

MSHSAA Girls State Meet Event Champions 1975-2009

100 Yards

				Class A			
				1976	Jenny Talbot	Elsberry	11.8
				1977	Jenny Talbot	Elsberry	11.37
				1978	Nancy Witte	Knox Co.	12.12
Class 1A/Class 1		Class 2A/Class 2					
1979	Sherri Stell	Barstow	11.93	1979	Nancy Witte	Knox Co.	11.70

100 Meters

1980	Sherri Stell	Barstow	12.72	1980	Nancy Witte	Knox Co.	12.43
1981	Sherri Stell	Barstow	12.9h	1981	Lisa Noll	Salisbury	12.5h
1982	Vicki Stoll	Stanberry	12.69	1982	Carmen Gordon	Lexington	12.18
1983	Vicki Stoll	Stanberry	13.09	1983	Sandy Cummings	Smithville	12.85
1984	Vicki Stoll	Stanberry	12.77	1984	Neisha Livengood	Elsberry	13.19
1985	Dana Dawson	West Nodaway	13.08	1985	Sandy Cummings	Smithville	12.47
1986	Stacey Fritts	Miami	12.60	1986	Donna Askew	Health Careers	12.71
1987	Heather Jones	Albany	12.58	1987	Angie Lalumondier	Crystal City	12.92
1988	Heather Jones	Albany	12.27	1988	Angie Lalumondier	Crystal City	12.19
1989	Tammie Anderson	Clopton	12.96	1989	Chastity Young	Holden	12.85
1990	Jenny Nail	Orrick	12.87	1990	Carmen Keller	Maplewood-Rich.Hts.	12.45
1991	Jenny Nail	Orrick	12.90	1991	LaJon Johnson	Higginsville	12.78
1992	Jenny Nail	Orrick	12.60	1992	Carmen Keller	Maplewood-Rich.Hts.	12.64
1993	Angel Hunsaker	North Andrew	12.70	1993	Brandy Haan	Maysville	12.13
1994	Angel Hunsaker	North Andrew	12.65	1994	Tina Reed	Adrian	12.69
1995	Jamie Kempfe	Santa Fe	12.89	1995	Jill Aholt	Linn	12.62
1996	April House	North Andrew	12.62	1996	Jill Aholt	Linn	12.33
1997	April House	North Andrew	12.75	1997	Shamica Buckley	Lutheran North	12.49
1998	April House	North Andrew	12.52	1998	Monica Joannes	Blair Oaks	12.55
1999	Renae Miller	Worth Co.	12.85	1999	Gaisha Gray	Berkeley	12.32w
2000	Renae Miller	Worth Co.	12.68	2000	Blaine Baker	Southern Boone Co.	12.78
2001	Renae Miller	Worth Co.	13.22	2001	Blaine Baker	Southern Boone Co.	12.86
2002	Kelsey Willis	North Andrew	13.11	2002	Kimberly Prather	Lutheran North	12.91
2003	Shelley Seider	Rich Hill	12.93	2003	Sheena Johnson	Career Academy (SL)	12.69
2004	Shelley Seider	Rich Hill	12.72	2004	Tyfani Hulse	Monroe City	12.76
2005	Kelly McKay	Liberal	12.78	2005	Tyfani Hulse	Monroe City	12.48
2006	Chetara Watkins	MSD	12.87	2006	Josie McCracken	Highland	12.80
2007	Chetara Watkins	MSD	12.70	2007	Jasmin Hughes	Hartville	12.23
2008	Chetara Watkins	MSD	12.54	2008	Precious Selmon	Crystal City	12.43
2009	Alexa Taff	St. Joe Christian	13.17	2009	Precious Selmon	Crystal City	12.15

MSHSAA Girls State Meet Event Champions 1975-2009

100 Yards

				Open			
				1975	Rosalyn Love	Sumner	11.5
				Class AA			
				1976	Karen Hawkins	Sumner	10.9
				1977	Jennie Gorham	North Kansas City	10.90
				1978	Rosalyn Love	Sumner	11.84
Class 3A/Class 3				Class 4A/Class 4			
1979	Danita Humphrey	Marshall	11.35	1979	Debra Martin	Sumner	10.99

100 Meters

1980	Danita Humphrey	Marshall	12.16	1980	Debra Martin	Sumner	11.82
1981	Carmen Gordon	Lexington	11.66w	1981	Angie Thacker	Roosevelt	11.78
1982	Sherri Lee	Fulton	12.64	1982	Angie Thacker	Roosevelt	12.16
1983	Lisa Stengel	Lutheran South	12.57	1983	Lorinda Richardson	Hickman	12.23
1984	Kim Jefferson	Kennett	12.29	1984	Tamika Foster	Hazelwood East	12.07
1985	Vicki Word	New Madrid CC	12.06	1985	Kim Edwards	Van Horn	11.80
1986	Shundrek Smith	Lincoln (KC)	12.11	1986	Mia Staten	Jackson	12.17
1987	Traci Harrison	Hogan	12.41	1987	Kim Edwards	Van Horn	12.02
1988	Phynice Kelley	Hogan	12.14	1988	Charmaine Forest	Park Hill	11.97
1989	Louise Johnson	New Madrid CC	12.43	1989	Melanna Gray	North Kansas City	11.96
1990	Tracie Driver	Caruthersville	12.43	1990	Melanna Gray	North Kansas City	11.97
1991	Phynice Kelley	Center	12.18	1991	Dawn Williams	KC Central	12.47
1992	Denise Hill	Lincoln (KC)	12.66	1992	Nika Smith	Wentzville	12.22
1993	Zandrea Wilson	Berkeley	12.48	1993	Joy Walker	McCluer	12.4h
1994	Elissa Adaway	Kennett	12.28	1994	Dorothy Myers	Kirkwood	12.16
1995	Meosha Jordan	Berkeley	12.2h	1995	Erika Olson	Parkway North	12.2h
1996	Tamra Montgomery	KC East	12.34	1996	Kenosha Wilson	Webster Groves	12.31
1997	Amanda Scullark	Center	12.62	1997	Muna Lee	KC Central	12.49
1998	Amanda Scullark	Center	12.29	1998	Muna Lee	KC Central	12.03
1999	Amanda Scullark	Center	12.35	1999	Muna Lee	KC Central	11.81
2000	Shaneatra Neely	Hickman Mills	12.12	2000	Muna Lee	KC Central	11.54
2001	Kim Martin	Jennings	12.45	2001	Dena Lewis	Parkway Central	12.06
2002	Rose Fulton	North County	12.0h	2002	Kyra Sullivan	Gateway Tech	11.8h
2003	Ciara Jones	Soldan	12.50	2003	Kyra Sullivan	Gateway Tech	12.19
2004	Ciara Jones	Soldan	11.88	2004	Kyra Sullivan	Gateway Tech	11.89
2005	Alishea Usery	McCluer S.-Berkeley	11.79	2005	Shelinda Brackett	Riverview Gardens	11.95
2006	Alishea Usery	McCluer S.-Berkeley	11.73	2006	Danielle Parrish	Hazelwood Central	12.10
2007	Alishea Usery	McCluer S.-Berkeley	11.69	2007	Alexis Bates	St. Joe Central	11.92
2008	Alishea Usery	McCluer S.-Berkeley	11.78	2008	Ekate Lymon	Waynesville	12.61
2009	Lauren Hollingsworth	Villa Duchesne	11.75w	2009	Olivia Lewis	Gateway Tech	11.75w

MSHSAA Girls State Meet Event Champions 1975-2009
220 Yards

				Class A			
				1976	Betty Hustead	Marceline	26.3
				1977	Nancy Witte	Knox Co.	26.23
				1978	Nancy Witte	Knox Co.	28.10
Class 1A/Class 1				Class 2A/Class 2			
1979	Sherri Stell	Barstow	26.29	1979	Nancy Witte	Knox Co.	25.79

200 Meters

1980	Sherri Stell	Barstow	25.83	1980	Nancy Witte	Knox Co.	25.63
1981	Sherri Stell	Barstow	26.4h	1981	Kathy Bogan	Hayti	26.2h
1982	Vicki Stoll	Stanberry	26.22	1982	Ameka Hannon	Lexington	25.49
1983	Jennifer Atkinson	Archie	26.53	1983	Sandy Cummings	Smithville	25.75
1984	Gina Drummond	Glasgow	25.82	1984	Joyce Swofford	Maysville	26.70
1985	Jennifer Atkinson	Archie	26.36	1985	Sandy Cummings	Smithville	25.07
1986	Stacey Fritts	Miami	25.40	1986	Angie Lalumondier	Crystal City	25.94
1987	Heather Jones	Albany	25.42	1987	Angie Lalumondier	Crystal City	25.99
1988	Heather Jones	Albany	25.34	1988	Angie Lalumondier	Crystal City	25.11
1989	Tammie Anderson	Clopton	26.29	1989	Chastity Young	Holden	26.17
1990	Tammie Anderson	Clopton	26.57	1990	Gretchen Dickkut	Rock Port	26.11
1991	Gretchen Dickkut	Rock Port	26.18	1991	Shawnda Owens	Miller	26.10
1992	Jenny Nail	Orrick	26.29	1992	Carmen Keller	Maplewood-Rich.Hts.	26.28
1993	Angel Hunsaker	North Andrew	26.20	1993	Brandy Haan	Maysville	25.66
1994	Angel Hunsaker	North Andrew	26.65	1994	Tina Reed	Adrian	25.98
1995	Jamie Kempfe	Santa Fe	26.83	1995	Jill Aholt	Linn	26.14
1996	April House	North Andrew	26.41	1996	Jill Aholt	Linn	25.98
1997	April House	North Andrew	26.1h	1997	Gaisha Gray	Berkeley	25.76
1998	April House	North Andrew	25.95	1998	Jennifer Gardner	Cardinal Ritter	25.38
1999	Rena Miller	Worth Co.	26.40	1999	Gaisha Gray	Berkeley	25.25
2000	Rena Miller	Worth Co.	26.30	2000	Anisha Lewis	Berkeley	26.50
2001	Laura Brandt	New Haven	26.09	2001	Blaine Baker	Southern Boone Co.	26.36
2002	Laura Brandt	New Haven	26.71	2002	Beth Eiken	Blair Oaks	26.32
2003	Shelley Seider	Rich Hill	26.40	2003	Tristan Teague	Berkeley	26.50
2004	Sileen Kammer	Stanberry	25.38	2004	Tristan Teague	Berkeley	25.76
2005	Kelly McKay	Liberal	26.12	2005	Tyfani Hulse	Monroe City	25.62
2006	Chetara Watkins	MSD	26.03	2006	Josie McCracken	Highland	25.50
2007	Chetara Watkins	MSD	25.95	2007	Jasmin Hughes	Hartville	25.22
2008	Chetara Watkins	MSD	25.83	2008	Londyn Backfish	Kelly	25.41
2009	Alexa Taff	St. Joe Christian	26.98	2009	Jasmin Hughes	Hartville	25.21

MSHSAA Girls State Meet Event Champions 1975-2009

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				Open				
				1975	Linda Kaufman	Center	25.3	
				Class AA				
				1976	Nancy Jones	Lebanon	25.8	
				1977	Jennie Gorham	North Kansas City	24.98	
				1978	Jennie Gorham	North Kansas City	25.06	
Class 3A/Class 3							Class 4A/Class 4	
1979	Kelly Eubanks	Rock Bridge	26.06	1979	Debra Martin	Sumner	24.52	

200 Meters

1980	Danita Humphrey	Marshall	25.10	1980	Debra Martin	Sumner	24.40
1981	Lisa Stengel	Lutheran South	25.6h	1981	Angie Thacker	Roosevelt	24.22
1982	Gloria Richmond	Fulton	26.21	1982	Angie Thacker	Roosevelt	24.45
1983	Shernell Pinkston	Waynesville	25.77	1983	Angie Thomas	Riverview Gardens	25.36
1984	Shernell Pinkston	Waynesville	25.48	1984	Angie Thomas	Riverview Gardens	24.74
1985	Vicki Word	New Madrid CC	25.30	1985	Kim Edwards	Van Horn	24.27
1986	Shundrek Smith	Lincoln (KC)	25.00	1986	Felicia Allen	Riverview Gardens	25.22
1987	Louise Johnson	New Madrid CC	25.25	1987	Charmaine Forest	Park Hill	24.74
1988	Louise Johnson	New Madrid CC	25.19	1988	Charmaine Forest	Park Hill	25.19
1989	Phynice Kelley	Hogan	25.71	1989	Melanna Gray	North Kansas City	24.65
1990	Lashundra Davis	Berkeley	25.77	1990	Melanna Gray	North Kansas City	24.70
1991	Phynice Kelley	Center	25.06	1991	Michelle Hitchcock	Carthage	25.51
1992	Wendy Blocker	Berkeley	25.82	1992	Nika Smith	Wentzville	25.25
1993	Zandrea Wilson	Berkeley	25.26	1993	Joy Walker	McCluer	25.25
1994	Tammy Carter	Charleston	25.39	1994	Dorothy Myers	Kirkwood	24.85
1995	Meosha Jordan	Berkeley	25.12	1995	Tiffany Williams	Hazelwood East	25.27
1996	Raina Martin	Boonville	25.17	1996	Miesha Billups	Gateway Tech	25.29
1997	Ashley Wysong	Nevada	25.45	1997	Muna Lee	KC Central	24.52
1998	Heather Nunnely	Mexico	25.22	1998	Muna Lee	KC Central	24.80
1999	Amanda Scullark	Center	25.36	1999	Muna Lee	KC Central	24.14
2000	Shaneatra Neely	Hickman Mills	24.93	2000	Muna Lee	KC Central	23.83
2001	Kim Martin	Jennings	25.17w	2001	Naomi Williams	KC Northeast	24.74w
2002	Rose Fulton	North County	25.2h	2002	Aisha Thomas	Jefferson City	24.6h
2003	Ciara Jones	Soldan	25.18	2003	Aisha Thomas	Jefferson City	24.79
2004	Ciara Jones	Soldan	24.65	2004	Aisha Thomas	Jefferson City	24.27
2005	Alishea Userly	McCluer S.-Berkeley	23.81	2005	Lauren Fisher	Hazelwood Central	24.71
2006	Alishea Userly	McCluer S.-Berkeley	24.00	2006	Nicole Jackson	Cape Central	24.90
2007	Alishea Userly	McCluer S.-Berkeley	23.78	2007	Paris Daniels	Normandy	24.55
2008	Alishea Userly	McCluer S.-Berkeley	24.43	2008	Olivia Lewis	Gateway Tech	24.55
2009	Lauren Hollingsworth	Villa Duchesne	24.07	2009	Olivia Lewis	Gateway Tech	23.97w

MSHSAA Girls State Meet Event Champions 1975-2009
440 Yards

				Class A			
				1976	Melanie Hughes	St. Mary's (Ind)	60.4
				1977	Terrie Pence	Archie	57.78
				1978	Holly Perry	John Burroughs	62.0h
	Class 1A/Class 1				Class 2A/Class 2		
1979	Terri Pence	Archie	59.76	1979	Penny Jennings	Van-Far	59.26

400 Meters

1980	Kathy Grimes	Osborn	61.35	1980	James Scheuler	Osage	59.55
1981	Christy Heldenbrand	Winston	60.1h	1981	Shelly Gudehus	Knox Co.	58.6h
1982	Jennifer Atkinson	Archie	59.47	1982	Cari Jacobson	John Burroughs	59.94
1983	Jennifer Atkinson	Archie	58.41	1983	Sandy Cummings	Smithville	57.28
1984	Jennifer Atkinson	Archie	58.78	1984	Joyce Swofford	Maysville	57.08
1985	Jennifer Atkinson	Archie	58.35	1985	Sandy Cummings	Smithville	57.84
1986	Heather Jones	Albany	56.70	1986	Kelli Toops	Marceline	58.41
1987	Heather Jones	Albany	56.79	1987	Tammie Nichols	Southern Boone Co.	58.65
1988	Heather Jones	Albany	58.09	1988	Teresa Jackson	Monroe City	58.19
1989	Amanda McBee	Hardin-Central	59.38	1989	Gretchen Dickkut	Rock Port	58.99
1990	Leslie Keltner	Greenfield	61.19	1990	Gretchen Dickkut	Rock Port	58.96
1991	Gretchen Dickkut	Rock Port	59.11	1991	Nicki Webber	Scotland Co.	57.30
1992	Gretchen Dickkut	Rock Port	59.96	1992	Nicki Webber	Scotland Co.	57.57
1993	Angel Hunsaker	North Andrew	60.42	1993	Brandy Haan	Maysville	57.11
1994	Julie Reinke	St. Paul's	60.38	1994	Jessica Chandler	Sarcoxie	59.44
1995	Kyli Wright	Mound City	60.02	1995	Jessica Chandler	Sarcoxie	59.24
1996	Jill Stanley	Princeton	59.55	1996	Jana Tillman	Lutheran North	59.87
1997	Erin Place	Albany	59.79	1997	Jana Tillman	Lutheran North	57.77
1998	Kyli Wright	Mound City	60.37	1998	Jennifer Gardner	Cardinal Ritter	57.00
1999	Rena Mackay	KC Lutheran	59.60	1999	Monica Joannes	Blair Oaks	56.61
2000	Rachel Stollings	Osceola	59.41	2000	Kelli Ritter	Monroe City	59.52
2001	Laura Brandt	New Haven	59.32	2001	Annette Parker	Whitfield	57.28
2002	Laura Brandt	New Haven	59.40	2002	Lara Kroeger	Elsberry	57.81
2003	Katie Kohler	Polo	61.46	2003	Lara Kroeger	Elsberry	58.83
2004	Sileen Kammer	Stanberry	58.88	2004	Lara Kroeger	Elsberry	58.61
2005	Kelly McKay	Liberal	59.37	2005	Tanna Prenger	Marceline	58.49
2006	Melissa McGinley	Albany	59.75	2006	Kelly Raffety	Lawson	57.51
2007	Cassie Simpher	Saxony Lutheran	59.80	2007	Tanna Prenger	Marceline	58.57
2008	Kaci Sargent	Meadville	59.76	2008	Stephanie Essner	Scott City	57.38
2009	Sonya Kilongkilong	McAuley	60.78	2009	Stephanie Essner	Scott City	56.73

MSHSAA Girls State Meet Event Champions 1975-2009

440 Yards

				Open		
				1975	Jenny Wrigley	Winnetonka 58.7
				Class AA		
				1976	Anita Utt	Cameron 59.3
				1977	Jennie Gorham	North Kansas City 56.41
				1978	Jennie Gorham	North Kansas City 56.16
Class 3A/Class 3				Class 4A/Class 4		
1979	Frances Harrison	Waynesville	56.49	1979	Chris Linville	Winnetonka 59.08

400 Meters

1980	Angie Rupp	Chillicothe	58.97	1980	Debra Martin	Sumner 55.81
1981	Lisa Cummings	Willard	58.85	1981	Angie Thacker	Roosevelt 55.91
1982	Callie Watson	Berkeley	57.85	1982	Tamika Foster	Hazelwood East 55.79
1983	Turina Jackson	Charleston	56.96	1983	Angie Thomas	Riverview Gardens 56.30
1984	Turina Jackson	Charleston	58.4h	1984	Tamika Foster	Hazelwood East 56.34
1985	Kim Jefferson	Kennett	56.90	1985	Robyn Osborn	Center 55.96
1986	Regina Shouse	Nevada	56.5h	1986	Robyn Osborn	Center 55.77
1987	Louise Johnson	New Madrid CC	55.87	1987	Charmaine Forest	Park Hill 54.85
1988	Louise Johnson	New Madrid CC	56.47	1988	Charmaine Forest	Park Hill 55.55
1989	Renee Elliot	Chillicothe	55.96	1989	Nakeba Thomas	Cape Central 56.47
1990	Renee Elliot	Richmond	57.08	1990	Nakeba Thomas	Cape Central 56.43
1991	Antoinette Gibbs	Lincoln (KC)	58.04	1991	Maggie Lenley	Ruskin 57.82
1992	Sonja Banks	KC Southwest	57.58	1992	Tianna Swinney	Sumner 56.76
1993	Zandrea Wilson	Berkeley	56.08	1993	Tianna Swinney	Sumner 55.36
1994	Tammy Carter	Charleston	57.16	1994	Tianna Swinney	Sumner 56.37
1995	Ashley Wysong	Nevada	57.06	1995	Tiffaney Williams	Hazelwood East 57.15
1996	Ashley Wysong	Nevada	56.75	1996	Jennifer Gardner	Webster Groves 56.29
1997	Ashley Wysong	Nevada	56.08	1997	Tiffaney Williams	Hazelwood East 55.14
1998	Bessy Vestal	Bolivar	58.47	1998	Sheba Clarke	Park Hill 56.00
1999	Kim Brown	Park Hill South	57.44	1999	Sheba Clarke	Park Hill 56.35
2000	Emily Herrell	St. Pius (Festus)	57.55	2000	Naomi Williams	KC Northeast 56.90
2001	Clara Jones	Soldan	58.26	2001	Kim Brown	Park Hill South 56.61
2002	Ciara Jones	Soldan	58.5h	2002	Kaela Rorvig	Hickman 56.5h
2003	Ciara Jones	Soldan	56.27	2003	Kaela Rorvig	Hickman 56.28
2004	Ciara Jones	Soldan	56.65	2004	Lauren Fisher	Hazelwood Central 55.42
2005	Alishea Uesery	McCluer S.-Berkeley	54.22	2005	Lauren Fisher	Hazelwood Central 56.20
2006	Alishea Uesery	McCluer S.-Berkeley	55.94	2006	Orrianna Rackley	Grandview 57.00
2007	Alishea Uesery	McCluer S.-Berkeley	53.55	2007	Paris Daniels	Normandy 56.10
2008	Alishea Uesery	McCluer S.-Berkeley	54.53	2008	Racquell Powell	Raytown South 56.16
2009	Kianna Ruff	McCluer S.-Berkeley	54.98	2009	Olivia Lewis	Gateway Tech 54.95

MSHSAA Girls State Meet Event Champions 1975-2009
880 Yards

				Class A		
				1976	Mandy Renner	Greenwood 2:21.9
				1977	Lauren Woods	John Burroughs 2:23.29
				1978	Mandy Renner	Greenwood 2:29.71
	Class 1A/Class 1				Class 2A/Class 2	
1979	Mandy Renner	Greenwood	2:20.25	1979	Debbie Bode	Nixa 2:21.19

800 Meters

1980	Brenda Duncan	Meadville	2:27.66	1980	Debbie Bode	Nixa 2:20.08
1981	Darla Curp	Polo	2:25.1h	1981	Shelly Gudehus	Knox Co. 2:18.2h
1982	Cindy Summerville	Braymer	2:24.02	1982	Shelly Gudehus	Knox Co. 2:20.85
1983	Cindy Summerville	Braymer	2:25.99	1983	Kristin Fox	Tarkio 2:22.55
1984	Missy Smith	Tarkio	2:20.68	1984	Kellie McHenry	Grain Valley 2:17.87
1985	Denise Jackson	Cass Midway	2:22.34	1985	Joyce Swofford	Maysville 2:16.65
1986	Lisa Stone	Clopton	2:20.90	1986	Julie Katsaras	Brentwood 2:23.32
1987	Holly Miller	King City	2:33.35	1987	Julie Katsaras	Brentwood 2:19.66
1988	Kris Pudenz	Harrisburg	2:24.80	1988	Missy Vermette	North Calloway 2:19.86
1989	Tonya Stiens	Nodaway-Holt	2:24.49	1989	Nicki Webber	Scotland Co. 2:26.9h
1990	Heather Flanary	Nodaway-Holt	2:26.9h	1990	Nicki Webber	Scotland Co. 2:28.9h
1991	Heather Flanary	Nodaway-Holt	2:26.1h	1991	Nicki Webber	Scotland Co. 2:18.41
1992	Julie Wilmes	North Nodaway	2:26.59	1992	Nicki Webber	Scotland Co. 2:21.94
1993	Jennifer Wilmes	North Nodaway	2:29.64	1993	Hilary Bruening	Center for Law 2:15.38
1994	Jennifer Wilmes	North Nodaway	2:22.14	1994	Fawn Warner	Steelville 2:21.22
1995	Molly Harding	Fairfax	2:26.22	1995	Holly Huff	Principia 2:23.32
1996	Mary Duerbeck	Chamois	2:24.52	1996	Natal Wesselschmidt	New Haven 2:24.04
1997	Angela McBride	New Haven	2:23.88	1997	Kalen Hill	Hamilton 2:22.10
1998	Chasity Hank	Wellsville-Middletown	2:23.83	1998	Ashley McLeod	Hermann 2:20.30
1999	Rachel Stollings	Osceola	2:23.80	1999	Kathleen Woolsey	John Burroughs 2:23.47
2000	Rachel Stollings	Osceola	2:23.06	2000	Kathleen Woolsey	John Burroughs 2:19.00
2001	Rachel Stollings	Osceola	2:24.13	2001	Kathleen Woolsey	John Burroughs 2:18.86
2002	Amanda Gray	Rock Port	2:27.16	2002	Amber Warren	Lutheran (St. Peters) 2:21.71
2003	Nikki Skaggs	Chamois	2:20.92	2003	Amber Warren	Lutheran (St. Peters) 2:19.49
2004	Vanessa Lee	Cass Midway	2:21.01	2004	Jessica Nichols	Louisiana 2:22.38
2005	Amanda Gray	Rock Port	2:22.06	2005	Kristin Austin	Southern Boone Co. 2:19.37
2006	Taylor Rivera	Miller	2:24.95	2006	Kelly Raffety	Lawson 2:20.37
2007	Caitlan Masterson	Greenwood	2:23.92	2007	Kelsi Chowning	Mountain View 2:17.05
2008	Taylor Rivera	Miller	2:24.44	2008	Dallis Bailey	Conway 2:19.80
2009	McKenzie Reagan	DeKalb	2:24.41	2009	Dallis Bailey	Conway 2:17.09

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					Open		
				1975	Julie Jennings	Crystal City	2:18.3
					Class AA		
				1976	Dana Hefner	Park Hill	2:21.5
				1977	Mary Kunkel	Cleveland	2:21.82
				1978	Linda Smith	Lindbergh	2:21.95
	Class 3A/Class 3				Class 4A/Class 4		
1979	Tonya Twillman	Marshall	2:20.52	1979	Cathy Corpeny	KC Southwest	2:18.42

800 Meters

1980	Sheila Potts	Cameron	2:19.87	1980	Cyd Thomas	Pattonville	2:16.0h
1981	Sheila Potts	Cameron	2:17.12	1981	Melissa Wilson	Hickman	2:15.28
1982	Mary Gray	Clinton	2:20.59	1982	Cathy Taylor	McCluer North	2:13.39
1983	Michelle Jeude	Herculaneum	2:18.37	1983	Jennella Torrence	SL Central	2:13.16
1984	Susan Dixon	Warrensburg	2:18.52	1984	Elizabeth White	Francis Howell	2:16.12
1985	Jenny Faunce	Kearney	2:16.48	1985	Vonda Hammons	Jefferson City	2:10.15
1986	Angela Beckett	Monett	2:18.79	1986	Val Sauer	Rolla	2:12.86
1987	Bonji Beard	Clayton	2:16.59	1987	Val Sauer	Rolla	2:10.89
1988	Sharonda Watts	Berkeley	2:17.56	1988	Janel Humphreys	Parkway South	2:12.85
1989	Brenda Hayes	Branson	2:18.36	1989	Janel Humphreys	Parkway South	2:14.29
1990	Shannon Parker	St. James	2:21.13	1990	Ann Heffner	Hazelwood Central	2:13.08
1991	Candy Mason	Nevada	2:21.30	1991	Ann Heffner	Hazelwood Central	2:18.05
1992	Erica Bell	St. Francis Borgia	2:18.71	1992	Ann Heffner	Hazelwood Central	2:09.78
1993	Gwen Williams	Principia	2:15.67	1993	Kim Gardner	Webster Groves	2:11.23
1994	Kristen Allen	Fulton	2:19.18	1994	Erin Windler	Blue Springs South	2:17.72
1995	Becky Froelker	Owensville	2:18.57	1995	Sunny Gilbert	Marquette	2:17.87
1996	Lindsey Dunagan	MICDS	2:19.07	1996	Amy Wiseman	Lee's Summit	2:14.50
1997	Becky Froelker	Owensville	2:15.73	1997	Cara Cline	Liberty	2:15.42
1998	Becky Froelker	Owensville	2:16.75	1998	Cara Cline	Liberty	2:12.90
1999	Ellie Schwetye	Clayton	2:18.20	1999	Felicia James	Normandy	2:16.91
2000	Elizabeth Robbins	Platte Co.	2:17.13	2000	Juanita Coleman	Gateway Tech	2:13.36
2001	Brandy Hannon	Branson	2:17.90	2001	Juanita Coleman	Gateway Tech	2:13.90
2002	Missy Moody	Smithville	2:18.54	2002	Shannon Leinert	Eureka	2:12.36
2003	Missy Moody	Smithville	2:15.87	2003	Shannon Leinert	Eureka	2:09.88
2004	Amber Parker	Chillicothe	2:16.46	2004	Shannon Leinert	Eureka	2:10.26
2005	Amber Parker	Chillicothe	2:17.01	2005	Meredith Snow	Eureka	2:15.5
2006	Alyssa Allison	Festus	2:15.72	2006	Lauren Borduin	Rock Bridge	2:09.98
2007	Alyssa Allison	Festus	2:16.25	2007	Lauren Borduin	Rock Bridge	2:12.51
2008	Cydney Ross	Villa Duchesne	2:09.88	2008	Lauren Borduin	Rock Bridge	2:12.92
2009	Alyssa Allison	Festus	2:13.93	2009	Samantha Levin	Ladue	2:13.43

MSHSAA Girls State Meet Event Champions 1975-2009

One Mile

				Class A			
				1976	Lisa Hartman	St. Pius (Festus)	5:26.3
				1977	Linda Seale	Windsor (Imperial)	5:19.74
				1978	Mandy Renner	Greenwood	5:37.20
Class 1A/Class 1				Class 2A/Class 2			
1979	Flo Renner	Greenwood	5:22.45	1979	Diane Hirrlinger	South Shelby	5:17.61

1600 Meters

1980	Brenda Duncan	Meadville	5:26.91	1980	Diane Hirrlinger	South Shelby	5:17.21
1981	Darla Curp	Polo	5:10.9h	1981	Shelly Gudehus	Knox Co.	5:08.2h
1982	Darla Curp	Polo	5:19.74	1982	Shelly Gudehus	Knox Co.	5:15.91
1983	Karen Eads	Polo	5:27.78	1983	Joyce Swofford	Maysville	5:16.30
1984	Missy Wyatt	Lone Jack	5:20.16	1984	Joyce Swofford	Maysville	5:12.01
1985	Holly Miller	King City	5:19.8h	1985	Joyce Swofford	Maysville	5:11.21
1986	Lisa Stone	Clopton	5:15.81	1986	Julie Katsaras	Brentwood	5:15.03
1987	Sherry Messner	Archie	5:19.61	1987	Missy Vermette	North Calloway	5:16.36
1988	Sherry Messner	Archie	5:30.00	1988	Missy Vermette	North Calloway	5:16.86
1989	Wendy Spratt	Marion Co.	5:25.10	1989	Tami Micham	South Shelby	5:07.21
1990	Heather Flanary	Nodaway-Holt	5:37.73	1990	Heather Worley	Principia	5:24.43
1991	Amy Arthaud	Lutie	5:21.80	1991	Heather Burroughs	Pembroke Hill	5:12.46
1992	Amy Arthaud	Lutie	5:24.97	1992	Gwen Williams	Principia	5:03.00
1993	Jennifer Wilmes	North Nodaway	5:25.89	1993	Heather Burroughs	Pembroke Hill	5:11.97
1994	Jennifer Wilmes	North Nodaway	5:25.5h	1994	Heather Burroughs	Pembroke Hill	5:07.16
1995	Mary Duerbeck	Chamois	5:28.55	1995	Angela McBride	New Haven	5:19.84
1996	Mary Duerbeck	Chamois	5:22.40	1996	Chaye Mathfield	South Harrison	5:22.47
1997	Angela McBride	New Haven	5:22.89	1997	Ashley McLeod	Hermann	5:15.2h
1998	Chasity Hank	Wellsville-Middletown	5:26.43	1998	Ashley McLeod	Hermann	5:08.21
1999	Sheena Farnan	Drexel	5:27.45	1999	Julie Smith	Willow Springs	5:20.72
2000	Angela Hank	Wellsville-Middletown	5:22.88	2000	Lauren Van Vickle	Bishop LeBlond	5:21.98
2001	Angela Hank	Wellsville-Middletown	5:26.13	2001	Lauren Van Vickle	Bishop LeBlond	5:17.74
2002	Angela Hank	Wellsville-Middletown	5:35.50	2002	Amber Warren	Lutheran (St. Peters)	5:12.57
2003	Vanessa Lee	Cass Midway	5:20.56	2003	Amber Warren	Lutheran (St. Peters)	5:07.92
2004	Vanessa Lee	Cass Midway	5:22.32	2004	Amber Warren	Lutheran (St. Peters)	5:13.77
2005	Amanda Gray	Rock Port	5:15.58	2005	Amber Warren	Lutheran (St. Peters)	5:01.93
2006	Taylor Rivera	Miller	5:24.88	2006	Meagan Hudson	Crystal City	5:05.99
2007	Amy Gangloff	Wellsville-Middletown	5:29.74	2007	Terry Phillips	St. Mary's (Ind)	5:08.51
2008	Taylor Rivera	Miller	5:22.72	2008	Megan Kowalik	Wright City	5:11.95
2009	Olivia Francka	Halfway	5:16.47	2009	Anneke Reed	Principia	5:20.55

MSHSAA Girls State Meet Event Champions 1975-2009

One Mile

				Open			
				1975	Julie Jennings	Crystal City	5:00.7
				Class AA			
				1976	Linda Brown	Parkway North	5:16.6
				1977	Chris Bugnitz	McCluer North	5:11.09
				1978	Kathy Gebhards	William Chrisman	5:19.26
Class 3A/Class 3				Class 4A/Class 4			
1979	Tonya Twillman	Marshall	5:10.44	1979	Amy Johns	Hickman	5:03.01

1600 Meters

1980	Nan Funke	Duchesne	5:09.88	1980	Chris Ridenour	Kirkwood	5:05.50
1981	Vicki Cox	Cameron	5:09.53	1981	Andrea Fischer	Hannibal	4:47.56
1982	Nan Funke	Duchesne	5:17.70	1982	Chris Ridenour	Kirkwood	4:56.91
1983	Lesley Dugan	Herculaneum	4:14.20	1983	Jill Kingsbury	Washington	4:57.66
1984	Kerrie Birk	Duchesne	5:18.78	1984	Stacey Thompson	Soldan	5:11.21
1985	Jenny Faunce	Kearney	5:09.63	1985	Stephani Shockley	Soldan	5:01.20
1986	Angie Pappert	Salem	5:13.18	1986	Stephani Shockley	Soldan	4:58.62
1987	Kelsie Hutchinson	Carl Junction	5:14.75	1987	Megan Thompson	Hazelwood Central	4:57.86
1988	Kelsie Hutchinson	Carl Junction	5:12.80	1988	Megan Thompson	Hazelwood Central	4:49.50
1989	Erica Bell	St. Francis Borgia	5:15.24	1989	Megan Thompson	Hazelwood Central	4:47.53
1990	Jodi Swyers	Festus	5:13.04	1990	Megan Thompson	Hazelwood Central	4:48.86
1991	Jodi Swyers	Festus	5:12.05	1991	Joanna McLaughlin	North Kansas City	5:06.84
1992	Erica Bell	St. Francis Borgia	5:07.66	1992	Lisa Brown	West Plains	5:01.45
1993	Ryan Thomas	John Burroughs	5:04.94	1993	Rebecca Davis	Parkway West	4:55.11
1994	Emily Miles	Clinton	5:06.14	1994	Amy Wiseman	Lee's Summit	5:06.28
1995	Kristen Bruening	Duchesne	5:12.21	1995	Amy Wiseman	Lee's Summit	5:05.32
1996	Kate Meade	Lutheran South	5:14.13	1996	Amy Wiseman	Lee's Summit	4:56.64
1997	Celeste Ramsey	Perryville	5:10.43	1997	Amy Wiseman	Lee's Summit	4:58.40
1998	Beth Luebbering	Helias	5:10.89	1998	Rachael King	Liberty	5:01.02
1999	Katherine Hoffman	Notre Dame (KC)	5:07.18	1999	Mary Reeves	Kirkwood	5:02.99
2000	Katherine Hoffman	Notre Dame (KC)	5:00.91	2000	Nicole Graham	Blue Springs	5:00.04
2001	Kelly Fanning	Seneca	5:09.36	2001	Jill Petersen	Francis Howell	5:04.16
2002	Ashley Sanders	Clinton	4:56.61	2002	Kasey Kimball	Eureka	5:02.11
2003	Missy Moody	Smithville	5:13.19	2003	Kasey Kimball	Eureka	4:59.26
2004	Tricia Frisella	Visitation	5:06.34	2004	Meredith Snow	Eureka	4:58.19
2005	Hilary Forman	Pembroke	5:10.93	2005	Meredith Snow	Eureka	4:57.99
2006	Lindsay Pierson	Lee's Summit West	5:02.51	2006	Merideth Snow	Eureka	4:49.82
2007	Alyssa Allison	Festus	5:06.67	2007	Lauren Borduin	Rock Bridge	5:01.77
2008	Alyssa Allison	Festus	4:51.70	2008	Lauren Borduin	Rock Bridge	4:56.68
2009	Alyssa Allison	Festus	5:12.25	2009	Emily Sisson	Parkway Central	4:52.15

MSHSAA Girls State Meet Event Champions 1981-2009
3200 Meters

	Class 1A/Class 1				Class 2A/Class 2		
1981	Karen Eads	Polo	11:54.7h	1981	Diane Hirrlinger	South Shelby	11:32.1h
1982	Kelly Stoll	Santa Fe	12:19.62	1982	Jayne Crowley	Lawson	11:58.34
1983	Karen Eads	Polo	12:07.05	1983	Renae Collins	Willow Springs	11:46.60
1984	Miriam Otten	New Haven	12:14.34	1984	Rachelle Peters	Bourbon	11:39.00
1985	Dawn Carlson	Princeton	12:09.15	1985	Janell Hackman	Licking	11:30.79
1986	Sherry Messner	Archie	12:07.20	1986	Kim Yancey	Holden	11:43.90
1987	Tara Summers	Nodaway-Holt	12:09.40	1987	Tami Micham	South Shelby	11:46.37
1988	Becky Miller	Worth Co.	12:09.19	1988	Missy Vermette	North Calloway	11:42.30
1989	Sherry Messner	Archie	12:09.98	1989	Tami Micham	South Shelby	11:17.84
1990	Wendy Spratt	Marion Co.	12:14.42	1990	Becky Dahm	Brentwood	12:03.2h
1991	Amy Arthaud	Lutie	12:20.27	1991	Heather Burroughs	Pembroke Hill	11:43.78
1992	Amy Arthaud	Lutie	12:06.61	1992	Heather Burroughs	Pembroke Hill	11:19.00
1993	Amy Arthaud	Rock Port	12:21.21	1993	Heather Burroughs	Pembroke Hill	11:36.18
1994	Amy Arthaud	Rock Port	12:09.05	1994	Heather Burroughs	Pembroke Hill	11:01.51
1995	Mary Duerbeck	Chamois	12:04.78	1995	Angela McBride	New Haven	11:32.71
1996	Mary Duerbeck	Chamois	11:54.46	1996	Chaye Mathfield	South Harrison	11:44.77
1997	Brandy Leffler	Brashear	12:00.78	1997	Ashley McLeod	Hermann	11:30.48
1998	Ashleigh Calvin	Drexel	11:53.19	1998	Ashley McLeod	Hermann	11:18.08
1999	Jennifer Fibuch	Barstow	12:13.90	1999	Lauren Van Vickie	Bishop LeBlond	11:38.10
2000	Angela Hank	Wellsville-Middletown	12:11.27	2000	Hillary Laird	Pembroke Hill	11:44.55
2001	Angela Hank	Wellsville-Middletown	12:00.40	2001	Allison Smith	Pembroke Hill	11:13.88
2002	Jamie Vest	Stoutland	12:01.51	2002	Allison Smith	Pembroke Hill	11:20.42
2003	Jamie Vest	Stoutland	11:32.87	2003	Amber Warren	Lutheran (St. Peters)	11:15.00
2004	Jamie Vest	Stoutland	12:00.38	2004	Anna O'Brien	East Buchanan	11:59.68
2005	Jamie Vest	Stoutland	11:42.20	2005	Amber Warren	Lutheran (St. Peters)	10:56.82
2006	Taylor Rivera	Miller	12:00.76	2006	Terry Phillips	St. Mary's (Ind)	11:15.27
2007	Taylor Rivera	Miller	12:07.59	2007	Terry Phillips	St. Mary's (Ind)	11:02.44
2008	Amy Gangloff	Wellsville-Middletown	12:24.06	2008	Megan Kowalik	Wright City	11:38.59
2009	Olivia Francka	Halfway	11:42.35	2009	Cindy Grauel	Macon	11:24.41

MSHSAA Girls State Meet Event Champions 1981-2009
3200 Meters

	Class 3A/Class 3				Class 4A/Class 4		
1981	Nancy Goodwine	Warrensburg	11:24.41	1981	Andrea Fischer	Hannibal	10:35.05
1982	Nan Funke	Duchesne	11:28.66	1982	Chris Ridenour	Kirkwood	10:44.37
1983	Sherri Dunn	Republic	11:41.87	1983	Jill Kingsbury	Washington	10:45.19
1984	Alicia Goodwin	Warrensburg	11:43.55	1984	Cherie Hayes	Kickapoo	11:21.53
1985	Christy Dahlhauser	Warrensburg	11:51.20	1985	Stephani Shockley	Soldan	11:15.8h
1986	Kerrie Birk	Duchesne	11:45.70	1986	Stephani Shockley	Soldan	11:13.68
1987	Anna Assenmacher	Logan-Rogersville	11:49.77	1987	Megan Thompson	Hazelwood Central	11:06.77
1988	Evette Edmondson	Paseo	11:34.15	1988	Megan Thompson	Hazelwood Central	10:49.27
1989	Grace Schauer	Boonville	11:35.60	1989	Megan Thompson	Hazelwood Central	10:51.83
1990	Jodi Swyers	Festus	11:36.63	1990	Megan Thompson	Hazelwood Central	10:25.95
1991	Jodi Swyers	Festus	11:43.93	1991	Lisa Brown	West Plains	11:16.70
1992	Erica Bell	St. Francis Borgia	11:34.72	1992	Lisa Brown	West Plains	11:05.55
1993	Heather Worley	Principia	11:18.34	1993	Rebecca Davis	Parkway West	11:07.48
1994	Emily Miles	Clinton	11:18.42	1994	Catherine Wright	Oakville	11:11.56
1995	Kristen Bruening	Duchesne	11:20.2h	1995	Amy Wiseman	Lee's Summit	10:56.6h
1996	Kristen Bruening	Duchesne	11:22.59	1996	Amy Wiseman	Lee's Summit	10:46.18
1997	Celeste Ramsey	Perryville	11:16.30	1997	Amy Wiseman	Lee's Summit	10:33.41
1998	Carrie Sell	Logan-Rogersville	11:32.47	1998	Amy Chipman	Blue Springs	11:06.54
1999	Jenny Noelken	Duchesne	11:09.58	1999	Amanda Marcak	West Plains	11:05.14
2000	Katherine Hoffman	Notre Dame (KC)	11:02.09	2000	Nicole Graham	Blue Springs	11:07.27
2001	Robyn Hopper	Seneca	10:59.70	2001	Jill Petersen	Francis Howell	10:54.23
2002	Ashley Sanders	Clinton	10:50.0h	2002	Jennifer Harper	West Plains	11:02.7h
2003	Jennifer Woods	Warrensburg	11:27.42	2003	Jessie Violand	Lafayette	11:21.16
2004	Kristina Werner	Moberly	11:17.84	2004	Meridith Snow	Eureka	10:54.68
2005	Hilary Forman	Pembroke	11:12.18	2005	Meridith Snow	Eureka	10:40.48
2006	Rachel York	St. Clair	11:10.21	2006	Merideth Snow	Eureka	10:43.88
2007	Erin Huddleston	Branson	11:07.97	2007	Aimee Bonte	Rockwood Summit	11:10.23
2008	Alyssa Allison	Festus	10:48.58	2008	Aimee Bonte	Rockwood Summit	10:54.81
2009	Alyssa Allison	Festus	11:17.53	2009	Emily Sisson	Parkway Central	10:24.12

MSHSAA Girls State Meet Event Champions 1975-2009

80 Yard Low Hurdles

				A			
				1976	Robin Black	Osage	11.4
				1977	Myrna Moore	Princeton	11.11
				1978	Myrna Moore	Princeton	11.54
Class 1A/Class 1			Class 2A/Class 2				
1979	Myrna Moore	Princeton	11.52	1979	Penny Jennings	Van-Far	11.41

75 Meter Low Hurdles

1980	Tina Gilbert	Northwestern	11.28	1980	Leslie Heard	Willow Springs	11.20
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100 Meter Low Hurdles

1981	Jennifer Frost	Greenwood	15.5h	1981	Belinda Hayden	Cass Midway	15.0h
1982	Sheila McQuinn	Jefferson	15.43	1982	Carmen Gordon	Lexington	14.95
1983	Shelly Frazier	Linn Co.	15.95	1983	Peggy McFarland	Crystal City	15.49
1984	Stephanie Tyrer	Barstow	16.34	1984	Peggy McFarland	Crystal City	15.22
1985	Stephanie Tyrer	Barstow	16.14	1985	Kathy Meyer	Crystal City	15.48
1986	Paula Burnsides	Mound City	16.02	1986	Kathy Meyer	Crystal City	15.07
1987	Jeanna Whitten	Gilman City	15.48	1987	Trace Woods	Mount Vernon	14.88

100 Meter High Hurdles

1988	Yvette Buhlig	Santa Fe	15.95	1988	Maria Duffy	Lawson	15.37
1989	Anne Northrup	Mound City	15.95	1989	Amy Cook	Crystal City	15.94
1990	Anne Northrup	Mound City	16.18	1990	Angie Bullock	Springfield Catholic	16.19
1991	Anne Northrup	Mound City	16.0h	1991	Kim Goforth	Higginsville	16.32
1992	Anne Northrup	Mound City	15.81	1992	Carla Humm	St. Mary's (Ind)	16.61
1993	Marli Summa	Tarkio	16.23	1993	Tonya Gudde	Holden	15.86
1994	Mandy Runkles	Rock Port	16.49	1994	Tonya Gudde	Holden	15.59
1995	Marli Summa	Tarkio	15.80	1995	Andrea Sykes	Metro (SL)	15.22
1996	Ruth Mitkos	St. Paul's	16.29	1996	Nicki Klein	Valle	15.46
1997	Nicki Klein	Valle	15.82	1997	Ashley Pyle	Palmyra	15.55
1998	Renae Miller	Worth Co.	15.72	1998	Ashley Pyle	Palmyra	15.49
1999	Renae Miller	Worth Co.	15.47	1999	Ashley Pyle	Palmyra	15.13
2000	Renae Miller	Worth Co.	15.50	2000	Abby Nielsen	East Newton	15.18
2001	Renae Miller	Worth Co.	15.66	2001	Golda Sherman	Lamar	16.07
2002	Becky Blair	Barstow	16.54	2002	Meghan Schuckenbrock	Louisiana	15.69
2003	Vanessa Lee	Cass Midway	16.29	2003	Loren Groves	Scott City	15.71
2004	Tierney Eaton	Worth Co.	15.75	2004	Audrey Bailey	Lathrop	15.21
2005	Tierney Eaton	Worth Co.	16.06	2005	Hannah Farrell	East Buchanan	15.49
2006	Hannah Barker	Winston	16.57	2006	Precious Selmon	Crystal City	15.15
2007	Courtney Wilmsmeyer	New Franklin	15.82	2007	Lisa Vengels	Dixon	15.82
2008	Courtney Wilmsmeyer	New Franklin	16.07	2008	Precious Selmon	Crystal City	14.16w
2009	Nikki Harris	Lone Jack	16.24	2009	Precious Selmon	Crystal City	13.90

MSHSAA Girls State Meet Event Champions 1975-2009**80 Yard Low Hurdles**

				1975	Stephanie Thompson	North Kansas City	11.4
					AA		
				1976	Mary Smith	Beaumont	10.5
				1977	Linda Weekly	Beaumont	10.52
				1978	Gayle Anderson	Kickapoo	10.84
	Class 3A/Class 3				Class 4A/Class 4		
1979	Ervette Moore	Berkeley	10.79	1979	Barbara Veasley	Sumner	10.57

75 Meter Low Hurdles

1980	Jackie Johnson	Charleston	10.69	1980	Lawanda Waters	Kirkwood	10.45
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100 Meter Low Hurdles

1981	Carmen Gordon	Lexington	14.15w	1981	Carla Mason	Sumner	14.39w
1982	Stephani Cameron	Clayton	14.49	1982	Stephanie Thomas	Sumner	14.12
1983	Stephani Cameron	Clayton	14.46	1983	Alane Booth	North Kansas City	14.86
1984	Lizz Barringer	Duchense	14.88	1984	Nancy Thomas	Parkway North	14.36
1985	Michele Cervant	Oak Grove	14.61	1985	Dorothy Young	University City	14.39
1986	Michele Cervant	Oak Grove	14.41	1986	Felicia Allen	Riverview Gardens	14.06

100 Meter High Hurdles

1987	Michele Cervant	Oak Grove	14.8h	1987	Nicole Thompson	Ruskin	14.72
1988	Trace Woods	Mount Vernon	14.46	1988	Debbie Massengale	Jefferson City	14.77
1989	Dionne Lamarque	Union	15.65	1989	Debbie Massengale	Jefferson City	15.10
1990	Candice Graham	Paseo	15.86	1990	Dione Person	University City	14.79
1991	Heather Williams	Aurora	15.62	1991	Melita Williams	Francis Howell	14.72
1992	Heather Williams	Aurora	15.47	1992	Micheala Edwards	Ruskin	14.84
1993	Micheala Edwards	Ruskin	15.03	1993	Jan Loussaert	Lafayette	14.91
1994	Candy Mason	Nevada	15.4h	1994	Erin Narzinski	Oakville	14.55
1995	Nicole James	Excelsior Springs	15.1h	1995	Kelli Smith	Grandview	15.0h
1996	Angela Butcher	Notre Dame (KC)	15.09	1996	Kelli Smith	Grandview	15.03
1997	Kerry Hils	Moberly	15.64	1997	Kendra Lollis	Blue Springs South	14.95
1998	Kerry Hils	Moberly	15.11	1998	Shaneatra Neely	Hickman Mills	14.49
1999	Shaneatra Neely	Hickman Mills	14.37	1999	Tenisha Britton	Poplar Bluff	14.53
2000	Shaneatra Neely	Hickman Mills	13.97	2000	Chloe Davis	Normandy	14.28
2001	Kim Martin	Jennings	14.38w	2001	Makeatha Cooper	Grandview	14.55
2002	Kim Martin	Jennings	14.4h	2002	Makeatha Cooper	Grandview	14.0h
2003	Leslie Murillo	Ruskin	15.49	2003	Makeatha Cooper	Grandview	14.38
2004	Toniece Williams	Ruskin	15.44	2004	Whitney Thomas	Hazelwood Central	14.52
2005	McKenzie Rhea	Webb City	15.11	2005	Terri Counts	Hickman Mills	14.40
2006	Tyresha Chambers	Lincoln Prep	14.68	2006	Katie Wenger	St. Joe Central	14.37
2007	Tiffani McReynolds	Pembroke Hill	14.62	2007	Tiana Davis	Park Hill	14.39
2008	Tiffani McReynolds	Pembroke Hill	14.67	2008	Leslie Farmer	Jefferson City	14.89
2009	Tiffani McReynolds	Pembroke Hill	14.01w	2009	Ashli Mosby	Raytown South	14.40w

MSHSAA Girls State Meet Event Champions 1981-2009
200 Meter Low Hurdles

	Class 1A/Class 1				Class 2A/Class 2		
1981	Christy Heldenbrand	Winston	30.9	1981	Belinda Hayden	Cass Midway	30.8
1982	Christy Heldenbrand	Winston	30.69	1982	Carmen Gordon	Lexington	28.94
1983	Sheila McQuinn	Jefferson	31.91	1983	Kelly Cowan	Stockton	30.47

300 Meter Low Hurdles

1984	Stephanie Tyrer	Barstow	47.82	1984	Carla Brown	Willow Springs	45.71
1985	Stephanie Tyrer	Barstow	46.29	1985	Teresa Dollens	Centralia	45.19
1986	Stephanie Tyrer	Barstow	46.90	1986	Kathy Meyer	Crystal City	47.03
1987	Stacey Fritts	Miami	44.94	1987	Amy Cook	Crystal City	46.19
1988	Amy Hughes	Tarkio	46.37	1988	Jennifer Rice	Palmyra	45.98
1989	Amy Hughes	Tarkio	46.17	1989	Angie Bullock	Springfield Catholic	46.53
1990	Anne Northrup	Mound City	47.74	1990	Cassie Bryant	Dixon	48.23
1991	Anne Northrup	Mound City	47.65	1991	Allison Stewart	Springfield Catholic	47.65
1992	Katina Gilmore	Adrian	48.37	1992	Gayle Lawson	Sherwood	47.38
1993	Mandy Runkles	Rock Port	47.47	1993	Tonya Gudde	Holden	47.52
1994	Mandy Runkles	Rock Port	48.07	1994	Tonya Gudde	Holden	47.15
1995	Stephanie Jones	Clopton	46.14	1995	Tonya Gudde	Holden	46.26
1996	Stephanie Jones	Clopton	47.30	1996	Erica Moore	Springfield Catholic	46.16
1997	Nicki Klein	Valle	47.18	1997	Ashley Pyle	Palmyra	46.46
1998	Kayla Acklin	Mound City	47.97	1998	Sarah Gill	Southern Boone Co.	46.08
1999	Rena Miller	Worth Co.	46.12	1999	Kadie Campbell	Putnam Co.	45.60
2000	Rena Miller	Worth Co.	46.61	2000	Melissa Millar	Westminster Christian	46.57
2001	Rena Miller	Worth Co.	47.13	2001	Laura Stegeman	Blair Oaks	46.90
2002	Shelley Seider	Rich Hill	46.85	2002	Audrey Bailey	Lathrop	45.92
2003	Shelley Seider	Rich Hill	47.65	2003	Audrey Bailey	Lathrop	47.06
2004	Shelley Seider	Rich Hill	46.74	2004	Audrey Bailey	Lathrop	45.25
2005	Alissa Miller	Worth Co.	47.09	2005	Shaina Dochterman	Clark Co.	46.42
2006	Alissa Miller	Worth Co.	47.30	2006	Precious Selmon	Crystal City	46.01
2007	Alissa Miller	Worth Co.	47.13	2007	Stephanie Grauel	Macon	46.80
2008	Sindy Chavez	Southwest (Ludlow)	47.74	2008	Lindsay Vollmer	Hamilton	44.08
2009	Sindy Chavez	Southwest (Ludlow)	46.63	2009	Precious Selmon	Crystal City	43.82

MSHSAA Girls State Meet Event Champions 1981-2009
200 Meter Low Hurdles

Class 3A/Class 3				Class 4A/Class 4			
1981	Carmen Gordon	Lexington	28.75	1981	Anthea Johnson	KC Central	28.10
1982	Jackie Johnson	Charleston	29.14	1982	Stephanie Thomas	Sumner	28.34
1983	Wanda Watts	Charleston	28.94	1983	Natalie Dansberry	Sumner	29.35

300 Meter Low Hurdles

1984	Vanessa Cunningham	Waynesville	46.89	1984	Deanna Adams	Springfield Central	44.65
1985	Carla Brown	Willow Springs	45.15	1985	Felicia Allen	Riverview Gardens	43.96
1986	Michele Cervant	Oak Grove	44.30	1986	Felicia Allen	Riverview Gardens	43.80
1987	Michele Cervant	Oak Grove	44.35	1987	Bridgett Morrow	Riverview Gardens	44.42
1988	Andrea Seabaugh	Fredericktown	44.12	1988	Stephanie Small	Riverview Gardens	44.67
1989	Shauna Kirschner	St. Joe Benton	46.81	1989	LaShonette Andrews	Ruskin	44.97
1990	Heather Williams	Aurora	46.61	1990	Christy Kriegermeier	Francis Howell	45.71
1991	Tammy Williamson	St. Pius (Festus)	46.10	1991	Michelle Franklin	KC East	45.45
1992	Heather Williams	Aurora	45.63	1992	Micheala Edwards	Ruskin	44.35
1993	Candy Mason	Nevada	44.54	1993	Shannon O'Dell	Farmington	45.35
1994	Candy Mason	Nevada	44.08	1994	Deirdre Fortman	Park Hill	44.60
1995	Tammy Wenkel	Owensville	44.03	1995	Dana Jackson	Lee's Summit	45.47
1996	Tammy Wenkel	Owensville	44.02	1996	Tenisha Britton	Poplar Bluff	44.76
1997	Sommer Lawal	MICDS	44.12	1997	Tenisha Britton	Poplar Bluff	43.79
1998	Angie Smith	St. James	45.49	1998	Tenisha Britton	Poplar Bluff	44.03
1999	Shaneatra Neely	Hickman Mills	43.96	1999	Tenisha Britton	Poplar Bluff	43.40
2000	Shaneatra Neely	Hickman Mills	42.52	2000	Christine Spence	Lee's Summit North	43.46
2001	Jenny Woodward	Harrisonville	45.24	2001	Tracy Partain	Parkview	43.97
2002	Jenny Woodward	Harrisonville	44.2h	2002	Makeatha Cooper	Grandview	42.8h
2003	Rachel Minard	Webb City	45.31	2003	Makeatha Cooper	Grandview	42.83
2004	Toniece Williams	Ruskin	45.30	2004	Tiffany Jackson	Gateway Tech	44.64
2005	Orie Ibe	Ladue	44.22	2005	Tiffany Jackson	Gateway Tech	43.05
2006	Danielle Oliver	Ladue	43.54	2006	Lauren Begany	Lindbergh	42.93
2007	Danisa Bennett	Ladue	43.38	2007	Tiera Jones	Hazelwood East	43.99
2008	Tiffani McReynolds	Pembroke Hill	43.47	2008	Tierra Jones	Hazelwood East	43.99
2009	Tiffani McReynolds	Pembroke Hill	43.15	2009	Ashli Mosby	Raytown South	45.11

MSHSAA Girls State Meet Event Champions 1975-2009
440 Yard Relay (4 X 110)

				Class A	
				1976	St. Mary's (Ind) 51.6
				1977	St. Mary's (Ind) 51.26
				1978	Barstow 54.16
		Class 1A/Class 1			Class 2A/Class 2
1979	Barstow	51.98		1979	Maysville 51.61
1980	Stanberry	53.18		1980	Salisbury 52.06

400 Meter Relay (4 X 100)

1981	Stanberry	51.9h		1981	Salisbury 50.9h
1982	Stanberry	51.78		1982	Lexington 50.88
1983	Jefferson	53.40		1983	Louisiana 51.71
1984	West Nodaway	51.75		1984	John Burroughs 51.28
1985	West Nodaway	51.81		1985	Crystal City 51.24
1986	Russellville	51.43		1986	Crystal City 51.06
1987	Russellville	51.00		1987	Crystal City 51.12
1988	Fayette	52.13		1988	Eskridge 50.53
1989	Adrian	53.26		1989	Eskridge 50.92
1990	Lockwood	54.43		1990	Maplewood-Rich.Hts. 50.35
1991	Worth Co.	52.37		1991	St. Mary's (Ind) 51.83
1992	Worth Co.	52.15		1992	Maplewood-Rich.Hts. 51.33
1993	Jefferson	51.65		1993	Cardinal Ritter 51.93
1994	Jefferson	51.29		1994	Cardinal Ritter 51.48
1995	North Andrew	52.22		1995	Lutheran North 52.22
1996	North Andrew	51.8h		1996	Eskridge 50.54
1997	North Andrew	51.73		1997	Lutheran North 50.39
1998	New Franklin	52.33		1998	Berkeley 49.68
1999	Marion Co.	51.94		1999	Berkeley 49.06
2000	Marion Co.	52.33		2000	Berkeley 50.45
2001	North Andrew	52.35		2001	Berkeley 50.31
2002	North Andrew	52.57		2002	Berkeley 50.23
2003	Sweet Springs	52.93		2003	Berkeley 50.89
2004	Sweet Springs	52.46		2004	Berkeley 50.92
2005	Worth Co.	51.42		2005	Marceline 51.99
2006	Eskridge	52.48		2006	Metro (St. Louis) 50.24
2007	Norborne	52.54		2007	Metro (St. Louis) 50.12
2008	Albany	52.86		2008	Metro (St. Louis) 50.45
2009	Mound City	52.51		2009	Blair Oaks 50.00

**MSHSAA Girls State Meet Event Champions 1975-2009
440 Yard Relay (4 X 110)**

					Open	
				1975	Sumner	50.0
					Class AA	
				1976	Sumner	49.5
				1977	Sumner	50.05
				1978	Sumner	49.1
	Class 3A/Class 3				Class 4A/Class 4	
1979	Rock Bridge	50.35		1979	Sumner	49.54
1980	Marshall	49.96		1980	Ritenour	49.2h

400 Meter Relay (4 X 100)

1981	Lexington	50.25		1981	Hickman	48.08
1982	Berkeley	49.95		1982	Hickman	49.61
1983	Mexico	50.77		1983	Riverview Gardens	48.95
1984	Hogan	49.85		1984	Riverview Gardens	48.30
1985	Fulton	50.06		1985	Riverview Gardens	48.64
1986	Fulton	49.59		1986	Normandy	48.87
1987	O'Hara	50.56		1987	Van Horn	48.40
1988	Charleston	50.49		1988	Ladue	49.05
1989	Hogan	49.34		1989	Hickman	49.05
1990	KC Central	50.39		1990	North Kansas City	49.25
1991	Berkeley	50.03		1991	McCluer	49.53
1992	Lincoln (KC)	49.70		1992	McCluer	48.70
1993	Lincoln (KC)	49.15		1993	Hazelwood West	48.74
1994	Jennings	49.96		1994	Hazelwood West	48.85
1995	Berkeley	49.48		1995	Hazelwood East	48.14
1996	KC East	49.61		1996	Parkway South	48.21
1997	Jennings	49.8h		1997	KC Central	47.93
1998	Jennings	50.48		1998	KC Central	48.98
1999	Ruskin	49.41		1999	Ladue	48.16
2000	Park Hill South	49.68		2000	Parkway Central	49.31
2001	Jennings	50.22		2001	Gateway Tech	48.57
2002	Jennings	50.2h		2002	Gateway Tech	48.7h
2003	Ladue	49.36		2003	Gateway Tech	48.55
2004	Lutheran North	49.21		2004	Gateway Tech	47.74
2005	Ladue	48.74		2005	Hazelwood Central	47.82
2006	Center	49.13		2006	Grandview	47.69
2007	University City	48.35		2007	Grandview	47.73
2008	University City	48.64		2008	McCluer	48.59
2009	McCluer S.-Berkeley	47.93		2009	McCluer	48.42

MSHSAA Girls State Meet Event Champions 1975-2009
880 Yard Relay (4 X 220)

				Class A	
				1976	St. Mary's (Ind) 1:49.8
				1977	St. Mary's (Ind) 1:48.56
				1978	Lathrop 1:55.95
	Class 1A/Class 1				Class 2A/Class 2
1979	Barstow	1:48.51		1979	Marceline 1:47.73
1980	Barstow	1:51.51		1980	Salisbury 1:48.03

800 Meter Relay (4 X 200)

1981	Barstow	1:49.4		1981	Hayti 1:47.10
1982	Worth Co.	1:49.96		1982	Hayti 1:47.18
1983	Barstow	1:51.80		1983	Stockton 1:47.42
1984	Worth Co.	1:47.07		1984	John Burroughs 1:47.43
1985	Marceline	1:48.16		1985	Knob Noster 1:47.01
1986	Albany	1:49.11		1986	Crystal City 1:47.09
1987	Albany	1:48.96		1987	Crystal City 1:46.99
1988	Wellington-Napoleon	1:49.13		1988	Cardinal Ritter 1:48.89
1989	Adrian	1:50.25		1989	Dixon 1:48.10
1990	King City	1:54.19		1990	Higginsville 1:48.37
1991	Worth Co.	1:50.47		1991	Clark Co. 1:47.78
1992	Worth Co.	1:49.33		1992	Maplewood-Rich.Hts. 1:47.25
1993	Jefferson	1:50.20		1993	Maysville 1:47.48
1994	Stanberry	1:48.55		1994	Brookfield 1:48.05
1995	Stanberry	1:51.21		1995	Lutheran North 1:48.71
1996	Worth Co.	1:49.16		1996	Lutheran North 1:47.14
1997	North Andrew	1:48.52		1997	Berkeley 1:44.25
1998	Valle	1:49.24		1998	Berkeley 1:43.69
1999	New Haven	1:49.35		1999	Berkeley 1:44.42
2000	New Haven	1:49.37		2000	Southern Boone Co. 1:46.58
2001	New Haven	1:49.44		2001	Berkeley 1:45.58
2002	New Haven	1:48.67		2002	Berkeley 1:45.24
2003	Stanberry	1:50.59		2003	Monroe City 1:46.90
2004	Worth Co.	1:49.45		2004	Berkeley 1:46.59
2005	Polo	1:49.88		2005	Caruthersville 1:45.59
2006	Eskridge	1:50.25		2006	Marceline 1:46.14
2007	Eskridge	1:48.92		2007	Marceline 1:45.13
2008	Keytesville	1:51.58		2008	Blair Oaks 1:46.07
2009	St. Joe Christian	1:51.92		2009	Metro (St. Louis) 1:45.18

MSHSAA Girls State Meet Event Champions 1975-2009
880 Yard Relay (4 X 220)

					Open	
				1975	Beaumont	1:44.8
					Class AA	
				1976	Sumner	1:44.4
				1977	Sumner	1:43.51
				1978	Sumner	1:44.49
	Class 3A/Class 3				Class 4A/Class 4	
1979	Waynesville	1:45.78		1979	Sumner	1:42.6h
1980	Marshall	1:47.00		1980	KC Central	1:43.70

800 Meter Relay (4 X 200)

1981	Fulton	1:44.74		1981	Berkeley	1:42.08
1982	Berkeley	1:43.26		1982	Webster Groves	1:43.03
1983	Lutheran North	1:45.20		1983	Hazelwood East	1:42.74
1984	Mexico	1:45.52		1984	Riverview Gardens	1:40.72
1985	St. Dominic	1:45.99		1985	Riverview Gardens	1:40.25
1986	Waynesville	1:43.65		1986	Normandy	1:42.78
1987	Hogan	1:44.63		1987	Normandy	1:42.23
1988	Hogan	1:45.70		1988	Park Hill	1:42.23
1989	Berkeley	1:44.56		1989	Park Hill	1:42.05
1990	Berkeley	1:42.91		1990	Ruskin	1:43.54
1991	Berkeley	1:42.59		1991	McCluer	1:43.30
1992	Lincoln (KC)	1:43.55		1992	McCluer	1:42.48
1993	Berkeley	1:40.65		1993	McCluer	1:42.60
1994	Jennings	1:45.40		1994	Parkway South	1:43.08
1995	Berkeley	1:41.4h		1995	Hazelwood West	1:42.2h
1996	Helias	1:43.89		1996	Parkway South	1:41.48
1997	Helias	1:44.25		1997	Hazelwood East	1:39.91
1998	Helias	1:45.14		1998	Jefferson City	1:43.04
1999	St. Francis Borgia	1:42.58		1999	Ladue	1:42.30
2000	Park Hill South	1:44.72		2000	KC Central	1:39.72
2001	Clayton	1:47.10		2001	Park Hill South	1:41.39
2002	Ruskin	1:44.0h		2002	Gateway Tech	1:40.4h
2003	Jennings	1:45.21		2003	Gateway Tech	1:39.71
2004	Ladue	1:42.65		2004	Hazelwood Central	1:40.87
2005	Ladue	1:42.14		2005	Riverview Gardens	1:40.35
2006	Ladue	1:42.21		2006	Hazelwood East	1:42.27
2007	McCluer S.-Berkeley	1:41.07		2007	Blue Springs	1:42.33
2008	McCluer S.-Berkeley	1:41.95		2008	Parkway Central	1:42.61
2009	McCluer S.-Berkeley	1:41.62		2009	Ladue	1:40.72

MSHSAA Girls State Meet Event Champions 1975-2008**880 Yard Medley**

				Class A			
				1976	St. Mary's (Ind)	1:54.9	
				1977	Lawson	1:54.5	
				1978	Kearney	2:01.45	

Mile Relay (4 X 440)

		Class 1A/Class 1			Class 2A/Class 2		
1979	Cass Midway	4:13.39		1979	Marceline	4:10.67	
1980	Norborne	4:27.11		1980	Salisbury	4:10.86	

1600 Meter Relay (4 X 400)

1981	Winston	4:15.5h		1981	West Platte	4:10.6h	
1982	Santa Fe	4:14.55		1982	Maysville	4:07.90	
1983	Marion Co.	4:16.38		1983	Maysville	4:07.90	
1984	Cass Midway	4:15.96		1984	John Burroughs	4:12.15	
1985	Santa Fe	4:10.28		1985	John Burroughs	4:09.59	
1986	Nodaway-Holt	4:11.82		1986	Cuba	4:07.97	
1987	Nodaway-Holt	4:11.65		1987	Kelly	4:10.65	
1988	Nodaway-Holt	4:13.43		1988	Ash Grove	4:12.40	
1989	Jefferson	4:12.08		1989	Ash Grove	4:09.47	
1990	Hardin-Central	4:20.57		1990	Rock Port	4:13.52	
1991	Rock Port	4:09.55		1991	Principia	4:10.94	
1992	North Nodaway	4:14.58		1992	Principia	4:10.45	
1993	Wellington-Napoleon	4:13.29		1993	East Buchanan	4:10.82	
1994	Wellington-Napoleon	4:17.07		1994	Gallatin	4:11.70	
1995	Gallatin	4:14.91		1995	Lutheran North	4:10.63	
1996	KC Lutheran	4:13.06		1996	Springfield Catholic	4:08.53	
1997	New Haven	4:12.53		1997	Berkeley	4:06.5h	
1998	New Haven	4:12.76		1998	Blair Oaks	4:06.80	
1999	Osceola	4:12.37		1999	Blair Oaks	4:00.15	
2000	Valle	4:13.73		2000	Palmyra	4:07.31	
2001	New Haven	4:15.34		2001	John Burroughs	4:02.31	
2002	New Haven	4:14.62		2002	Berkeley	4:06.11	
2003	Stanberry	4:14.57		2003	Lathrop	4:07.75	
2004	Stanberry	4:18.84		2004	Marceline	4:07.89	
2005	Polo	4:17.72		2005	Elsberry	4:06.23	
2006	Norborne	4:16.21		2006	Marceline	4:03.08	
2007	New Haven	4:13.50		2007	Marceline	4:03.81	
2008	Saxony Lutheran	4:19.66		2008	St. Mary's (Ind)	4:07.48	
2009	Southwest (Ludlow)	4:14.33		2009	Principia	4:03.72	

MSHSAA Girls State Meet Event Champions 1975-2008**880 Yard Medley**

				1975	Beaumont	1:44.8	
					Class AA		
				1976	Sumner	1:51.9	
				1977	Soldan	1:51.10	
				1978	Sumner	1:51.02	

Mile Relay (4 X 440)

	Class 3A/Class 3				Class 4A/Class 4		
1979	Waynesville	4:00.3		1979	KC Southwest	4:03.59	
1980	East Newton	4:10.81		1980	Sumner	3:58.86	

1600 Meter Relay (4 X 400)

1981	Cameron	4:04.28		1981	Sumner	3:54.98	
1982	Logan-Rogersville	4:00.22		1982	Sumner	3:55.09	
1983	Maryville	4:03.25		1983	Hazelwood East	3:59.65	
1984	Festus	4:06.69		1984	Hazelwood Central	3:59.22	
1985	Oak Grove	4:01.43		1985	Normandy	3:56.69	
1986	KC Central	3:59.93		1986	Normandy	3:51.48	
1987	Helias	3:58.3h		1987	Normandy	3:54.27	
1988	KC Central	4:00.11		1988	Riverview Gardens	3:56.01	
1989	Paseo	4:01.06		1989	University City	3:59.73	
1990	Berkeley	4:05.31		1990	Ruskin	3:59.29	
1991	Berkeley	4:01.15		1991	Ruskin	3:56.21	
1992	Berkeley	3:58.29		1992	Hazelwood Central	4:01.86	
1993	Berkeley	3:56.49		1993	Sumner	3:55.98	
1994	Berkeley	4:01.23		1994	KC Southwest	3:57.49	
1995	Berkeley	3:59.31		1995	Hazelwood East	3:57.14	
1996	Notre Dame (KC)	3:59.70		1996	Cape Central	3:58.05	
1997	Helias	3:57.09		1997	Ladue	3:55.05	
1998	St. Francis Borgia	4:03.08		1998	Park Hill	3:57.29	
1999	Hickman Mills	3:58.44		1999	Poplar Bluff	3:56.54	
2000	Park Hill South	4:02.11		2000	Normandy	3:55.85	
2001	Hickman Mills	4:02.87		2001	Park Hill South	3:57.88	
2002	Hickman Mills	4:03.2h		2002	University City	3:55.7h	
2003	Ladue	3:59.64		2003	Normandy	3:54.68	
2004	Osage	3:57.01		2004	Jefferson City	3:55.42	
2005	Ladue	3:57.26		2005	McCluer	3:53.81	
2006	McCluer S.-Berkeley	3:51.40		2006	McCluer	3:54.48	
2007	McCluer S.-Berkeley	3:45.78		2007	Jefferson City	3:53.20	
2008	McCluer S.-Berkeley	3:47.49		2008	Parkway Central	3:54.80	
2009	McCluer S.-Berkeley	3:53.93		2009	Ladue	3:54.54	

MSHSAA Girls State Meet Event Champions 1979-2009

Two Mile Relay (4 X 880)

Class 1A/Class 1				Class 2A/Class 2	
Santa Fe	10:38.62		1979	Hamilton	10:07.27
Santa Fe	10:38.46		1980	John Burroughs	10:13.89

3200 Meter Relay (4 X 800)

Polo	10:08.8h		1981	John Burroughs	10:03.6h
Polo	9:56.04		1982	Maysville	9:46.85
Cass Midway	10:10.23		1983	Maysville	9:41.08
Cass Midway	10:10.71		1984	Mount Vernon	9:59.91
Nodaway-Holt	10:07.69		1985	Lathrop	9:52.28
Nodaway-Holt	9:51.00		1986	North Platte	9:53.20
Nodaway-Holt	10:01.42		1987	Milan	9:54.0h
Nodaway-Holt	9:49.72		1988	Butler	9:46.17
Nodaway-Holt	10:11.92		1989	Butler	10:04.68
Rich Hill	10:27.37		1990	Ash Grove	10:05.93
Nodaway-Holt	10:12.07		1991	Principia	9:53.60
North Nodaway	10:15.82		1992	Principia	9:39.88
Rock Port	10:22.97		1993	Pembroke	9:59.74
Atlanta	10:09.67		1994	Valle	9:54.05
Atlanta	10:12.78		1995	Principia	9:46.42
Drexel	10:21.02		1996	New Haven	10:01.63
Adrian	10:07.29		1997	Hermann	9:57.93
Drexel	10:02.70		1998	Hermann	9:55.67
Osceola	10:05.8h		1999	Stockton	9:58.00
Archie	10:04.86		2000	Stockton	9:58.06
Brashear	10:09.60		2001	John Burroughs	9:51.05
Brashear	10:12.52		2002	John Burroughs	10:07.27
Lockwood	10:13.9h		2003	College Hts. Christian	9:56.29
Tarkio	10:14.90		2004	College Hts. Christian	9:49.71
Rock Port	10:24.86		2005	Hamilton	9:44.51
New Haven	10:15.38		2006	Hamilton	9:45.13
Polo	10:15.93		2007	Hamilton	9:44.20
Rock Port	10:06.79		2008	Principia	9:49.94
Marion Co.	10:12.36		2009	Principia	9:46.93

MSHSAA Girls State Meet Event Champions 1979-2009

Two Mile Relay (4 X 880)

Class 3A/Class 3				Class 4A/Class 4	
Excelsior Springs	9:49.82		1979	KC Southwest	9:38.51
Cameron	9:49.33		1980	KC Southwest	9:26.31

3200 Meter Relay (4 X 800)

Cameron	9:36.24		1981	Kirkwood	9:17.21
Buffalo	9:50.28		1982	Joplin Memorial	9:25.78
Herculaneum	9:34.33		1983	Hazelwood East	9:31.92
Duchesne	9:43.88		1984	Hazelwood East	9:32.72
Monett	9:45.17		1985	Soldan	9:25.09
Lincoln (KC)	9:40.99		1986	Francis Howell	9:30.65
Buffalo	9:42.06		1987	Francis Howell	9:18.36
Helias	9:44.17		1988	Francis Howell	9:22.21
Helias	9:40.70		1989	Lafayette	9:26.97
Duchesne	9:50.67		1990	Hazelwood East	9:31.83
Logan-Rogersville	9:43.8h		1991	Parkway West	9:28.10
Helias	9:46.23		1992	Hazelwood Central	9:30.49
Principia	9:30.46		1993	Jackson	9:29.79
Helias	9:35.27		1994	Blue Springs South	9:26.95
Savannah	9:34.4h		1995	Lee's Summit	9:26.70
Helias	9:38.49		1996	Liberty	9:26.25
Helias	9:40.91		1997	Liberty	9:19.51
Helias	9:32.36		1998	Liberty	9:32.71
Helias	9:34.47		1999	Kirkwood	9:22.52
Helias	9:37.61		2000	Blue Springs	9:32.32
Kirksville	9:51.95		2001	Francis Howell North	9:24.71
Notre Dame (KC)	9:42.2h		2002	Marquette	9:12.7h
MICDS	9:37.64		2003	West Plains	9:20.67
MICDS	9:34.63		2004	Eureka	9:09.09
Ste. Genevieve	9:44.56		2005	West Plains	9:20.42
Lee's Summit West	9:37.14		2006	Eureka	9:21.31
McCluer S.-Berkeley	9:26.42		2007	Lee's Summit West	9:29.03
Ladue	9:28.26		2008	Eureka	9:20.53
Festus	9:24.44		2009	Parkway Central	9:06.89

MSHSAA Girls State Meet Event Champions 1975-2009

Shot Put (8 Pound)

				Class A			
				1976	Cindy Kiser	Branson	44-09 1/2
				1977	Stephanie Hudson	Knob Noster	42-02
				1978	Stephanie Hudson	Knob Noster	36-01 1/2
Class 1A/Class 1		Class 2A/Class 2					
1979	Laney Cooper	Greenfield	37-06 3/4	1979	Cindy Baker	Diamond	39-05 1/4
Shot Put (4 Kilogram)							
1980	Nancy Brandt	Fairfax	35-01 1/2	1980	Mary Chrisman	Marceline	36-10
1981	Nancy Brandt	Fairfax	39-04	1981	Tonia Borrowman	Monroe City	37-10
1982	Nancy Brandt	Fairfax	36-10 3/4	1982	Lisa Farris	Marceline	39-03
1983	Debby Fry	Polo	36-09 1/2	1983	Lisa Farris	Marceline	36-09
1984	Lisa Farris	Marceline	38-09	1984	Barb Sorenson	Cameron	39-01
1985	Carol Pearman	Cass Midway	36-11	1985	Paula Primus	North Calloway	39-10
1986	Julie McKinney	Worth Co.	36-08 1/2	1986	Beckie Boltran	Knob Noster	37-08 1/4
1987	Kris Pierce	Lockwood	36-10 3/4	1987	Diana Smith	Valle	38-08
1988	Lynette Auffert	NE Nodaway	36-01 1/2	1988	Ginger Mathes	Scotland Co.	36-09 1/2
1989	Amy Lund	Santa Fe	36-08	1989	Mitzi Noelker	Lexington	38-02 3/4
1990	Stacy Payne	Bucklin	32-11 3/4	1990	Mitzi Noelker	Lexington	41-02
1991	Leigh Ann Clayton	Norborne	35-08 1/4	1991	Jennifer Walton	Lexington	37-07 1/4
1992	Christina Lytton	Mid Buchanan	34-05	1992	Jami Slaughter	South Harrison	38-00 1/4
1993	Leah Miller	Slater	34-11	1993	Jami Slaughter	South Harrison	38-11
1994	Dedee Smithson	LaPlata	35-05	1994	Luciana Crisp	Stockton	39-09 3/4
1995	Brandi Humble	Rich Hill	35-00 1/4	1995	Charlotte Beck	Warsaw	36-02 1/4
1996	Missy Wilson	Craig	37-05 1/2	1996	Dawn Kiger	Clark Co.	37-11 1/4
1997	Missy Wilson	Craig	34-09 1/4	1997	Nicole Cassmeyer	Blair Oaks	37-06 1/4
1998	Katie Scherer	Crest Ridge	37-05 1/4	1998	Lindsey Markworth	Lexington	38-05 1/4
1999	Katie Scherer	Crest Ridge	39-07 3/4	1999	Lindsey Markworth	Lexington	39-07
2000	Katie Scherer	Crest Ridge	40-00	2000	Lindsey Markworth	Lexington	40-10 3/4
2001	Ashley Poptanycz	Tarkio	40-01 1/2	2001	Lindsey Markworth	Lexington	41-08
2002	Kim Wass	Liberal	36-08 3/4	2002	Elisha Hunt	Linn	40-11 1/4
2003	Kim Wass	Liberal	37-09 1/2	2003	Elisha Hunt	Linn	45-08 1/4
2004	Kim Wass	Liberal	39-02 1/4	2004	Elisha Hunt	Linn	44-06 3/4
2005	Carrie Talbot	Jasper	40-03 1/2	2005	Julia Russell	Mountain View	40-05 1/4
2006	Carrie Talbot	Jasper	41-09	2006	Rachel Travis	Lutheran (SC)	42-04 1/2
2007	Brittney McGinley	Polo	36-03 1/2	2007	Jasmine Kassaravoid	Lawson	42-00 1/2
2008	Candice Talbot	Jasper	37-09 1/4	2008	Katie Evans	Putnam Co.	46-07 1/4
2009	Brittney McGinley	Polo	39-02 1/2	2009	Katie Evans	Putnam Co.	45-10 1/2

MSHSAA Girls State Meet Event Champions 1975-2009

Shot Put (8 Pound)

				Open		
				1975	Shirley Knight	Springfield Central 42-05
				Class AA		
				1976	Sekeli Salina	William Chrisman 44-04 1/4
				1977	Valerie Brown	Clinton 44-01 1/2
				1978	Mary Hyder	Jefferson City 40-10 1/2
Class 3A/Class 3				Class 4A/Class 4		
1979	Robin Sandbothe	Washington	39-06 3/4	1979	Connie Price	St. Charles 42-01 1/2

Shot Put (4 Kilogram)

1980	Onetha Jackson	Maplewood-RH	40-06 1/2	1980	Connie Price	St. Charles 43-00 1/2
1981	Kay Wright	Harrisonville	40-05 1/4	1981	Rene Brown	Poplar Bluff 42-10
1982	Kay Wright	Harrisonville	40-06 1/2	1982	Denise Buchanan	Glendale 44-00
1983	Barb Sorenson	Cameron	38-08	1983	Denise Buchanan	Glendale 44-11 1/2
1984	Kim Jefferson	Kennett	37-09 1/2	1984	Cynde Ryan	Hannibal 40-07 1/4
1985	Kim Jefferson	Kennett	39-07 1/2	1985	Cynde Ryan	Hannibal 44-00 1/4
1986	Dina Grubb	Odessa	39-02	1986	Wendy Jacobson	Center 41-10 1/4
1987	Marion Washington	Hogan	40-03	1987	Martha Schnackenberg	Neosho 42-00 1/4
1988	Marion Washington	Hogan	42-00	1988	Kelli McCrary	Hazelwood Central 42-08 1/4
1989	Elissa Utiss	Duchesne	39-02	1989	Debbie Kusiak	Wentzville 42-09 3/4
1990	Elissa Utiss	Duchesne	39-09 1/2	1990	Valeyta Althouse	Blue Springs 40-03 1/2
1991	Leighann Wooley	Dexter	37-05	1991	Valeyta Althouse	Blue Springs 43-07 1/2
1992	Pauletta Kelly	Branson	37-01	1992	Valeyta Althouse	Blue Springs 47-07 3/4
1993	Tina Lowrance	Kirkville	38-05 3/4	1993	Cheryl Spradley	Raytown 39-10 3/4
1994	Stacy Tiefenauer	North County	41-09 1/2	1994	Cheryl Spradley	Raytown 43-02 3/4
1995	Stacy Tiefenauer	North County	41-01 3/4	1995	Courtney Johnson	Jefferson City 38-10 1/4
1996	Stacy Tiefenauer	North County	41-09 3/4	1996	Lutricia Purham	Marquette 43-04
1997	Dawn Kiger	Clark Co.	38-04 1/4	1997	Laura Lukens	Cape Central 40-08 1/2
1998	Ruth Washington	Ruskin	38-11 1/2	1998	Marisha Griffen	Normandy 40-00 1/2
1999	Holly Scherder	Bowling Green	39-02	1999	Tamika Lomax	Raytown 41-07 1/2
2000	Allison Rosewicz	Cassville	41-04	2000	Amarachi Ukabam	Marquette 43-09 3/4
2001	Tiffanie Jones	Warrensburg	41-07	2001	Amarachi Ukabam	Marquette 42-09
2002	Nicole Portell	Herculaneum	42-00	2002	Amarachi Ukabam	Marquette 42-08 1/2
2003	Traci Werner	Nevada	42-01 1/4	2003	Laura Ortinau	Oakville 41-08 1/4
2004	Krishna Lee	O'Hara	42-10	2004	Kendra Williams	Kirkwood 41-05 3/4
2005	Kendra Green	Boonville	47-00	2005	Megan Simpson	Blue Springs South 39-03 1/2
2006	Richael Roach	Lutheran South	43-07 1/4	2006	Katie Vanarsdall	Fort Osage 42-07 3/4
2007	Rickael Roach	Lutheran South	45-07 1/2	2007	Jasmine Boyer	Fort Zumwalt West 42-06 1/4
2008	Brittany Borman	Festus	42-08	2008	Jasmine Boyer	Fort Zumwalt West 46-09 3/4
2009	Kelly Klusmeyer	Boonville	41-04 1/2	2009	Jill Rushin	Jackson 47-04 1/2

MSHSAA Girls State Meet Event Champions 1975-2009

Discus Throw

				Class A			
				1976	Cindy Kiser	Branson	124-06
				1977	Irma Dovin	Knox Co.	122-08
				1978	Becky Reeves	Oak Grove	106-08
Class 1A/Class 1		Class 2A/Class 2					
1979	Rene Gault	Hale	105-11	1979	Cynthia Millentree	Lexington	110-03
1980	Nancy Brandt	Fairfax	118-10	1980	Connie Hall	Knox Co.	109-03
1981	Nancy Brandt	Fairfax	123-02	1981	Lynda Danley	Rock Port	113-05
1982	Nancy Brandt	Fairfax	128-02	1982	Lynda Danley	Rock Port	126-05
1983	Debby Fry	Polo	103-04	1983	Sara Ritchie	Knob Noster	126-02
1984	Lisa Farris	Marceline	107-09	1984	Alecia Schoonover	Salisbury	123-09
1985	Kelly Cowan	Brunswick	107-03	1985	Stefani Haag	Brookfield	112-02
1986	Sherry Parks	Santa Fe	118-08	1986	Stefani Haag	Brookfield	123-11
1987	Kelly Arndt	Crest Ridge	112-09	1987	Stefani Haag	Brookfield	134-08
1988	Chris Kassner	Rich Hill	112-04	1988	Cindy Nolan	Seneca	116-07
1989	Chris Kassner	Rich Hill	114-11	1989	Cindy Nolan	Seneca	123-09
1990	Connie Limback	Santa Fe	103-01	1990	Mitzi Noelker	Lexington	123-00
1991	Leigh Ann Clayton	Norborne	108-04	1991	Angela Branson	Steelville	124-04
1992	Leah Miller	Slater	114-09	1992	Suzanne Sidwell	Louisiana	123-01
1993	Leigh Ann Clayton	Norborne	106-06	1993	Jennifer Tuck	Orchard Farm	119-03
1994	Mindi Gamel	Worth Co.	113-07	1994	Jennifer Tuck	Orchard Farm	133-10
1995	Heather Boehne	Lockwood	113-01	1995	Jennifer Tuck	Orchard Farm	127-06
1996	Marlies Ozias	Crest Ridge	107-08	1996	Miranda Beadles	West Platte	116-01
1997	Jamie Schofield	Rich Hill	114-01	1997	Dan Livingston-Fran	Metro (SL)	119-09
1998	Jennifer Johnson	Princeton	103-04	1998	Nicole Cassmeyer	Blair Oaks	118-10
1999	Rayna Monroe	Hardin-Central	114-09	1999	Jamie Snider	Hamilton	119-10
2000	Katie Scherer	Crest Ridge	124-07	2000	Lindsey Markworth	Lexington	134-10
2001	April Miller	Worth Co.	113-10	2001	Lindsey Markworth	Lexington	137-00
2002	April Miller	Worth Co.	120-01	2002	Elisha Hunt	Linn	125-07
2003	Leah Wilson	Marion Co.	106-01	2003	Loren Groves	Scott City	143-11
2004	Cortney Vie	Lone Jack	123-02	2004	Loren Groves	Scott City	151-07
2005	Carrie Talbot	Jasper	117-05	2005	Lisa Hughes	Orchard Farm	134-04
2006	Carrie Talbot	Jasper	125-04	2006	Rachel Travis	Lutheran (SC)	129-11
2007	Cassie Wright	Santa Fe	108-05	2007	Katie Evans	Putnam Co.	128-00
2008	Kyleigh Parrish	Rock Port	115-00	2008	Katie Evans	Putnam Co.	140-01
2009	Mallory Embree	Sturgeon	114-11	2009	Katie Evans	Putnam Co.	160-05

MSHSAA Girls State Meet Event Champions 1975-2009

Discus Throw

				Open		
				1975	Linda Stewart	Carl Junction 117-01
				Class 2A		
				1976	Lynn Worley	Lebanon 114-10
				1977	Johnna Cook	Liberty 119-08
				1978	Mary Hyder	Jefferson City 123-07
Class 3A/Class 3				Class 4A/Class 4		
1979	Robin Sandbothe	Washington	130-03	1979	Carrie Bates	Hickman Mills 128-10
1980	Kay Wright	Harrisonville	120-02	1980	Sandra Tate	Webster Groves 126-11
1981	Kay Wright	Harrisonville	124-00	1981	Lisa Bossch	Parkway North 135-06
1982	Kay Wright	Harrisonville	131-02	1982	Denise Buchanan	Glendale 148-03
1983	Coleen Wagner	Camdenton	135-00	1983	Denise Buchanan	Glendale 153-04
1984	Bekki Turner	Monett	129-01	1984	Michelle Flowers	Raytown South 133-10
1985	Gail Peak	Marshfield	128-08	1985	Michelle Flowers	Raytown South 140-06
1986	Gail Peak	Marshfield	135-03	1986	Julie Grimes	Jefferson City 129-03
1987	Marion Washington	Hogan	130-08	1987	Wendee Brown	Blue Springs 127-07
1988	Marion Washington	Hogan	134-10	1988	Julia Smith	Kirkwood 140-04
1989	Melanie Houser	Aurora	117-07	1989	Nicole Chester	Parkway West 146-11
1990	Amy Russell	Branson	129-06	1990	Debbie Kusiak	Wentzville 127-02
1991	Chel Fletcher	Carl Junction	129-02	1991	Jeneen Townsend	Jefferson City 139-09
1992	Chel Fletcher	Carl Junction	131-08	1992	Valeyta Althouse	Blue Springs 133-09
1993	Jennifer Phillips	Harrisonville	122-06	1993	Jennifer Salts	Rolla 119-03
1994	Heather White	Ray-Pec	135-07	1994	Laura Sorenson	Oakville 127-00
1995	Heather White	Ray-Pec	128-00	1995	Stephanie Jackson	St. Joe Benton 129-09
1996	Heather Coker	Branson	128-10	1996	Lutricia Purham	Marquette 136-01
1997	April Sims	Ozark	125-11	1997	Laura Lukens	Cape Central 145-08
1998	Callie Newton	Republic	132-03	1998	Carla Grewe	Hillsboro 137-04
1999	Merissa Hunter	Hickman Mills	136-09	1999	Dion McNeal	Parkway West 146-01
2000	Ann Snider	Harrisonville	125-09	2000	Mary Wirt	Liberty 139-01
2001	Danee Jones	Clayton	142-04	2001	Amarachi Ukabam	Marquette 165-01
2002	Amanda Newton	Republic	143-06	2002	Amarachi Ukabam	Marquette 156-07
2003	Krishna Lee	O'Hara	136-04	2003	Omega Key	Poplar Bluff 128-01
2004	Krishna Lee	O'Hara	140-06	2004	Leah Lord	Raytown South 127-02
2005	Hope Harris	Clinton	151-04	2005	Efia Walls	Hazelwood East 140-10
2006	Hope Harris	Clinton	148-05	2006	Megan Collins	Lee's Summit North 131-09
2007	Rickael Roach	Lutheran South	152-09	2007	Jelani Kelly	Hazelwood Central 134-06
2008	Brittany Borman	Festus	135-09	2008	Megan Collins	Lee's Summit North 153-02
2009	Kylie Jones	Webb City	141-06	2009	Jill Rushin	Jackson 146-03

MSHSAA Girls State Meet Event Champions 1975-2009

Long Jump

				Class A			
				1976	Georgi Redden	Cassville	17-01 1/2
				1977	Kathy Muller	St. Mary's (Ind)	17-03
				1978	Debbie Webber	Keytesville	16-10 1/2
Class 1A/Class 1			Class 2A/Class 2				
1979	Tina Gilbert	Northwestern	16-10 3/4	1979	Deb Chappell	Mark Twain	17-03
1980	Tina Gilbert	Northwestern	17-06 1/4	1980	Judy Vaughn	North Calloway	17-00 1/4
1981	Kay Donovan	Stanberry	16-08	1981	Jackie Reed	Hayti	17-10 1/2
1982	Sally Spillman	Gallatin	17-07 1/4	1982	Ameka Hannon	Lexington	18-02
1983	Dana Dawson	West Nodaway	17-00 1/4	1983	Sandy Cummings	Smithville	17-09 1/4
1984	Dana Dawson	West Nodaway	17-00	1984	Sandy Cummings	Smithville	17-06
1985	Dana Dawson	West Nodaway	17-08	1985	Sandy Cummings	Smithville	17-06 1/2
1986	Michelle Whistler	Chaffee	16-09	1986	Roslyn Lewis	Salisbury	17-00
1987	Michelle Whistler	Chaffee	17-05	1987	Anietie Ekong	Brentwood	17-07 3/4
1988	Michelle Whistler	Chaffee	17-04 1/2	1988	Cassandra Salmons	Louisiana	17-09 1/2
1989	Tammie Anderson	Clopton	17-06 1/2	1989	Cassie Bryant	Dixon	17-08
1990	Richelle Winn	Brunswick	17-07 3/4	1990	Cassie Bryant	Dixon	18-07 3/4
1991	Anne Northrup	Mound City	17-03	1991	Rebecca Mayfield	Lamar	16-11 1/2
1992	Richelle Winn	Brunswick	17-01 3/4	1992	Hollie Elliot	Putnam Co.	16-05
1993	Tiffany Plattner	Santa Fe	17-00 1/4	1993	Cindy Critten	Gallatin	17-00 1/4
1994	Kassia Walker	Barstow	17-04 1/4	1994	Tina Reed	Adrian	17-10 1/2
1995	Cindy Critten	Gallatin	17-01 1/2	1995	Abby Rollert	Smithville	16-07 1/2
1996	Cindy Critten	Gallatin	16-08	1996	Jill Aholt	Linn	17-06 1/4
1997	Terra Robinson	Rock Port	16-06 3/4	1997	Melanie McDaniel	Lutheran North	18-00 3/4
1998	April House	North Andrew	17-01 1/2	1998	Melanie McDaniel	Lutheran North	16-06
1999	Mary Lowe	Bevier	17-01 3/4	1999	Victoria Freeman	Blair Oaks	17-01 3/4
2000	Terra Robinson	Rock Port	16-04	2000	Jamie Flowers	Whitfield	17-07 1/4w
2001	Shelley Seider	Rich Hill	16-06 1/4	2001	Phabienne Parker	Whitfield	17-07w
2002	Ashley Rinehart	Ridgeway	16-04 1/4w	2002	Cassie Robey	Monroe City	16-11 1/2
2003	Shelley Seider	Rich Hill	17-03 1/4	2003	Cassie Robey	Monroe City	17-08 1/2
2004	Shelley Seider	Rich Hill	17-07 1/2	2004	Jordann Plummer	Cardinal Ritter	17-10
2005	Kelly McKay	Liberal	16-02 1/4	2005	Jelessa Stafford	Lexington	17-00 1/2
2006	Ashlee Miller	Osborn	18-02 1/4	2006	Precious Selmon	Crystal City	18-01
2007	Danielle Parker	Lockwood	16-08 1/4	2007	Courtney Shuman	Clark Co.	17-06
2008	Melissa McGinley	Albany	16-09 1/4	2008	Lindsay Vollmer	Hamilton	18-07 1/4
2009	Michelle Persich	KC Lutheran	16-05 3/4	2009	Precious Selmon	Crystal City	19-03 1/4

MSHSAA Girls State Meet Event Champions 1975-2009

Long Jump

				Open			
				1975	Mary Smith	Beaumont	19-00 1/2
				Class AA			
				1976	Mary Smith	Beaumont	19-00 3/4
				1977	Jennie Gorham	North Kansas City	18-09
				1978	Chris Linville	Winnetonka	17-07
Class 3A/Class 3			Class 4A/Class 4				
1979	Frances Harrison	Waynesville	18-07 3/4	1979	Chris Linville	Winnetonka	18-03 1/4
1980	Lisa Kissee	Ozark	16-10 1/4	1980	Carla Williams	KC East	17-10 1/4
1981	Connie Shewmaker	Buffalo	17-09 1/2	1981	Lorinda Richardson	Hickman	19-05 1/2
1982	Jennifer Rowland	Richmond	17-11 1/4	1982	Rhonda Paine	Grandview	19-05 1/2
1983	Cindy Westeen	Lutheran South	17-05 1/2	1983	Martina Nichols	Hazelwood West	18-09 1/4
1984	Teresa Thornton	Festus	17-10 3/4	1984	Lorinda Richardson	Hickman	19-00 3/4
1985	Teresa Thornton	Festus	18-11 1/2	1985	Sherri Hines	St. Joe Central	19-04 1/2
1986	Mitzi Abney	Willard	17-09 1/4	1986	Felicia Allen	Riverview Gardens	19-08 1/4
1987	Julie Geiger	Boonville	17-06 1/2	1987	Erica Calhoun	KC Southeast	18-05 1/4
1988	Andrea Seabaugh	Fredericktown	17-11	1988	Angie Balducci	Wentzville	18-10 1/4
1989	Christy Sternberg	Harrisonville	17-03 3/4	1989	Angie Balducci	Wentzville	18-07 1/2
1990	Tracie Driver	Caruthersville	18-04	1990	Kellie Suttle	Francis Howell	18-07
1991	Tammy Mohesky	Union	17-03	1991	Valarie Lenley	Ruskin	18-11
1992	Wendy Taylor	Union	17-11 1/2	1992	Valarie Lenley	Ruskin	19-00
1993	LaToya Williams	Jennings	18-11 1/2	1993	Erin Narzinski	Oakville	19-07 1/2
1994	Lisa Davies	Oak Grove	19-05	1994	Erin Narzinski	Oakville	19-01
1995	LaToya Williams	Jennings	17-02 1/2	1995	Sheri Pewitte	Blue Springs South	18-01 3/4
1996	Lauren Ivey	Marshfield	17-06	1996	Sylvia Wofford	Joplin	18-00 1/4
1997	Harie Waffenschmidt	New Madrid CC	18-01	1997	Muna Lee	KC Central	18-06
1998	Nina Gooden	Oak Grove	17-04 3/4	1998	Abbe Ohneck	Rock Bridge	18-07 3/4
1999	Sarah Long	O'Hara	17-08	1999	Dionna Webb	Cape Central	18-11 1/2
2000	Samantha Stanley	Oak Grove	18-06 1/4	2000	Muna Lee	KC Central	19-06
2001	Samantha Stanley	Oak Grove	18-00	2001	Andrea Coomes	Oak Park	18-05 3/4
2002	Lucretia Rimmer	Ruskin	18-07 3/4	2002	Kate Alderson	Park Hill South	18-02 1/2
2003	Sarah Bowling	Monett	18-04	2003	Kaela Rorvig	Hickman	18-08
2004	Megan Fisher	Harrisonville	16-10 1/2	2004	Chantae McMillan	Rolla	18-11
2005	Natalie Stump	St. Pius (KC)	17-07 3/4	2005	Chantae McMillan	Rolla	19-05 1/2
2006	McKenzie Rhea	Webb City	17-05 1/4	2006	Leandra McGruder	Jefferson City	18-10 1/4
2007	Katy Roweton	Bolivar	17-03 3/4	2007	Shawnte' Middlebrook	Lee's Summit West	18-07
2008	Arteshia Williams	Ruskin	18-02	2008	Jade Nalls	Raytown South	18-06 1/2
2009	Jordan Stiens	Maryville	18-09 1/4	2009	Erin Alewine	Jefferson City	18-01 3/4

MSHSAA Girls State Meet Event Champions 1978-2009
Triple Jump

				Class A			
				1978	Kathy Wilson	Crystal City	34-01
Class 1A/Class 1				Class 2A/Class 2			
1979	Tina Gilbert	Northwestern	35-06	1979	Malissa McFerren	Cassville	34-08 3/4
1980	Tina Gilbert	Northwestern	36-04	1980	Liz Bush	Fayette	35-06
1981	Sally Spillman	Gallatin	34-09 1/2	1981	Liz Bush	Fayette	35-08 1/2
1982	Vicki Stoll	Stanberry	35-11	1982	Lisa Ellis	Elsberry	37-01 1/2
1983	Vicki Stoll	Stanberry	34-06 3/4	1983	Lisa Ellis	Elsberry	37-11
1984	Shannon Jones	Appleton City	36-02 1/2	1984	Lisa Ellis	Elsberry	36-09 3/4
1985	Shelly Powell	Brunswick	35-05 1/2	1985	Tina May	Plattsburg	36-02
1986	Shelly Powell	Brunswick	35-02 1/2	1986	Roslyn Lewis	Salisbury	35-05
1987	Shelly Powell	Brunswick	37-04 1/4	1987	Roslyn Lewis	Salisbury	36-01 1/2
1988	Yvette Buhlig	Santa Fe	35-06	1988	Cassie Bryant	Dixon	37-07 3/4
1989	Jenny Nail	Orrick	33-11 3/4	1989	Cassie Bryant	Dixon	37-04 3/4
1990	Jenny Nail	Orrick	33-11 3/4	1990	Cassie Bryant	Dixon	36-06
1991	Marla Brown	Appleton City	34-11 1/2	1991	Melissa Clark	Smithville	36-03 1/4
1992	Jenny Nail	Orrick	35-07 1/4	1992	Paige Bixler	Tipton	33-08 1/2
1993	Angel Hunsaker	North Andrew	37-04 1/2	1993	Paige Bixler	Tipton	35-10 1/4
1994	Angel Hunsaker	North Andrew	36-00 3/4	1994	Cindy Critten	Gallatin	36-11
1995	Cindy Critten	Gallatin	36-04 3/4	1995	Jessica Field	Hermann	36-07 1/2
1996	Cindy Critten	Gallatin	36-10 1/2	1996	Abby Rollert	Smithville	36-09 1/4
1997	Merideth Neal	KC Lutheran	35-00 3/4	1997	Michelle Williams	Monroe City	36-06
1998	Amy Davis	King City	37-07	1998	Shonna Sherrell	Dixon	36-09
1999	Merideth Neal	KC Lutheran	35-02 3/4	1999	Shonna Sherrell	Dixon	36-03 1/4
2000	Kim Armbruster	Valle	34-03 1/2	2000	Angelika Servo	West Platte	36-07 3/4
2001	Rachel Stevens	Albany	34-07 1/4	2001	Phabienne Parker	Whitfield	37-09 3/4
2002	Rachel Stevens	Albany	35-01 1/4w	2002	Kenya Fuemmeler	Salisbury	36-08w
2003	Ashley Rinehart	Ridgeway	35-05	2003	Cassie Robey	Monroe City	35-03
2004	Ashley Rinehart	Ridgeway	35-06	2004	Lisa Clark	Lutheran (SC)	36-00 1/2
2005	Katie Sargent	Meadville	33-10 1/2	2005	Jelessa Stafford	Lexington	36-02 1/4
2006	Kaci Sargent	Meadville	34-11 1/2	2006	Courtney Shuman	Clark Co.	37-03
2007	Kalie Hogan	Norborne	34-02 1/4	2007	Courtney Shuman	Clark Co.	37-11 1/4
2008	Kaci Sargent	Meadville	35-08 1/4w	2008	Anessa Alexander	Strafford	35-10
2009	Kallie Schoonover	Mound City	35-03	2009	Amber White	Cuba	35-04

MSHSAA Girls State Meet Event Champions 1978-2009

Triple Jump

				Class AA			
				1978	Francis Harrison	Waynesville	37-11
Class 3A/Class 3				Class 4A/Class 4			
1979	Frances Harrison	Waynesville	36-09	1979	Tina Jones	KC Southwest	37-03
1980	Kim Rafferty	Warrensburg	36-08	1980	Schreece Daniels	Beaumont	37-02 1/2
1981	Angela Douglas	Macon	36-05 1/2	1981	Iris Walker	Waynesville	38-08
1982	Maryann Hamm	Camdenton	36-01 1/4	1982	Donna Ellerson	Hazelwood East	37-10 1/2
1983	Patricia Bagby	Aurora	37-03 1/4	1983	Shirlie Gibson	Beaumont	38-05
1984	Shernell Pinkston	Waynesville	37-01	1984	Trina Osborne	Springfield Central	37-05 1/4
1985	Melinda Burnett	Monett	36-10 1/4	1985	Adonica Williams	Sumner	38-01 1/2
1986	Julie Geiger	Boonville	36-08 1/2	1986	Sherri Hines	St. Joe Central	38-04 1/2
1987	Julie Geiger	Boonville	38-03	1987	Angie Balducci	Wentzville	37-05 1/4
1988	Missy Haley	Festus	38-00 3/4	1988	Charmen Jackson	Lafayette	37-11 1/4
1989	Dionne Lamarque	Union	36-01 1/2	1989	Candice Coleman	Jefferson City	36-11 1/2
1990	Tracie Driver	Caruthersville	36-07	1990	Kayla Booker	Riverview Gardens	38-06 3/4
1991	Carla Kissee	Clinton	36-01	1991	Kayla Booker	Riverview Gardens	38-06 1/2
1992	Pam Cummings	Ray-Pec	38-03 1/4	1992	Dawn Larry	Jefferson City	36-09 1/4
1993	Pam Cummings	Ray-Pec	40-01	1993	Deirdre Fortman	Park Hill	38-08
1994	Lisa Davies	Oak Grove	38-07	1994	Deirdre Fortman	Park Hill	39-03 1/2
1995	Stoutweeda Larry	Caruthersville	36-00 3/4	1995	Deirdre Fortman	Park Hill	40-09 1/4
1996	Lauren Ivey	Marshfield	36-07	1996	Lindsey Miller	Lee's Summit	38-02 3/4
1997	Becca Perry	MICDS	36-01	1997	Abbe Ohneck	Rock Bridge	37-10
1998	Becca Perry	MICDS	37-05 3/4	1998	Abbe Ohneck	Rock Bridge	38-04 1/2
1999	Sarah Long	O'Hara	38-01 1/2	1999	Lakeshia Finch	Rockwood Summit	38-07 1/2
2000	Lucretia Rimmer	Ruskin	36-04 1/2	2000	Eziamaka Okafor	Rolla	37-10 1/2
2001	Lucretia Rimmer	Ruskin	36-08 1/2	2001	Eziamaka Okafor	Rolla	39-02 1/2w
2002	Lucretia Rimmer	Ruskin	38-00 3/4	2002	Eziamaka Okafor	Rolla	39-05 3/4
2003	Sarah Bowling	Monett	36-10 3/4	2003	Leandra McGruder	Jefferson City	38-02 1/4
2004	Christen Lauer	Lutheran South	36-08	2004	Kathryn Coleman	Gateway Tech	40-03 1/4
2005	Natalie Stump	St. Pius (KC)	37-07 1/4	2005	Leandra McGruder	Jefferson City	39-07
2006	Danielle Oliver	Ladue	37-03 1/2	2006	Leandra McGruder	Jefferson City	39-09 3/4
2007	Kelly Reardon	Notre Dame (KC)	37-02 1/2	2007	Katy Thomas	Park Hill South	38-00 3/4
2008	Ashane Johnson	Moberly	37-06 1/2	2008	Jade Nalls	Raytown South	39-03 1/2w
2009	Jalexis Peterson	Lincoln (KC)	38-11w	2009	Morgan Reid	North Kansas City	39-00w

MSHSAA Girls State Meet Event Champions 1975-2009

High Jump

				Class A			
				1976	Linda Lacy	Lathrop	5-01
				1977	Flo Renner	Greenwood	5-02
				1978	Melissa McFerrin	Cassville	5-02
Class 1A/Class 1				Class 2A/Class 2			
1979	Flo Renner	Greenwood	5-04	1979	Tracie Broughton	Butler	5-03
1980	Tina Gilbert	Northwestern	5-02 1/2	1980	Alberta Thomas	Hayti	5-03 1/2
1981	Janis Borgman	Wellington-Napoleon	5-03	1981	Peggy Pierson	Stockton	5-04
1982	Carey McGinnis	Jasper	5-03	1982	Liz Greenstreet	Sherwood	5-02
1983	Carey McGinnis	Jasper	5-01	1983	Liz Bush	Fayette	5-03
1984	Shannon Jones	Appleton City	5-02	1984	Chris Frey	Diamond	5-03
1985	Carol Pearman	Cass Midway	5-00	1985	Julie Sandfort	Osage	5-02
1986	Kristen Grimes	Linn Co.	5-01	1986	Stacey Primus	North Calloway	5-03
1987	Beth Flanary	Archie	5-00	1987	Brit Dunkman	Orchard Farm	5-03
1988	Beth Flanary	Archie	5-02	1988	Connie Teaberry	Lutheran North	5-05
1989	Keri Rounkles	Tina-Avalon	4-11	1989	Eby Hardman	Lamar	5-03
1990	Erin Burns	Wellington-Napoleon	5-01	1990	Tracey Barney	Grain Valley	5-03
1991	Elaina Crow	Orrick	5-03	1991	Stephanie Thompson	Higginsville	5-04
1992	Elaina Crow	Orrick	5-04 1/4	1992	Nicki Webber	Scotland Co.	5-04
1993	Erin Burns	Wellington-Napoleon	5-07	1993	Jessica Hartman	Springfield Catholic	5-06
1994	Jill Stanley	Princeton	5-05	1994	Kelli Newkirk	Warsaw	5-05
1995	Cindy Critten	Gallatin	5-05	1995	Allison Krumme	Mid Buchanan	5-06
1996	Jill Stanley	Princeton	5-04	1996	DeShaci Barrickman	Spokane	5-07
1997	Jill Stanley	Princeton	5-03	1997	Jana Tillman	Lutheran North	5-07 1/2
1998	Anne Powell	Princeton	5-06	1998	Jana Tillman	Lutheran North	5-05
1999	Anne Powell	Princeton	5-02	1999	Bregan Hubbard	Pembroke	5-02
2000	Anne Powell	Princeton	5-01	2000	Crystal Manning	Spokane	5-02
2001	Darci Castillo	West Nodaway	5-00	2001	Amy Gilbert	Marionville	5-02
2002	Kara Page	Braymer	5-02	2002	Amy Gilbert	Marionville	5-02
2003	Tierney Eaton	Worth Co.	5-06	2003	Katie Fowler	Putnam Co.	5-03
2004	Jamie Webster	Mound City	5-03	2004	Katie Fowler	Putnam Co.	5-03
2005	Tierney Eaton	Worth Co.	5-04	2005	Sydney Winslow	Lexington	5-05
2006	Kala Fields	Hardin-Central	5-03	2006	Lisa Vengels	Dixon	5-05
2007	Hannah Barker	Winston	5-03	2007	Cara Harbstreet	Sherwood	5-06
2008	Laura Graybill	Rock Port	5-00	2008	Lindsay Vollmer	Hamilton	5-04
2009	Jessica Redd	Marion Co.	5-02	2009	Lindsay Vollmer	Hamilton	5-07

MSHSAA Girls State Meet Event Champions 1975-2009

High Jump

				Open			
				1975	Mary Kunkel	Cleveland	5-04
				Class AA			
				1976	Theresa Rankin	Mexico	5-04
				1977	Shawn Corwin	North Kansas City	5-06
				1978	Karen Davis	Francis Howell	5-06
Class 3A/Class 3				Class 4A/Class 4			
1979	Mary Nan Chapman	Chillicothe	5-06	1979	Karen Davis	Francis Howell	5-06
1980	Susan Giudicy	Herculaneum	5-04	1980	Jan Hawk	Oak Park	5-06 1/4
1981	Mary Nan Chapman	Chillicothe	5-06 1/2	1981	Cathy Hardin	Eureka	5-05
1982	Suzanne Nyander	McDonald Co.	5-06	1982	Donna Ellerson	Hazelwood East	5-07
1983	Suzanne Nyander	McDonald Co.	5-07 1/4	1983	Donna Ellerson	Hazelwood East	5-07 1/2
1984	Jan Lenox	Duchense	5-05	1984	Latonya Tatum	William Chrisman	5-08
1985	Angela Beckett	Monett	5-06	1985	LaTonya Tatum	William Chrisman	5-07
1986	Angela Beckett	Monett	5-07 1/4	1986	Angela James	Cape Central	5-03
1987	Angela Beckett	Monett	5-06	1987	Stacy Roberts	Rock Bridge	5-06
1988	Diane Cummings	Ray-Pec	5-05	1988	Deanna Clemment	St. Joe Central	5-05
1989	Karrie Penner	Mountain Grove	5-04	1989	Carrie Fletcher	Lafayette	5-06
1990	Diane Cummings	Ray-Pec	5-05	1990	Keely Harding	Carthage	5-06
1991	Leslie White	Chillicothe	5-07	1991	Tina Collins	Sikeston	5-04
1992	Leslie White	Chillicothe	5-04	1992	Kelly McNett	Truman	5-05
1993	Lisa Davies	Oak Grove	5-06	1993	Heather Fisher	Jefferson City	5-07
1994	Candy Mason	Nevada	5-06	1994	Amy Duncan	Hickman	5-05
1995	Lisa McKay	North County	5-03	1995	Michelle Moran	Lafayette	5-04
1996	Jennifer Monnig	Helias	5-04	1996	Michelle Moran	Lafayette	5-07
1997	Kelli Jane Newkirk	Warsaw	5-05	1997	Michelle Moran	Lafayette	5-04
1998	Dena Moore	Pacific	5-04	1998	Abbe Ohneck	Rock Bridge	5-06
1999	Valarie Summa	Smithville	5-07	1999	Jennifer Drum	Smith-Cotton	5-07
2000	Valarie Summa	Smithville	5-07 1/2	2000	Jennifer Drum	Smith-Cotton	5-09
2001	Esther Hopkins	Logan-Rogersville	5-04	2001	Alicia Cannady	McCluer North	5-08
2002	Chanell Charapata	Notre Dame (KC)	5-06	2002	Alicia Cannady	McCluer North	5-06
2003	Jodi Donovan	St. Joe Benton	5-06	2003	Courtney Huber	Fort Zumwalt West	5-04
2004	Haley Morrissey	Macon	5-06	2004	Funtasia Clark	Jefferson City	5-06
2005	Amanda Albrecht	Herculaneum	5-06	2005	Funtasia Clark	Jefferson City	5-07 1/4
2006	Brittany Borman	Festus	5-04	2006	Sydney Winslow	Farmington	5-08
2007	Emily Duschen	Notre Dame (KC)	5-05	2007	Ashley Taylor	Oak Park	5-07
2008	Morgan Whitson	Moberly	5-04	2008	Mirjam Albrecht	Oak Park	5-05
2009	Briana Isom-Brummer	Villa Duchesne	5-07	2009	Kim Nagy	Oakville	5-05.

MSHSAA Girls State Meet Event Champions 1999-2009

Pole Vault

Class 1A/Class 1				Class 2A/Class 2			
1999	Cathy Otte	Valle	8-03	1999	Kim Wegner	Springfield Catholic	9-03
2000	Cathy Otte	Valle	9-00	2000	Jennifer Bennett	Southern Boone Co.	9-06
2001	Katrina Schapeler	Rich Hill	9-03	2001	Stephanie Miller	Pierce City	10-03
2002	Katrina Schapeler	Rich Hill	8-09	2002	Erin Carver	Cass Midway	9-06
2003	Erin Carver	Cass Midway	10-03	2003	Erin Shryock	North Calloway	10-09
2004	Katrina Schapeler	Rich Hill	9-06	2004	Stephanie Miller	Pierce City	9-09
2005	Katie Smith	Liberal	9-03	2005	Cara Grinde	Monroe City	10-03
2006	Katie Doerhoff	St. Elizabeth	9-00	2006	Cara Grinde	Monroe City	11-00
2007	Katie Doerhoff	St. Elizabeth	9-09	2007	Shelby Franklin	Monroe City	12-00
2008	Vanessa Langford	Bronaugh	9-09	2008	Shelby Franklin	Monroe City	11-06
2009	Jessica Borey	Worth Co.	10-04	2009	Shelby Franklin	Monroe City	11-00
Class 3A/Class 3				Class 4A/Class 4			
1999	Laura Heiman	MICDS	10-00	1999	Lindsey Bourne	Joplin	10-09
2000	Natalee Allen	Excelsior Springs	10-09	2000	Lindsey Bourne	Joplin	12-00
2001	Natalee Allen	Excelsior Springs	11-06	2001	Christina Gilpin	Jefferson City	11-04
2002	Anna Koons	Warrensburg	11-00	2002	Susan Stroud	Farmington	11-09
2003	Natalee Allen	Excelsior Springs	11-03	2003	Vera Neuenswander	Jefferson City	11-00
2004	Andrea Fuhrer	Mexico	10-06	2004	Heather Wohlleber	Lee's Summit	10-09
2005	Tara Diebold	Branson	11-09	2005	Vera Neuenswander	Jefferson City	11-08
2006	Tara Diebold	Branson	12-04	2006	Vera Neuenswander	Jefferson City	12-01
2007	Tara Diebold	Branson	12-05	2007	Breanna Bussel	Jefferson City	11-09
2008	Michelle Lange	Ladue	11-06	2008	Bethany Buell	Rockwood Summit	11-09
2009	Molly Barnes	Farmington	11-03	2009	Bethany Buell	Rockwood Summit	12-02

**MSHSAA Girls State Meet Event Champions 1975-1977
Softball Throw**

					Open		
				1975	Cindy Wilson	Kickapoo	202-06
	Class A				Class AA		
1976	Patty Rakers	Montgomery Co.	222-01	1976	Valeria Brown	Clinton	204-10
1977	Judy Vaughn	North Callaway	216-05	1977	Becky Bollinger	Jackson	202-09