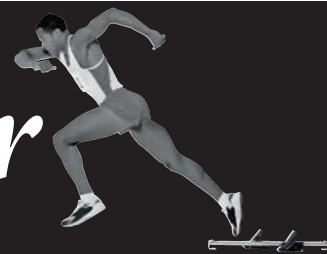


# MTCCCA Newsletter

Fall 2011 Issue



Volume 16– Issue 1

## Message from the President

Greetings Colleagues –

During the past 25 years, I have grown to appreciate more and more the time I get to spend with all of you during the MTCCCA clinic. The clinic has experienced venue and organizational changes and withstood some foul weather, but — most importantly — it has grown. I have always looked at these two days as a way to recharge the batteries, reconnect with colleagues and start making plans for the upcoming season. This year will be no different.

Through the years, I've consistently heard comments like “if I pick up just one thing ... a drill, a workout, another way to reach kids, it is worth my time.” And it seems everyone values the time between sessions when we can chat with colleagues about the last speaker, share workouts and determine how to incorporate them into your current philosophy.

In addition to the clinic's great speakers, you are almost guaranteed to pick up great advice and perspectives at the Hall of Fame Banquet (organized this year by President-Elect Larry Clear of Saxony Lutheran). In the brief time they have to speak and accept their honors, they share great nuggets of wisdom. I have heard statements in this setting that I still use today. The people we honor at this banquet set the bar for the young coaches coming into our sport.

Past presidents have commented about the improvement of the athletes and level of competition in Missouri. I must say I am equally impressed. Missouri athletes must be a hardy bunch to endure temperature swings that are perhaps unparalleled in the country. From heat advisory days to deciding if 17 degrees below wind chill is too cold to host a sectional cross country meet is just one example I can remember (the meet was at Swope Park).

Ours is a sport that allows us to get to know and cheer on kids not on our own teams who have reached a level of excellence. During the years, I have shared meaningful conversations with athletes from all over the state in both Cross Country and Track; these kids have done our sport proud! The history of running in THIS Missouri should be celebrated and embraced, and we should be encouraged about the future!

I have enjoyed working my way up the ladder the last four years with

past presidents Karen Sanders, Chris Scott and Keith Harder. Each one brought a unique touch to the clinic and was an outstanding partner and teacher. I fed off their enthusiasm and energy level as I prepared for my turn at the helm!

With that said, three stalwarts of the clinic who deserve much of the credit for the growth of the organization are Dean Hays, Jamie Schieber and Aaron Moser. If you need to know just about anything about the history of track and field in Missouri, ask Dean. (Rumor has it he was around when Phedippides ran from Marathon to Athens!)

Jamie Schieber and her staff work tirelessly to ensure that rooms and technology are ready so the rest of us can relax and learn. Without the connections of M-F athletics, we would not be able to access some of the biggest names in the sport. I have been fortunate to see John McDonald of Arkansas, Jim Spivey, Willie Banks and Mike Powell, Dr. Jack Daniels and Missouri's own Matt Tegenkamp. If you see Dean, Jamie or Aaron, thank them for what they do.

Of course, knowledge, insight and wisdom are not relegated to just Olympians or college coaches. As Missouri coaches, we also should be very proud of our own! While I have picked up great insight from the elite athletes and coaches, I have learned just as much from area high school coaches who are willing to share workouts, frustrations, challenges and celebrations. I can honestly say that without the support of my colleagues, my career would have been much shorter! With that in mind one thing I want to bring to the clinic this year is a session that will take advantage of a few of our Hall of Famers. At this writing, we are in the process of making this happen. The working title options are “Building a Hall of Fame Career” or “It's not about the Workouts!” This idea surfaced after working on the Hall of Fame banquet and getting a chance to peak inside the minds of gentlemen and ladies who far surpass the ability to get kids to run fast, jump high or throw far. By doing what they do, they can help young men or women have experiences that will stay with them long after the uniforms and spikes are put away!

Please join us Dec. 9 and 10 in Columbia to refresh, recharge and maybe just learn a little something.

*Todd Warner*  
**MTCCCA President**

# Missouri Track & Cross Country Coaches Association

Annual Clinic and Hall of Fame Induction



December 9-10, 2011

## 2011 MTCCCA

### **Ty Sevin, USATF Training Center**

Ty Sevin is the Throws and Pole Vault National Coach for the US Olympic Training Center for USATF in San Diego, California. Prior to joining USATF he was the Assistant Track Coach at Oklahoma State, Texas A&M, and Michigan State. He has held the position of Head Track Coach at McNeese State University and USOC/Olympic Training Center Track Program. His career highlights include that he is currently coaching 8 Olympic or World Champion performers. He has coached Kara Patterson (women's javelin) and Chris Hill (men jr javelin) to American Records. He has coached 5 NCAA 18' Pole Vaulters, the 2007 National Pole Vault Champion, six 19' vaulters, three 6m men's pole vaulters and three 15 foot women's pole vaulters. He has coached 6 US Champions in the past 2 years and has an athlete ranked in top 5 in the world for 2011 in the discus, javelin and pole vault.

### **David Jackson, University of Massachusetts (Amherst)**

Coach Jackson is in his second Year at the University Of Massachusetts (Amherst) as the Multi Event, Horizontal and Vertical jumps coach. Jackson has been coaching track and field for over 12 years at the high school and collegiate levels. He is a USATF Level 1 & 2 coach in both the jumps and throws.

Jackson's collegiate coach career started at Roberts Wesleyan College (Rochester., NY) where he had 1 NAIA National qualifier in the 400m. His career continued at the University of North Carolina (Chapel Hill, NC) where he under the guidance of Antonio Pettigrew and Dennis Craddock worked with sprinters, women's pole vault and multi-event athletes, including three All-Americans and four ACC champions. Jackson made a move back to the north east to the University of Massachusetts Amherst where he has helped student athletes achieve 4 school records; 8 Atlantic 10 Conference titles; 3 New England championship titles; 12 IC4A/ECAC qualifying marks, and 2 NCAA East Regional qualifying marks.

Coach Jackson also spent time coaching at the high school ranks as a New York State public high school Section V track & field official, coaching sprints with ACS Track Club, Reflex Track Club, Nichols Academy and Churchville-Chili Sr. High. He also holds a BS in Media Studies from the University of Buffalo, and a MS in Communication Theory SUNY Brockport.

### **Jeff Pigg, University of Georgia**

Jeff Pigg began his tenure as Georgia's cross country coach in June 2008 after spending the last six years at the University of Florida and has quickly developed some of the nation's top distance talent at UGA. Pigg has coached more than 30 All-Americans in his 19 years of collegiate coaching.

### **Jeff Hartwig, MICDS**

Jeff Hartwig is a 2-time Olympic Pole Vault (96,08), having earned a spot on his second Olympic team at the age of 40. During Jeff's career he won 6 National titles indoors and out and set 11 American Records, one of which was becoming the first American to jump over the magical 6m (19'8 1/4") barrier. To date, only two other athletes in history have jumped higher indoors. Other highlights include 1998 Goodwill Games Champion and 1999 Indoor World Championship Silver Medalist.

### **Jon Drummond, With Purpose, LLC (Olympic Gold Medalist)**

Jon Drummond, Olympic Gold and Silver Medalist, 3-time World Champion and founder of With Purpose, LLC / Speed Technique Agility Reaction Training™ (START) has transitioned from competition to training and coaching aspiring and professional athletes. Since the inception of the START program, (Las Vegas 2004), Jon has successfully reared athletes to high school state championship titles, elite athletes to World Championship titles and US Olympic teams in track and field, football prospects to NFL/CFL teams and has worked with the US Olympic Speed Skating team as they prepared for the 2010 Olympics in Vancouver. Many young athletes have benefited from the START program by being ranked in the top-ten in the nation in their respective sports, progressing to the professional ranks and receiving full four-year scholarships to major universities and colleges. Jon is the Athlete Advisory Committee Chairman of USA Track and Field and the USA National Team Relay Coach.



### **Brett Halter**

Brett Halter is the head Track and Field coach at the University of Missouri. Beginning his 17th season at MU he has established himself as one of the most successful and respected throws coaches in the country. In total under Halter's tutelage, Tiger throwers have garnered 36 All-American awards, won 16 conference championships, had eight U.S. Olympic Trials qualifiers and have had five gain membership on seven U.S. National teams. He is also the coach of world champion shot putter and Olympic Silver Medalist, Christian Cantwell, who has been dominating the sport under Halter's tutelage.

### **Aaron Moser**

Aaron Moser is with M-F Athletic Company, a long-time supporter of the MTCCCA Clinic. He is a graduate of North County High School in Bonne Terre, Missouri and the University of Miami where he was an All American in 2000 in the Decathlon, as well as the Special Teams Player of the Year in 1999 and 2000. He currently travels throughout the USA and internationally speaking on

# Clinic Speakers

training with a focus on Dynamic Warmups, Kettlebells and Functional Training. The focus of Aaron's talk will be centered around Building from the Ground up a Better Athlete using Body weight training, and some various tools that may be new to the Athletes. This is a Learn by Doing Session.

## ***Michael Dierks***

Coach Dierks completed his 15th year as head coach in cross country and will begin his 8th year as head track & field coach for Rockhurst. During his tenure, the program has grown in size to an average of over 80 boys in cross country and 115 in track & field. He has led 6 teams to the state championships in cross country, including the school's first individual state champion. On the track, he has coached 5 athletes under 11 seconds in the 100m dash to 5 teams under 8 minutes in the 4X800 as he works with sprinters through distance runners. As a middle distance runner, Coach Dierks competed for his alma mater, Rockhurst, before going on to racing for the University of Notre Dame. He served as president of the Greater Kansas City Cross Country Coaches Association for 3 years.

## ***Dan Lefever***

Dan Lefever enters his ninth year as a Tiger assistant coach and is responsible for Mizzou's jumpers and combined-event athletes. During his eight seasons, Lefever has played a paramount role in sustaining the success of the Tigers' combined events program and 2010 was one of the best examples of his dedication to the combined events. He enters his first year as the associate head coach for the men's track and field team. His career highlights include coaching 17 All-Americans, 11 Conference Champions, 1 Pan American Silver Medalists, 1 NACAC U23 Silver Medalist, 1 USATF Junior Decathlon Champion and 26 All-Big 12 Honorees.

## ***Derrick Peterson***

Derrick Peterson enters his 11th year on the Missouri Track and Field staff and will enter his fourth year as a Tiger assistant coach. As a coach, Derrick has coached 43 All-Big 12 performers, including every relay since joining the staff. During his collegiate career at Missouri, Peterson

was an eight-time Big 12 Champion at 800 meters, sweeping all possible titles in his time at Mizzou. In 2004, Peterson made the U.S. Olympic Team in the 800-meters. The former NCAA Champion and six-time All-American is still the American collegiate record holder in the indoor 800m.

## ***Kareem Streete-Thompson***

Kareem Streete-Thompson is an assistant coach at the University of Missouri. Streete-Thompson will serve as the Tigers' jumps and short sprints coach and he brings to Mizzou a very impressive résumé as both a coach and athlete. Streete-Thompson spent the last three years at Florida State, serving as a volunteer assistant coach, helping the Seminole women to a fifth-place finish in the Terry Crawford's Program of the Year Award competition. Since 2009, he has coached nine All-Americans at FSU, including the women's 4x100m relay team that finished as the NCAA National Runner-Up at the 2009 NCAA Outdoor Championships. In that year, the Seminole women won the ACC triple crown, and finished fourth in the team race at the NCAA Championships. Last year, the Seminole women took ninth at the NCAA Indoor Championships and 20th at the NCAA Outdoor Championships. Prior to joining the Seminoles, Streete-Thompson began his coaching experience as a volunteer assistant at the University of Florida for two years, working with the multi-events and jumpers.



## ***New Sessions This Year!***

### ***Masters Coaches Panel***

The Masters Coaches Panel is a chance for high school coaches to sit in and glean information about coaching athletes, that can be but is not directly related to, specific events. These Hall of Fame coaches will be sharing philosophies, pitfalls, victories and set backs throughout their careers. They will be discussing topics such as practice set ups, team rules, hiring of assistants, dealing with administration and parents, facilities, sharing athletes, life lessons learned and what the panel feels makes a Hall of Fame career. There is a vast wealth of knowledge base that will be on the panel as well as in the seats. Hopefully everyone will walk out with at least one nugget that they can take back to their program or event area.

### ***Track Officials Session***

In an effort to provide consistent enforcement of the rules of track and field throughout the state, MTCCCA will provide three sessions for registered track officials. The sessions will all be held on Friday with the first session lead by state meet referee, Ron Whitaker of Mexico, and is titled "Right on TRACK for 2012." He will be assisted by state meet clerk of the course, Dave Carlson of Columbia, state field event referee, Charley Welker of Monroe City and coordinator of starters for the state meet, Gerald Jones of Jackson. A second session to follow will be lead by Charlie Welker on field event rules and procedures and a third session will be lead by Gerald Jones on starter techniques when using one starter, two starters or three starters. Contact Dean Hays at [deanghays@yahoo.com](mailto:deanghays@yahoo.com) for further info.

## 2011 Panel Participants

David Jackson,  
University of Massachusetts, Amherst

Jeff Pigg, University of Georgia

Jeff Hartwig, MICDS

Lyndall Dodson, Kearney High School

Michael Dierks, Rockhurst High School

Robert Marquart, Liberty High School

Kris Solsberg,  
Lee's Summit North High School

Matt Abele, Blue Springs South

Dan Davies, Liberty High School

Kareem Street-Thompson,  
University of Missouri

Nick Buckvar,  
Ladue Horton Watkins High School

Phil Lite, Staley High School

Ted Graves,  
William Jewell / Liberty North High School

Brett Halter, University of Missouri

## 2011 MTCCCA Hall of Fame Inductees

### **TOM BILLINGTON**

Truman boys CC and TF coach for 23 years beginning in 1981. In CC, his boys teams qualified for state 11 times and brought home state trophies in 90 and 91. He coached 10 All-State runners and one state CC champion. As head boy's track coach at Truman for 10 years, his athletes brought home 43 state medals and had one individual state champion. Tom helped begin the Greater Kansas City Cross Country Coaches Association and served in the capacity of president and board director for many years. In the early nineties, he helped initiate the Greater Kansas City Metro Championship which showcased runners on both sides of the state line. He is a past President for the MTCCCA. Current coach at Springfield Catholic

### **JOHN COCHRANE**

One of the longest serving coaches, if not the longest, in MIAA history. John has been the women's CC and TF coach at Truman State University since 1980 and the head coach of the men's program since 2006. John's teams have produced 64 All-American honors and five national champions. His teams have won six MIAA conference team titles and he has been honored by the NCAA Division II coaches by the Distinguished Service Award in CC in 1992 and in TF in 1996.

### **DON GILTNER**

Monroe City Girls TF Coach from 1985 to 2006. In those 22 seasons, his teams were in the top 16 at the state meet 15 times and include Class 2A state champion teams in 2003 and 2004, third place trophies in 88 and 95 and a fourth place trophy in 85. Don coached his athletes to 212 state medals, third highest total ever for a girl's coach in Missouri state meet history. Included are 12 state champion individuals and relay teams. He also had 12 conference and 11 district title teams. A two time MTCCCA COY.

### **JIM KING**

Over 40 years as a coach at Princeton with 36 years as head boy's track and field coach. His teams have earned six state trophies including two state championships. His athletes have earned all state status in all 18 events and 225 state medals, a total surpassed only by Hall of Fame coaches, Rod Staggs, Henry Schemmer and Del Stoltenberg. He has had 18 state champions in nine different events. He has also worked as a state track meet official for over 30 years.

### **TOM TURNER**

From Fulton, over 45 years as a track official. Over 20 years as the head inspector for the Missouri state meet. Probably over 60 combined years as a state meet official at both the state track meet and the state cross meet, among the most ever by a track official in Missouri.

# 2011 MTCCCA Clinic Agenda

## Friday, December 9, 2011

- 7:30 am Registration / COY Balloting
- 7:30 am – 8:30 am Continental Breakfast/Exhibits Open
- 8:30 am – 8:45 am Welcome
- 9:00 am – 10:00 am Concurrent Session I  
 Shot Put Technique  
*Ty Sevin, USATF*  
 Long Jump – Beginner to Advanced  
*David Jackson, University of Massachusetts, Amherst*  
 S-T-A-R-T  
*Jon Drummond, With Purpose, LLC*  
 Building Better Athletes  
*Aaron Moser, M-F Athletics*  
 Training for Cross Country  
*Jeff Pigg, University of Georgia*
- 10:15 am – 11:15 am Concurrent Session II  
 Triple Jump  
*David Jackson, University of Massachusetts, Amherst*  
 Discus A-Z  
*Ty Sevin, USATF*  
 Distance Track and Field Training  
*Jeff Pigg, University of Georgia*  
 Track Officials – Right on TRACK for 2012  
 42 Steps to the World Record  
*Jon Drummond, With Purpose, LLC*
- 11:30 am – 1:45 pm Hall of Fame Luncheon / Coach of the Year
- 2:00 pm – 3:00 pm Concurrent Session III  
 Masters Coaching Panel –  
 It's Not About the Workouts  
*Jim Lohr, MICDS*  
*Tim Nixon, Liberty High School*  
*Jim Kasten, Herculanum High School*  
*Steve Davis, Potosi High School*  
*Joe Bill Dixon, West Plains High School*  
 Essentials of the Vault,  
*Jeff Hartwig, MICDS*  
 Track Officials Session – Field Event Rules and Procedures  
 Horizontal and Vertical Jumps Workouts  
*Dan LaFever and Kareem Street-Thompson, University of Missouri*  
 Core Workouts for Success in the Throwing Events  
*Brett Halter, University of Missouri*
- 3:00pm – 3:30 pm Refreshment Break with Exhibitors
- 3:30 pm- 4:30 pm Concurrent Session IV  
 ABC's of the Vault,  
*Jeff Hartwig, MICDS*  
 Building Better Athletes Advanced Training,  
*Aaron Moser, M-F Athletics*  
 Track Officials Session – Starter Techniques  
 The 400m and Beyond,  
*Derrick Petersen, University of Missouri*  
 Coaching the High School Distance Athlete,  
*Michael Dierks, Rockhurst High School*
- 4:45 pm – 5:30 pm MTCCCA Business Meeting
- 7:30 pm Social  
*Sponsored by M-F Athletics*

## Saturday, December 10, 2011

- 8:00 am – 10:30 am Exhibits Open
- 8:00 am – 10:30 am Registration
- 8:00 am – 9:00 am Continental Breakfast with Exhibitors
- 9:00 am – 10:30 am Event-Specific Panel Discussions  
 Distance Panel  
*Lyndall Dodson, Kearney High School*  
*Michael Dierks, Rockhurst High School*  
*Jeff Pigg, University of Georgia*  
*Robert Marquart, Liberty High School*
- Jumps Panel/ Pole Vault  
*David Jackson, University of Massachusetts, Amherst*  
*Kris Solsberg, Lees Summit North High School*  
*Jeff Hartwig, MICDS*  
*Matt Abele, Blue Springs South*
- Sprints Panel  
*Dan Davies, Liberty High School*  
*Kareem Street-Thompson, University of Missouri*  
*Nick Buckvar, Ladue Horton Watkins High School*  
*Derrick Petersen, University of Missouri*
- Throws Panel  
*Phil Lite, Staley High School*  
*Ted Graves, William Jewell / Liberty North High School*  
*Brett Halter, University of Missouri*

# General Information

## Clinic Fee and Registration

The advance registration fee for the clinic is \$100.00. After December 1, 2011 the registration fee is \$115.00. The fee includes clinic attendance, clinic notes, Hall of Fame Luncheon and your 2012 MTCCCA dues. Use the attached Clinic Registration Form to register for the clinic or you may go on-line to [http://custommeetingplanners.com/mtcccacareg/mtccca\\_registration.html#ht=961](http://custommeetingplanners.com/mtcccacareg/mtccca_registration.html#ht=961). Continental Breakfast on Friday and Saturday, as well as the lunch on Friday are included in the registration fee. *All attendees will receive a confirmation and invoice (if applicable) by e-mail. If you do not receive an e-mail confirmation, please contact Jamie Schieber (573) 445-2965 to confirm you are registered.*

The first 400 registrants will receive a **complimentary** clinic gift.

*Please note: Track Officials have an advanced registration fee of \$60.00 for the three sessions offered. After December 1, 2011 the fee will be \$75.00. the fee includes clinic attendance for the three Track Official sessions and the Hall of Fame Luncheon.*

## Extended Learning Credit

The National Churchill Museum and Westminster College will offer one extended learning credit. The cost is \$100.00 and is fulfilled by full attendance to the MTCCCA Clinic. Stop by their booth on Friday, December 9th from 7:30am-Noon to register.

## Hotel Reservations

A block of rooms has been reserved at the Holiday Inn Executive Center for the MTCCCA Clinic until November 22, 2011. The discounted room rate is \$82.95 per room per night for 1-4 persons per room. Make your reservations by calling the Holiday Inn Executive Center directly at (573) 445-8531. Reservations must be made prior to November 22, 2011 to guarantee the discounted room rate. Please remember to ask for the MTCCCA discounted rate.

## Questions & Additional Information

If you have questions or need additional information, please contact Jamie Schieber with Custom Meeting Planners at (573) 445-2965. If you must cancel your registration, refund requests must be submitted in writing prior to November 4, 2011 to Jamie Schieber, Custom Meeting Planners, PO Box 30785, Columbia, MO 65205 or by e-mail at [Jamie@custommeetingplanners.com](mailto:Jamie@custommeetingplanners.com). Membership dues will not be refunded.

# 2011 MTCCCA Officers & Executive Committee

### **PRESIDENT:**

Todd Warner  
Staley High School  
2800 NE Shoal Creek Parkway  
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Phone: 816-413-4100  
E-Mail: [twarner@nkcsd.k12.mo.us](mailto:twarner@nkcsd.k12.mo.us)

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### **2ND VICE PRESIDENT:**

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### **EXECUTIVE COMMITTEE:**

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### **EXECUTIVE COMMITTEE:**

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### **EXECUTIVE SECRETARY/TREASURER**

Dean Hays  
Hardin-Central High School  
111 Parkway  
Hardin, MO 64035  
Phone: 660-398-4394  
E-Mail: [deanhays@yahoo.com](mailto:deanhays@yahoo.com)

# MTCCCA Clinic Registration Form

December 9-10, 2011 • Holiday Inn Select Executive Center, Columbia, MO

Please only one person per form – make copies if necessary.

Name: \_\_\_\_\_ Home Phone: (\_\_\_\_\_) \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Fax: (\_\_\_\_\_) \_\_\_\_\_

School Name: \_\_\_\_\_ Daytime phone: (\_\_\_\_\_) \_\_\_\_\_

E-mail Address: \_\_\_\_\_

**Registration Fee:** (Includes your 2012 MTCCCA Dues)

\$100.00 Advance Registration (*by December 1, 2011*)  \$115.00 On-Site Registration at the Clinic (*after December 1, 2011*)

**Registration Fee:** (Track Officials Only)

\$60.00 Advance Registration (*by December 1, 2011*)  \$75.00 Advance Registration (*after December 1, 2011*)

**Payment:**  Make Check payable to Custom Meeting Planners

Credit Card Payment:  MasterCard  Visa  Discover Card Number: \_\_\_\_\_

Exp. Date: \_\_\_\_/\_\_\_\_ CVC Code: \_\_\_\_ (three digit code on back of card)

Name of Cardholder \_\_\_\_\_ Signature of Cardholder \_\_\_\_\_

Address (on credit card statement, if different than above) \_\_\_\_\_

Purchase Order (*Copy of Purchase Order MUST accompany registration form*)

**3 Ways to Register:**

1. **Mail:** MTCCCA Clinic, Custom Meeting Planners, PO Box 30785, Columbia, MO 65205

2. **Fax:** Fax completed form with credit card information or purchase order to (573) 445-1831.

3. **Online** at: [http://custommeetingplanners.com/mtcccareg/mtccca\\_registration.html#ht=961](http://custommeetingplanners.com/mtcccareg/mtccca_registration.html#ht=961)

If you have a disability that requires special materials or services, contact Jamie Schieber at (573) 445-2965 by November 6, 2011.

For office use only 10009 Customer ID# \_\_\_\_\_ Receipt # \_\_\_\_\_

## 2012 MTCCCA Membership

*(Only for use if not attending clinic)*

If you cannot attend the clinic, but still want to be a member of the Missouri Track and Cross Country Coaches Association, non-attende membership is available. Non-attende membership includes all of the member benefits, and eligibility for Coach of the Year Awards.

*Please complete the following information and send check made payable to "MTCCCA" to:*

Dean Hays  
111 Parkway  
Hardin, MO 64035

**Please check the appropriate box:**

\$10.00 Introductory, First-Time Membership (for those who have never been a member of MTCCCA)

\$20.00 Former Member Renewal Membership

Name: \_\_\_\_\_ Home Phone: (\_\_\_\_\_) \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Fax: (\_\_\_\_\_) \_\_\_\_\_

School Name: \_\_\_\_\_ Daytime phone: (\_\_\_\_\_) \_\_\_\_\_

E-mail Address: \_\_\_\_\_

***Deadline for Non-attende Membership is April 1, 2012.***

*Custom Meeting Planners*  
*PO Box 30785*  
*Columbia, MO 65205*  
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***MTCCCA Newsletter***  
***⊕ Clinic Registration***

*MTCCCA Clinic—December 9-10, 2011*  
*Columbia, Missouri*

# *Missouri Track and Cross Country Coaches Association*

Newsletter & Clinic Registration Brochure



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