Berkeley	9:26.42		<b>2007</b>	Lee's Summit West	9:29.03
Ladue	9:28.26		<b>2008</b>	Eureka	9:20.53
Festus	9:24.44		<b>2009</b>	Parkway Central	9:06.89

## MSHSAA Girls State Meet Event Champions 1975-2009

### Shot Put (8 Pound)

Class A							
				<b>1976</b>	Cindy Kiser	Branson	44-09 1/2
				<b>1977</b>	Stephanie Hudson	Knob Noster	42-02
				<b>1978</b>	Stephanie Hudson	Knob Noster	36-01 1/2
Class 1A/Class 1				Class 2A/Class 2			
<b>1979</b>	Laney Cooper	Greenfield	37-06 3/4	<b>1979</b>	Cindy Baker	Diamond	39-05 1/4
Shot Put (4 Kilogram)							
<b>1980</b>	Nancy Brandt	Fairfax	35-01 1/2	<b>1980</b>	Mary Chrisman	Marceline	36-10
<b>1981</b>	Nancy Brandt	Fairfax	39-04	<b>1981</b>	Tonia Borrowman	Monroe City	37-10
<b>1982</b>	Nancy Brandt	Fairfax	36-10 3/4	<b>1982</b>	Lisa Farris	Marceline	39-03
<b>1983</b>	Debby Fry	Polo	36-09 1/2	<b>1983</b>	Lisa Farris	Marceline	36-09
<b>1984</b>	Lisa Farris	Marceline	38-09	<b>1984</b>	Barb Sorenson	Cameron	39-01
<b>1985</b>	Carol Pearman	Cass Midway	36-11	<b>1985</b>	Paula Primus	North Calloway	39-10
<b>1986</b>	Julie McKinney	Worth Co.	36-08 1/2	<b>1986</b>	Beckie Boltran	Knob Noster	37-08 1/4
<b>1987</b>	Kris Pierce	Lockwood	36-10 3/4	<b>1987</b>	Diana Smith	Valle	38-08
<b>1988</b>	Lynette Auffert	NE Nodaway	36-01 1/2	<b>1988</b>	Ginger Mathes	Scotland Co.	36-09 1/2
<b>1989</b>	Amy Lund	Santa Fe	36-08	<b>1989</b>	Mitzi Noelker	Lexington	38-02 3/4
<b>1990</b>	Stacy Payne	Bucklin	32-11 3/4	<b>1990</b>	Mitzi Noelker	Lexington	41-02
<b>1991</b>	Leigh Ann Clayton	Norborne	35-08 1/4	<b>1991</b>	Jennifer Walton	Lexington	37-07 1/4
<b>1992</b>	Christina Lytton	Mid Buchanan	34-05	<b>1992</b>	Jami Slaughter	South Harrison	38-00 1/4
<b>1993</b>	Leah Miller	Slater	34-11	<b>1993</b>	Jami Slaughter	South Harrison	38-11
<b>1994</b>	Dediee Smithson	LaPlata	35-05	<b>1994</b>	Luciana Crisp	Stockton	39-09 3/4
<b>1995</b>	Brandi Humble	Rich Hill	35-00 1/4	<b>1995</b>	Charlotte Beck	Warsaw	36-02 1/4
<b>1996</b>	Missy Wilson	Craig	37-05 1/2	<b>1996</b>	Dawn Kiger	Clark Co.	37-11 1/4
<b>1997</b>	Missy Wilson	Craig	34-09 1/4	<b>1997</b>	Nicole Cassmeyer	Blair Oaks	37-06 1/4
<b>1998</b>	Katie Scherer	Crest Ridge	37-05 1/4	<b>1998</b>	Lindsey Markworth	Lexington	38-05 1/4
<b>1999</b>	Katie Scherer	Crest Ridge	39-07 3/4	<b>1999</b>	Lindsey Markworth	Lexington	39-07
<b>2000</b>	Katie Scherer	Crest Ridge	40-00	<b>2000</b>	Lindsey Markworth	Lexington	40-10 3/4
<b>2001</b>	Ashley Poptanycz	Tarkio	40-01 1/2	<b>2001</b>	Lindsey Markworth	Lexington	41-08
<b>2002</b>	Kim Wass	Liberal	36-08 3/4	<b>2002</b>	Elisha Hunt	Linn	40-11 1/4
<b>2003</b>	Kim Wass	Liberal	37-09 1/2	<b>2003</b>	Elisha Hunt	Linn	45-08 1/4
<b>2004</b>	Kim Wass	Liberal	39-02 1/4	<b>2004</b>	Elisha Hunt	Linn	44-06 3/4
<b>2005</b>	Carrie Talbot	Jasper	40-03 1/2	<b>2005</b>	Julia Russell	Mountain View	40-05 1/4
<b>2006</b>	Carrie Talbot	Jasper	41-09	<b>2006</b>	Rachel Travis	Lutheran (SC)	42-04 1/2
<b>2007</b>	Brittney McGinley	Polo	36-03 1/2	<b>2007</b>	Jasmine Kassaravoid	Lawson	42-00 1/2
<b>2008</b>	Candice Talbot	Jasper	37-09 1/4	<b>2008</b>	Katie Evans	Putnam Co.	46-07 1/4
<b>2009</b>	Brittney McGinley	Polo	39-02 1/2	<b>2009</b>	Katie Evans	Putnam Co.	45-10 1/2

## MSHSAA Girls State Meet Event Champions 1975-2009

### Shot Put (8 Pound)

				Open		
				1975	Shirley Knight	Springfield Central 42-05
				Class AA		
				1976	Sekeli Salina	William Chrisman 44-04 1/4
				1977	Valerie Brown	Clinton 44-01 1/2
				1978	Mary Hyder	Jefferson City 40-10 1/2
Class 3A/Class 3				Class 4A/Class 4		
1979	Robin Sandbothe	Washington	39-06 3/4	1979	Connie Price	St. Charles 42-01 1/2

### Shot Put (4 Kilogram)

1980	Onetha Jackson	Maplewood-RH	40-06 1/2	1980	Connie Price	St. Charles 43-00 1/2
1981	Kay Wright	Harrisonville	40-05 1/4	1981	Rene Brown	Poplar Bluff 42-10
1982	Kay Wright	Harrisonville	40-06 1/2	1982	Denise Buchanan	Glendale 44-00
1983	Barb Sorenson	Cameron	38-08	1983	Denise Buchanan	Glendale 44-11 1/2
1984	Kim Jefferson	Kennett	37-09 1/2	1984	Cynde Ryan	Hannibal 40-07 1/4
1985	Kim Jefferson	Kennett	39-07 1/2	1985	Cynde Ryan	Hannibal 44-00 1/4
1986	Dina Grubb	Odessa	39-02	1986	Wendy Jacobson	Center 41-10 1/4
1987	Marion Washington	Hogan	40-03	1987	Martha Schnackenberg	Neosho 42-00 1/4
1988	Marion Washington	Hogan	42-00	1988	Kelli McCrary	Hazelwood Central 42-08 1/4
1989	Elissa Utiss	Duchesne	39-02	1989	Debbie Kusiak	Wentzville 42-09 3/4
1990	Elissa Utiss	Duchesne	39-09 1/2	1990	Valeyta Althouse	Blue Springs 40-03 1/2
1991	Leighann Wooley	Dexter	37-05	1991	Valeyta Althouse	Blue Springs 43-07 1/2
1992	Pauletta Kelly	Branson	37-01	1992	Valeyta Althouse	Blue Springs 47-07 3/4
1993	Tina Lowrance	Kirkville	38-05 3/4	1993	Cheryl Spradley	Raytown 39-10 3/4
1994	Stacy Tiefenauer	North County	41-09 1/2	1994	Cheryl Spradley	Raytown 43-02 3/4
1995	Stacy Tiefenauer	North County	41-01 3/4	1995	Courtney Johnson	Jefferson City 38-10 1/4
1996	Stacy Tiefenauer	North County	41-09 3/4	1996	Lutricia Purham	Marquette 43-04
1997	Dawn Kiger	Clark Co.	38-04 1/4	1997	Laura Lukens	Cape Central 40-08 1/2
1998	Ruth Washington	Ruskin	38-11 1/2	1998	Marisha Griffen	Normandy 40-00 1/2
1999	Holly Scherder	Bowling Green	39-02	1999	Tamika Lomax	Raytown 41-07 1/2
2000	Allison Rosewicz	Cassville	41-04	2000	Amarachi Ukabam	Marquette 43-09 3/4
2001	Tiffanie Jones	Warrensburg	41-07	2001	Amarachi Ukabam	Marquette 42-09
2002	Nicole Portell	Herculaneum	42-00	2002	Amarachi Ukabam	Marquette 42-08 1/2
2003	Traci Werner	Nevada	42-01 1/4	2003	Laura Ortinau	Oakville 41-08 1/4
2004	Krishna Lee	O'Hara	42-10	2004	Kendra Williams	Kirkwood 41-05 3/4
2005	Kendra Green	Boonville	47-00	2005	Megan Simpson	Blue Springs South 39-03 1/2
2006	Richael Roach	Lutheran South	43-07 1/4	2006	Katie Vanarsdall	Fort Osage 42-07 3/4
2007	Rickael Roach	Lutheran South	45-07 1/2	2007	Jasmine Boyer	Fort Zumwalt West 42-06 1/4
2008	Brittany Borman	Festus	42-08	2008	Jasmine Boyer	Fort Zumwalt West 46-09 3/4
2009	Kelly Klusmeyer	Boonville	41-04 1/2	2009	Jill Rushin	Jackson 47-04 1/2

## MSHSAA Girls State Meet Event Champions 1975-2009

### Discus Throw

				Class A			
				1976	Cindy Kiser	Branson	124-06
				1977	Irma Dovin	Knox Co.	122-08
				1978	Becky Reeves	Oak Grove	106-08
Class 1A/Class 1		Class 2A/Class 2					
1979	Rene Gault	Hale	105-11	1979	Cynthia Millentree	Lexington	110-03
1980	Nancy Brandt	Fairfax	118-10	1980	Connie Hall	Knox Co.	109-03
1981	Nancy Brandt	Fairfax	123-02	1981	Lynda Danley	Rock Port	113-05
1982	Nancy Brandt	Fairfax	128-02	1982	Lynda Danley	Rock Port	126-05
1983	Debby Fry	Polo	103-04	1983	Sara Ritchie	Knob Noster	126-02
1984	Lisa Farris	Marceline	107-09	1984	Alecia Schoonover	Salisbury	123-09
1985	Kelly Cowan	Brunswick	107-03	1985	Stefani Haag	Brookfield	112-02
1986	Sherry Parks	Santa Fe	118-08	1986	Stefani Haag	Brookfield	123-11
1987	Kelly Arndt	Crest Ridge	112-09	1987	Stefani Haag	Brookfield	134-08
1988	Chris Kassner	Rich Hill	112-04	1988	Cindy Nolan	Seneca	116-07
1989	Chris Kassner	Rich Hill	114-11	1989	Cindy Nolan	Seneca	123-09
1990	Connie Limback	Santa Fe	103-01	1990	Mitzi Noelker	Lexington	123-00
1991	Leigh Ann Clayton	Norborne	108-04	1991	Angela Branson	Steelville	124-04
1992	Leah Miller	Slater	114-09	1992	Suzanne Sidwell	Louisiana	123-01
1993	Leigh Ann Clayton	Norborne	106-06	1993	Jennifer Tuck	Orchard Farm	119-03
1994	Mindi Gamel	Worth Co.	113-07	1994	Jennifer Tuck	Orchard Farm	133-10
1995	Heather Boehne	Lockwood	113-01	1995	Jennifer Tuck	Orchard Farm	127-06
1996	Marlies Ozias	Crest Ridge	107-08	1996	Miranda Beadles	West Platte	116-01
1997	Jamie Schofield	Rich Hill	114-01	1997	Dan Livingston-Fran	Metro (SL)	119-09
1998	Jennifer Johnson	Princeton	103-04	1998	Nicole Cassmeyer	Blair Oaks	118-10
1999	Rayna Monroe	Hardin-Central	114-09	1999	Jamie Snider	Hamilton	119-10
2000	Katie Scherer	Crest Ridge	124-07	2000	Lindsey Markworth	Lexington	134-10
2001	April Miller	Worth Co.	113-10	2001	Lindsey Markworth	Lexington	137-00
2002	April Miller	Worth Co.	120-01	2002	Elisha Hunt	Linn	125-07
2003	Leah Wilson	Marion Co.	106-01	2003	Loren Groves	Scott City	143-11
2004	Cortney Vie	Lone Jack	123-02	2004	Loren Groves	Scott City	151-07
2005	Carrie Talbot	Jasper	117-05	2005	Lisa Hughes	Orchard Farm	134-04
2006	Carrie Talbot	Jasper	125-04	2006	Rachel Travis	Lutheran (SC)	129-11
2007	Cassie Wright	Santa Fe	108-05	2007	Katie Evans	Putnam Co.	128-00
2008	Kyleigh Parrish	Rock Port	115-00	2008	Katie Evans	Putnam Co.	140-01
2009	Mallory Embree	Sturgeon	114-11	2009	Katie Evans	Putnam Co.	160-05

# MSHSAA Girls State Meet Event Champions 1975-2009

## Discus Throw

				<b>Open</b>		
				<b>1975</b>	Linda Stewart	Carl Junction 117-01
				<b>Class 2A</b>		
				<b>1976</b>	Lynn Worley	Lebanon 114-10
				<b>1977</b>	Johnna Cook	Liberty 119-08
				<b>1978</b>	Mary Hyder	Jefferson City 123-07
<b>Class 3A/Class 3</b>				<b>Class 4A/Class 4</b>		
<b>1979</b>	Robin Sandbothe	Washington	130-03	<b>1979</b>	Carrie Bates	Hickman Mills 128-10
<b>1980</b>	Kay Wright	Harrisonville	120-02	<b>1980</b>	Sandra Tate	Webster Groves 126-11
<b>1981</b>	Kay Wright	Harrisonville	124-00	<b>1981</b>	Lisa Bossch	Parkway North 135-06
<b>1982</b>	Kay Wright	Harrisonville	131-02	<b>1982</b>	Denise Buchanan	Glendale 148-03
<b>1983</b>	Coleen Wagner	Camdenton	135-00	<b>1983</b>	Denise Buchanan	Glendale 153-04
<b>1984</b>	Bekki Turner	Monett	129-01	<b>1984</b>	Michelle Flowers	Raytown South 133-10
<b>1985</b>	Gail Peak	Marshfield	128-08	<b>1985</b>	Michelle Flowers	Raytown South 140-06
<b>1986</b>	Gail Peak	Marshfield	135-03	<b>1986</b>	Julie Grimes	Jefferson City 129-03
<b>1987</b>	Marion Washington	Hogan	130-08	<b>1987</b>	Wendee Brown	Blue Springs 127-07
<b>1988</b>	Marion Washington	Hogan	134-10	<b>1988</b>	Julia Smith	Kirkwood 140-04
<b>1989</b>	Melanie Houser	Aurora	117-07	<b>1989</b>	Nicole Chester	Parkway West 146-11
<b>1990</b>	Amy Russell	Branson	129-06	<b>1990</b>	Debbie Kusiak	Wentzville 127-02
<b>1991</b>	Chel Fletcher	Carl Junction	129-02	<b>1991</b>	Jeneen Townsend	Jefferson City 139-09
<b>1992</b>	Chel Fletcher	Carl Junction	131-08	<b>1992</b>	Valeyta Althouse	Blue Springs 133-09
<b>1993</b>	Jennifer Phillips	Harrisonville	122-06	<b>1993</b>	Jennifer Salts	Rolla 119-03
<b>1994</b>	Heather White	Ray-Pec	135-07	<b>1994</b>	Laura Sorenson	Oakville 127-00
<b>1995</b>	Heather White	Ray-Pec	128-00	<b>1995</b>	Stephanie Jackson	St. Joe Benton 129-09
<b>1996</b>	Heather Coker	Branson	128-10	<b>1996</b>	Lutricia Purham	Marquette 136-01
<b>1997</b>	April Sims	Ozark	125-11	<b>1997</b>	Laura Lukens	Cape Central 145-08
<b>1998</b>	Callie Newton	Republic	132-03	<b>1998</b>	Carla Grewe	Hillsboro 137-04
<b>1999</b>	Merissa Hunter	Hickman Mills	136-09	<b>1999</b>	Dion McNeal	Parkway West 146-01
<b>2000</b>	Ann Snider	Harrisonville	125-09	<b>2000</b>	Mary Wirt	Liberty 139-01
<b>2001</b>	Danee Jones	Clayton	142-04	<b>2001</b>	Amarachi Ukabam	Marquette 165-01
<b>2002</b>	Amanda Newton	Republic	143-06	<b>2002</b>	Amarachi Ukabam	Marquette 156-07
<b>2003</b>	Krishna Lee	O'Hara	136-04	<b>2003</b>	Omega Key	Poplar Bluff 128-01
<b>2004</b>	Krishna Lee	O'Hara	140-06	<b>2004</b>	Leah Lord	Raytown South 127-02
<b>2005</b>	Hope Harris	Clinton	151-04	<b>2005</b>	Efia Walls	Hazelwood East 140-10
<b>2006</b>	Hope Harris	Clinton	148-05	<b>2006</b>	Megan Collins	Lee's Summit North 131-09
<b>2007</b>	Rickael Roach	Lutheran South	152-09	<b>2007</b>	Jelani Kelly	Hazelwood Central 134-06
<b>2008</b>	Brittany Borman	Festus	135-09	<b>2008</b>	Megan Collins	Lee's Summit North 153-02
<b>2009</b>	Kylie Jones	Webb City	141-06	<b>2009</b>	Jill Rushin	Jackson 146-03

# MSHSAA Girls State Meet Event Champions 1975-2009

## Long Jump

				Class A			
				1976	Georgi Redden	Cassville	17-01 1/2
				1977	Kathy Muller	St. Mary's (Ind)	17-03
				1978	Debbie Webber	Keytesville	16-10 1/2
Class 1A/Class 1			Class 2A/Class 2				
1979	Tina Gilbert	Northwestern	16-10 3/4	1979	Deb Chappell	Mark Twain	17-03
1980	Tina Gilbert	Northwestern	17-06 1/4	1980	Judy Vaughn	North Calloway	17-00 1/4
1981	Kay Donovan	Stanberry	16-08	1981	Jackie Reed	Hayti	17-10 1/2
1982	Sally Spillman	Gallatin	17-07 1/4	1982	Ameka Hannon	Lexington	18-02
1983	Dana Dawson	West Nodaway	17-00 1/4	1983	Sandy Cummings	Smithville	17-09 1/4
1984	Dana Dawson	West Nodaway	17-00	1984	Sandy Cummings	Smithville	17-06
1985	Dana Dawson	West Nodaway	17-08	1985	Sandy Cummings	Smithville	17-06 1/2
1986	Michelle Whistler	Chaffee	16-09	1986	Roslyn Lewis	Salisbury	17-00
1987	Michelle Whistler	Chaffee	17-05	1987	Anietie Ekong	Brentwood	17-07 3/4
1988	Michelle Whistler	Chaffee	17-04 1/2	1988	Cassandra Salmons	Louisiana	17-09 1/2
1989	Tammie Anderson	Clopton	17-06 1/2	1989	Cassie Bryant	Dixon	17-08
1990	Richelle Winn	Brunswick	17-07 3/4	1990	Cassie Bryant	Dixon	18-07 3/4
1991	Anne Northrup	Mound City	17-03	1991	Rebecca Mayfield	Lamar	16-11 1/2
1992	Richelle Winn	Brunswick	17-01 3/4	1992	Hollie Elliot	Putnam Co.	16-05
1993	Tiffany Plattner	Santa Fe	17-00 1/4	1993	Cindy Critten	Gallatin	17-00 1/4
1994	Kassia Walker	Barstow	17-04 1/4	1994	Tina Reed	Adrian	17-10 1/2
1995	Cindy Critten	Gallatin	17-01 1/2	1995	Abby Rollert	Smithville	16-07 1/2
1996	Cindy Critten	Gallatin	16-08	1996	Jill Aholt	Linn	17-06 1/4
1997	Terra Robinson	Rock Port	16-06 3/4	1997	Melanie McDaniel	Lutheran North	18-00 3/4
1998	April House	North Andrew	17-01 1/2	1998	Melanie McDaniel	Lutheran North	16-06
1999	Mary Lowe	Bevier	17-01 3/4	1999	Victoria Freeman	Blair Oaks	17-01 3/4
2000	Terra Robinson	Rock Port	16-04	2000	Jamie Flowers	Whitfield	17-07 1/4w
2001	Shelley Seider	Rich Hill	16-06 1/4	2001	Phabienne Parker	Whitfield	17-07w
2002	Ashley Rinehart	Ridgeway	16-04 1/4w	2002	Cassie Robey	Monroe City	16-11 1/2
2003	Shelley Seider	Rich Hill	17-03 1/4	2003	Cassie Robey	Monroe City	17-08 1/2
2004	Shelley Seider	Rich Hill	17-07 1/2	2004	Jordann Plummer	Cardinal Ritter	17-10
2005	Kelly McKay	Liberal	16-02 1/4	2005	Jelessa Stafford	Lexington	17-00 1/2
2006	Ashlee Miller	Osborn	18-02 1/4	2006	Precious Selmon	Crystal City	18-01
2007	Danielle Parker	Lockwood	16-08 1/4	2007	Courtney Shuman	Clark Co.	17-06
2008	Melissa McGinley	Albany	16-09 1/4	2008	Lindsay Vollmer	Hamilton	18-07 1/4
2009	Michelle Persich	KC Lutheran	16-05 3/4	2009	Precious Selmon	Crystal City	19-03 1/4

# MSHSAA Girls State Meet Event Champions 1975-2009

## Long Jump

				Open			
				1975	Mary Smith	Beaumont	19-00 1/2
				Class AA			
				1976	Mary Smith	Beaumont	19-00 3/4
				1977	Jennie Gorham	North Kansas City	18-09
				1978	Chris Linville	Winnetonka	17-07
Class 3A/Class 3			Class 4A/Class 4				
1979	Frances Harrison	Waynesville	18-07 3/4	1979	Chris Linville	Winnetonka	18-03 1/4
1980	Lisa Kissee	Ozark	16-10 1/4	1980	Carla Williams	KC East	17-10 1/4
1981	Connie Shewmaker	Buffalo	17-09 1/2	1981	Lorinda Richardson	Hickman	19-05 1/2
1982	Jennifer Rowland	Richmond	17-11 1/4	1982	Rhonda Paine	Grandview	19-05 1/2
1983	Cindy Westeen	Lutheran South	17-05 1/2	1983	Martina Nichols	Hazelwood West	18-09 1/4
1984	Teresa Thornton	Festus	17-10 3/4	1984	Lorinda Richardson	Hickman	19-00 3/4
1985	Teresa Thornton	Festus	18-11 1/2	1985	Sherri Hines	St. Joe Central	19-04 1/2
1986	Mitzi Abney	Willard	17-09 1/4	1986	Felicia Allen	Riverview Gardens	19-08 1/4
1987	Julie Geiger	Boonville	17-06 1/2	1987	Erica Calhoun	KC Southeast	18-05 1/4
1988	Andrea Seabaugh	Fredericktown	17-11	1988	Angie Balducci	Wentzville	18-10 1/4
1989	Christy Sternberg	Harrisonville	17-03 3/4	1989	Angie Balducci	Wentzville	18-07 1/2
1990	Tracie Driver	Caruthersville	18-04	1990	Kellie Suttle	Francis Howell	18-07
1991	Tammy Mohesky	Union	17-03	1991	Valarie Lenley	Ruskin	18-11
1992	Wendy Taylor	Union	17-11 1/2	1992	Valarie Lenley	Ruskin	19-00
1993	LaToya Williams	Jennings	18-11 1/2	1993	Erin Narzinski	Oakville	19-07 1/2
1994	Lisa Davies	Oak Grove	19-05	1994	Erin Narzinski	Oakville	19-01
1995	LaToya Williams	Jennings	17-02 1/2	1995	Sheri Pewitte	Blue Springs South	18-01 3/4
1996	Lauren Ivey	Marshfield	17-06	1996	Sylvia Wofford	Joplin	18-00 1/4
1997	Harie Waffenschmidt	New Madrid CC	18-01	1997	Muna Lee	KC Central	18-06
1998	Nina Gooden	Oak Grove	17-04 3/4	1998	Abbe Ohneck	Rock Bridge	18-07 3/4
1999	Sarah Long	O'Hara	17-08	1999	Dionna Webb	Cape Central	18-11 1/2
2000	Samantha Stanley	Oak Grove	18-06 1/4	2000	Muna Lee	KC Central	19-06
2001	Samantha Stanley	Oak Grove	18-00	2001	Andrea Coomes	Oak Park	18-05 3/4
2002	Lucretia Rimmer	Ruskin	18-07 3/4	2002	Kate Alderson	Park Hill South	18-02 1/2
2003	Sarah Bowling	Monett	18-04	2003	Kaela Rorvig	Hickman	18-08
2004	Megan Fisher	Harrisonville	16-10 1/2	2004	Chantae McMillan	Rolla	18-11
2005	Natalie Stump	St. Pius (KC)	17-07 3/4	2005	Chantae McMillan	Rolla	19-05 1/2
2006	McKenzie Rhea	Webb City	17-05 1/4	2006	Leandra McGruder	Jefferson City	18-10 1/4
2007	Katy Roweton	Bolivar	17-03 3/4	2007	Shawnte' Middlebrook	Lee's Summit West	18-07
2008	Arteshia Williams	Ruskin	18-02	2008	Jade Nalls	Raytown South	18-06 1/2
2009	Jordan Stiens	Maryville	18-09 1/4	2009	Erin Alewine	Jefferson City	18-01 3/4

**MSHSAA Girls State Meet Event Champions 1978-2009**  
**Triple Jump**

				<b>Class A</b>			
				<b>1978</b>	Kathy Wilson	Crystal City	34-01
<b>Class 1A/Class 1</b>				<b>Class 2A/Class 2</b>			
<b>1979</b>	Tina Gilbert	Northwestern	35-06	<b>1979</b>	Malissa McFerren	Cassville	34-08 3/4
<b>1980</b>	Tina Gilbert	Northwestern	36-04	<b>1980</b>	Liz Bush	Fayette	35-06
<b>1981</b>	Sally Spillman	Gallatin	34-09 1/2	<b>1981</b>	Liz Bush	Fayette	35-08 1/2
<b>1982</b>	Vicki Stoll	Stanberry	35-11	<b>1982</b>	Lisa Ellis	Elsberry	37-01 1/2
<b>1983</b>	Vicki Stoll	Stanberry	34-06 3/4	<b>1983</b>	Lisa Ellis	Elsberry	37-11
<b>1984</b>	Shannon Jones	Appleton City	36-02 1/2	<b>1984</b>	Lisa Ellis	Elsberry	36-09 3/4
<b>1985</b>	Shelly Powell	Brunswick	35-05 1/2	<b>1985</b>	Tina May	Plattsburg	36-02
<b>1986</b>	Shelly Powell	Brunswick	35-02 1/2	<b>1986</b>	Roslyn Lewis	Salisbury	35-05
<b>1987</b>	Shelly Powell	Brunswick	37-04 1/4	<b>1987</b>	Roslyn Lewis	Salisbury	36-01 1/2
<b>1988</b>	Yvette Buhlig	Santa Fe	35-06	<b>1988</b>	Cassie Bryant	Dixon	37-07 3/4
<b>1989</b>	Jenny Nail	Orrick	33-11 3/4	<b>1989</b>	Cassie Bryant	Dixon	37-04 3/4
<b>1990</b>	Jenny Nail	Orrick	33-11 3/4	<b>1990</b>	Cassie Bryant	Dixon	36-06
<b>1991</b>	Marla Brown	Appleton City	34-11 1/2	<b>1991</b>	Melissa Clark	Smithville	36-03 1/4
<b>1992</b>	Jenny Nail	Orrick	35-07 1/4	<b>1992</b>	Paige Bixler	Tipton	33-08 1/2
<b>1993</b>	Angel Hunsaker	North Andrew	37-04 1/2	<b>1993</b>	Paige Bixler	Tipton	35-10 1/4
<b>1994</b>	Angel Hunsaker	North Andrew	36-00 3/4	<b>1994</b>	Cindy Critten	Gallatin	36-11
<b>1995</b>	Cindy Critten	Gallatin	36-04 3/4	<b>1995</b>	Jessica Field	Hermann	36-07 1/2
<b>1996</b>	Cindy Critten	Gallatin	36-10 1/2	<b>1996</b>	Abby Rollert	Smithville	36-09 1/4
<b>1997</b>	Merideth Neal	KC Lutheran	35-00 3/4	<b>1997</b>	Michelle Williams	Monroe City	36-06
<b>1998</b>	Amy Davis	King City	37-07	<b>1998</b>	Shonna Sherrell	Dixon	36-09
<b>1999</b>	Merideth Neal	KC Lutheran	35-02 3/4	<b>1999</b>	Shonna Sherrell	Dixon	36-03 1/4
<b>2000</b>	Kim Armbruster	Valle	34-03 1/2	<b>2000</b>	Angelika Servo	West Platte	36-07 3/4
<b>2001</b>	Rachel Stevens	Albany	34-07 1/4	<b>2001</b>	Phabienne Parker	Whitfield	37-09 3/4
<b>2002</b>	Rachel Stevens	Albany	35-01 1/4w	<b>2002</b>	Kenya Fuemmeler	Salisbury	36-08w
<b>2003</b>	Ashley Rinehart	Ridgeway	35-05	<b>2003</b>	Cassie Robey	Monroe City	35-03
<b>2004</b>	Ashley Rinehart	Ridgeway	35-06	<b>2004</b>	Lisa Clark	Lutheran (SC)	36-00 1/2
<b>2005</b>	Katie Sargent	Meadville	33-10 1/2	<b>2005</b>	Jelessa Stafford	Lexington	36-02 1/4
<b>2006</b>	Kaci Sargent	Meadville	34-11 1/2	<b>2006</b>	Courtney Shuman	Clark Co.	37-03
<b>2007</b>	Kalie Hogan	Norborne	34-02 1/4	<b>2007</b>	Courtney Shuman	Clark Co.	37-11 1/4
<b>2008</b>	Kaci Sargent	Meadville	35-08 1/4w	<b>2008</b>	Anessa Alexander	Strafford	35-10
<b>2009</b>	Kallie Schoonover	Mound City	35-03	<b>2009</b>	Amber White	Cuba	35-04

# MSHSAA Girls State Meet Event Champions 1978-2009

## Triple Jump

				Class AA			
				<b>1978</b>	Francis Harrison	Waynesville	37-11
Class 3A/Class 3				Class 4A/Class 4			
<b>1979</b>	Frances Harrison	Waynesville	36-09	<b>1979</b>	Tina Jones	KC Southwest	37-03
<b>1980</b>	Kim Rafferty	Warrensburg	36-08	<b>1980</b>	Schreece Daniels	Beaumont	37-02 1/2
<b>1981</b>	Angela Douglas	Macon	36-05 1/2	<b>1981</b>	Iris Walker	Waynesville	38-08
<b>1982</b>	Maryann Hamm	Camdenton	36-01 1/4	<b>1982</b>	Donna Ellerson	Hazelwood East	37-10 1/2
<b>1983</b>	Patricia Bagby	Aurora	37-03 1/4	<b>1983</b>	Shirlie Gibson	Beaumont	38-05
<b>1984</b>	Shernell Pinkston	Waynesville	37-01	<b>1984</b>	Trina Osborne	Springfield Central	37-05 1/4
<b>1985</b>	Melinda Burnett	Monett	36-10 1/4	<b>1985</b>	Adonica Williams	Sumner	38-01 1/2
<b>1986</b>	Julie Geiger	Boonville	36-08 1/2	<b>1986</b>	Sherri Hines	St. Joe Central	38-04 1/2
<b>1987</b>	Julie Geiger	Boonville	38-03	<b>1987</b>	Angie Balducci	Wentzville	37-05 1/4
<b>1988</b>	Missy Haley	Festus	38-00 3/4	<b>1988</b>	Charmen Jackson	Lafayette	37-11 1/4
<b>1989</b>	Dionne Lamarque	Union	36-01 1/2	<b>1989</b>	Candice Coleman	Jefferson City	36-11 1/2
<b>1990</b>	Tracie Driver	Caruthersville	36-07	<b>1990</b>	Kayla Booker	Riverview Gardens	38-06 3/4
<b>1991</b>	Carla Kissee	Clinton	36-01	<b>1991</b>	Kayla Booker	Riverview Gardens	38-06 1/2
<b>1992</b>	Pam Cummings	Ray-Pec	38-03 1/4	<b>1992</b>	Dawn Larry	Jefferson City	36-09 1/4
<b>1993</b>	Pam Cummings	Ray-Pec	40-01	<b>1993</b>	Deirdre Fortman	Park Hill	38-08
<b>1994</b>	Lisa Davies	Oak Grove	38-07	<b>1994</b>	Deirdre Fortman	Park Hill	39-03 1/2
<b>1995</b>	Stoutweeda Larry	Caruthersville	36-00 3/4	<b>1995</b>	Deirdre Fortman	Park Hill	40-09 1/4
<b>1996</b>	Lauren Ivey	Marshfield	36-07	<b>1996</b>	Lindsey Miller	Lee's Summit	38-02 3/4
<b>1997</b>	Becca Perry	MICDS	36-01	<b>1997</b>	Abbe Ohneck	Rock Bridge	37-10
<b>1998</b>	Becca Perry	MICDS	37-05 3/4	<b>1998</b>	Abbe Ohneck	Rock Bridge	38-04 1/2
<b>1999</b>	Sarah Long	O'Hara	38-01 1/2	<b>1999</b>	Lakeshia Finch	Rockwood Summit	38-07 1/2
<b>2000</b>	Lucretia Rimmer	Ruskin	36-04 1/2	<b>2000</b>	Eziamaka Okafor	Rolla	37-10 1/2
<b>2001</b>	Lucretia Rimmer	Ruskin	36-08 1/2	<b>2001</b>	Eziamaka Okafor	Rolla	39-02 1/2w
<b>2002</b>	Lucretia Rimmer	Ruskin	38-00 3/4	<b>2002</b>	Eziamaka Okafor	Rolla	39-05 3/4
<b>2003</b>	Sarah Bowling	Monett	36-10 3/4	<b>2003</b>	Leandra McGruder	Jefferson City	38-02 1/4
<b>2004</b>	Christen Lauer	Lutheran South	36-08	<b>2004</b>	Kathryn Coleman	Gateway Tech	40-03 1/4
<b>2005</b>	Natalie Stump	St. Pius (KC)	37-07 1/4	<b>2005</b>	Leandra McGruder	Jefferson City	39-07
<b>2006</b>	Danielle Oliver	Ladue	37-03 1/2	<b>2006</b>	Leandra McGruder	Jefferson City	39-09 3/4
<b>2007</b>	Kelly Reardon	Notre Dame (KC)	37-02 1/2	<b>2007</b>	Katy Thomas	Park Hill South	38-00 3/4
<b>2008</b>	Ashane Johnson	Moberly	37-06 1/2	<b>2008</b>	Jade Nalls	Raytown South	39-03 1/2w
<b>2009</b>	Jalexis Peterson	Lincoln (KC)	38-11w	<b>2009</b>	Morgan Reid	North Kansas City	39-00w

## MSHSAA Girls State Meet Event Champions 1975-2009

### High Jump

				Class A			
				1976	Linda Lacy	Lathrop	5-01
				1977	Flo Renner	Greenwood	5-02
				1978	Melissa McFerrin	Cassville	5-02
Class 1A/Class 1				Class 2A/Class 2			
1979	Flo Renner	Greenwood	5-04	1979	Tracie Broughton	Butler	5-03
1980	Tina Gilbert	Northwestern	5-02 1/2	1980	Alberta Thomas	Hayti	5-03 1/2
1981	Janis Borgman	Wellington-Napoleon	5-03	1981	Peggy Pierson	Stockton	5-04
1982	Carey McGinnis	Jasper	5-03	1982	Liz Greenstreet	Sherwood	5-02
1983	Carey McGinnis	Jasper	5-01	1983	Liz Bush	Fayette	5-03
1984	Shannon Jones	Appleton City	5-02	1984	Chris Frey	Diamond	5-03
1985	Carol Pearman	Cass Midway	5-00	1985	Julie Sandfort	Osage	5-02
1986	Kristen Grimes	Linn Co.	5-01	1986	Stacey Primus	North Calloway	5-03
1987	Beth Flanary	Archie	5-00	1987	Brit Dunkman	Orchard Farm	5-03
1988	Beth Flanary	Archie	5-02	1988	Connie Teaberry	Lutheran North	5-05
1989	Keri Rounkles	Tina-Avalon	4-11	1989	Eby Hardman	Lamar	5-03
1990	Erin Burns	Wellington-Napoleon	5-01	1990	Tracey Barney	Grain Valley	5-03
1991	Elaina Crow	Orrick	5-03	1991	Stephanie Thompson	Higginsville	5-04
1992	Elaina Crow	Orrick	5-04 1/4	1992	Nicki Webber	Scotland Co.	5-04
1993	Erin Burns	Wellington-Napoleon	5-07	1993	Jessica Hartman	Springfield Catholic	5-06
1994	Jill Stanley	Princeton	5-05	1994	Kelli Newkirk	Warsaw	5-05
1995	Cindy Critten	Gallatin	5-05	1995	Allison Krumme	Mid Buchanan	5-06
1996	Jill Stanley	Princeton	5-04	1996	DeShaci Barrickman	Spokane	5-07
1997	Jill Stanley	Princeton	5-03	1997	Jana Tillman	Lutheran North	5-07 1/2
1998	Anne Powell	Princeton	5-06	1998	Jana Tillman	Lutheran North	5-05
1999	Anne Powell	Princeton	5-02	1999	Bregan Hubbard	Pembroke	5-02
2000	Anne Powell	Princeton	5-01	2000	Crystal Manning	Spokane	5-02
2001	Darci Castillo	West Nodaway	5-00	2001	Amy Gilbert	Marionville	5-02
2002	Kara Page	Braymer	5-02	2002	Amy Gilbert	Marionville	5-02
2003	Tierney Eaton	Worth Co.	5-06	2003	Katie Fowler	Putnam Co.	5-03
2004	Jamie Webster	Mound City	5-03	2004	Katie Fowler	Putnam Co.	5-03
2005	Tierney Eaton	Worth Co.	5-04	2005	Sydney Winslow	Lexington	5-05
2006	Kala Fields	Hardin-Central	5-03	2006	Lisa Vengels	Dixon	5-05
2007	Hannah Barker	Winston	5-03	2007	Cara Harbstreet	Sherwood	5-06
2008	Laura Graybill	Rock Port	5-00	2008	Lindsay Vollmer	Hamilton	5-04
2009	Jessica Redd	Marion Co.	5-02	2009	Lindsay Vollmer	Hamilton	5-07

# MSHSAA Girls State Meet Event Champions 1975-2009

## High Jump

				<b>Open</b>			
				<b>1975</b>	Mary Kunkel	Cleveland	5-04
				<b>Class AA</b>			
				<b>1976</b>	Theresa Rankin	Mexico	5-04
				<b>1977</b>	Shawn Corwin	North Kansas City	5-06
				<b>1978</b>	Karen Davis	Francis Howell	5-06
<b>Class 3A/Class 3</b>				<b>Class 4A/Class 4</b>			
<b>1979</b>	Mary Nan Chapman	Chillicothe	5-06	<b>1979</b>	Karen Davis	Francis Howell	5-06
<b>1980</b>	Susan Giudicy	Herculaneum	5-04	<b>1980</b>	Jan Hawk	Oak Park	5-06 1/4
<b>1981</b>	Mary Nan Chapman	Chillicothe	5-06 1/2	<b>1981</b>	Cathy Hardin	Eureka	5-05
<b>1982</b>	Suzanne Nyander	McDonald Co.	5-06	<b>1982</b>	Donna Ellerson	Hazelwood East	5-07
<b>1983</b>	Suzanne Nyander	McDonald Co.	5-07 1/4	<b>1983</b>	Donna Ellerson	Hazelwood East	5-07 1/2
<b>1984</b>	Jan Lenox	Duchense	5-05	<b>1984</b>	Latonya Tatum	William Chrisman	5-08
<b>1985</b>	Angela Beckett	Monett	5-06	<b>1985</b>	LaTonya Tatum	William Chrisman	5-07
<b>1986</b>	Angela Beckett	Monett	5-07 1/4	<b>1986</b>	Angela James	Cape Central	5-03
<b>1987</b>	Angela Beckett	Monett	5-06	<b>1987</b>	Stacy Roberts	Rock Bridge	5-06
<b>1988</b>	Diane Cummings	Ray-Pec	5-05	<b>1988</b>	Deanna Clemment	St. Joe Central	5-05
<b>1989</b>	Karrie Penner	Mountain Grove	5-04	<b>1989</b>	Carrie Fletcher	Lafayette	5-06
<b>1990</b>	Diane Cummings	Ray-Pec	5-05	<b>1990</b>	Keely Harding	Carthage	5-06
<b>1991</b>	Leslie White	Chillicothe	5-07	<b>1991</b>	Tina Collins	Sikeston	5-04
<b>1992</b>	Leslie White	Chillicothe	5-04	<b>1992</b>	Kelly McNett	Truman	5-05
<b>1993</b>	Lisa Davies	Oak Grove	5-06	<b>1993</b>	Heather Fisher	Jefferson City	5-07
<b>1994</b>	Candy Mason	Nevada	5-06	<b>1994</b>	Amy Duncan	Hickman	5-05
<b>1995</b>	Lisa McKay	North County	5-03	<b>1995</b>	Michelle Moran	Lafayette	5-04
<b>1996</b>	Jennifer Monnig	Helias	5-04	<b>1996</b>	Michelle Moran	Lafayette	5-07
<b>1997</b>	Kelli Jane Newkirk	Warsaw	5-05	<b>1997</b>	Michelle Moran	Lafayette	5-04
<b>1998</b>	Dena Moore	Pacific	5-04	<b>1998</b>	Abbe Ohneck	Rock Bridge	5-06
<b>1999</b>	Valarie Summa	Smithville	5-07	<b>1999</b>	Jennifer Drum	Smith-Cotton	5-07
<b>2000</b>	Valarie Summa	Smithville	5-07 1/2	<b>2000</b>	Jennifer Drum	Smith-Cotton	5-09
<b>2001</b>	Esther Hopkins	Logan-Rogersville	5-04	<b>2001</b>	Alicia Cannady	McCluer North	5-08
<b>2002</b>	Chanell Charapata	Notre Dame (KC)	5-06	<b>2002</b>	Alicia Cannady	McCluer North	5-06
<b>2003</b>	Jodi Donovan	St. Joe Benton	5-06	<b>2003</b>	Courtney Huber	Fort Zumwalt West	5-04
<b>2004</b>	Haley Morrissey	Macon	5-06	<b>2004</b>	Funtasia Clark	Jefferson City	5-06
<b>2005</b>	Amanda Albrecht	Herculaneum	5-06	<b>2005</b>	Funtasia Clark	Jefferson City	5-07 1/4
<b>2006</b>	Brittany Borman	Festus	5-04	<b>2006</b>	Sydney Winslow	Farmington	5-08
<b>2007</b>	Emily Duschen	Notre Dame (KC)	5-05	<b>2007</b>	Ashley Taylor	Oak Park	5-07
<b>2008</b>	Morgan Whitson	Moberly	5-04	<b>2008</b>	Mirjam Albrecht	Oak Park	5-05
<b>2009</b>	Briana Isom-Brummer	Villa Duchesne	5-07	<b>2009</b>	Kim Nagy	Oakville	5-05.

# MSHSAA Girls State Meet Event Champions 1999-2009

## Pole Vault

Class 1A/Class 1				Class 2A/Class 2			
1999	Cathy Otte	Valle	8-03	1999	Kim Wegner	Springfield Catholic	9-03
2000	Cathy Otte	Valle	9-00	2000	Jennifer Bennett	Southern Boone Co.	9-06
2001	Katrina Schapeler	Rich Hill	9-03	2001	Stephanie Miller	Pierce City	10-03
2002	Katrina Schapeler	Rich Hill	8-09	2002	Erin Carver	Cass Midway	9-06
2003	Erin Carver	Cass Midway	10-03	2003	Erin Shryock	North Calloway	10-09
2004	Katrina Schapeler	Rich Hill	9-06	2004	Stephanie Miller	Pierce City	9-09
2005	Katie Smith	Liberal	9-03	2005	Cara Grinde	Monroe City	10-03
2006	Katie Doerhoff	St. Elizabeth	9-00	2006	Cara Grinde	Monroe City	11-00
2007	Katie Doerhoff	St. Elizabeth	9-09	2007	Shelby Franklin	Monroe City	12-00
2008	Vanessa Langford	Bronaugh	9-09	2008	Shelby Franklin	Monroe City	11-06
2009	Jessica Borey	Worth Co.	10-04	2009	Shelby Franklin	Monroe City	11-00
Class 3A/Class 3				Class 4A/Class 4			
1999	Laura Heiman	MICDS	10-00	1999	Lindsey Bourne	Joplin	10-09
2000	Natalee Allen	Excelsior Springs	10-09	2000	Lindsey Bourne	Joplin	12-00
2001	Natalee Allen	Excelsior Springs	11-06	2001	Christina Gilpin	Jefferson City	11-04
2002	Anna Koons	Warrensburg	11-00	2002	Susan Stroud	Farmington	11-09
2003	Natalee Allen	Excelsior Springs	11-03	2003	Vera Neuenswander	Jefferson City	11-00
2004	Andrea Fuhrer	Mexico	10-06	2004	Heather Wohlleber	Lee's Summit	10-09
2005	Tara Diebold	Branson	11-09	2005	Vera Neuenswander	Jefferson City	11-08
2006	Tara Diebold	Branson	12-04	2006	Vera Neuenswander	Jefferson City	12-01
2007	Tara Diebold	Branson	12-05	2007	Breanna Bussel	Jefferson City	11-09
2008	Michelle Lange	Ladue	11-06	2008	Bethany Buell	Rockwood Summit	11-09
2009	Molly Barnes	Farmington	11-03	2009	Bethany Buell	Rockwood Summit	12-02

**MSHSAA Girls State Meet Event Champions 1975-1977  
Softball Throw**

					<b>Open</b>		
				<b>1975</b>	Cindy Wilson	Kickapoo	202-06
	<b>Class A</b>				<b>Class AA</b>		
<b>1976</b>	Patty Rakers	Montgomery Co.	222-01	<b>1976</b>	Valeria Brown	Clinton	204-10
<b>1977</b>	Judy Vaughn	North Callaway	216-05	<b>1977</b>	Becky Bollinger	Jackson	202-09